



parkscanada.gc.ca

Experience

the National Parks and National Historic Sites
in Atlantic Canada

Discover over **25** experiences

Newfoundland and Labrador • New Brunswick • Prince Edward Island • Nova Scotia

Visitor's Guide



Gros Morne National Park



Parks Canada
Parcs Canada

Canada

Welcome to Atlantic Canada

Parks Canada

Proudly bringing you Atlantic Canada at its best

Atlantic Canada is a humpback whale diving deep off Terra Nova. It's the mighty tides of Fundy, and the grizzled face of a fisherman living what is real as he stares at the North Atlantic. It's a place where the epic struggles and grand sagas of nature have been playing out for billions of years—a place with a cultural landscape so unique that the very air you breathe seems to pulse with mystery and intrigue. Perhaps that's what the Vikings felt when they lived here a thousand years ago.

Parks Canada's special places in Atlantic Canada are gateways to nature and solitude, to discovery and adventure. Each reflects not only a spirit of cooperation and togetherness but also the passion of a remarkable landscape. Each is an experience that celebrates the beauty and infinite variety of one of the world's most geographically and culturally diverse nations.

As you travel throughout Atlantic Canada experiencing these special places, view them through the prism of five themes: *Quest for uniqueness*, *The great epic*, *Simply breathtaking*, *The pleasure of togetherness*, and *Live what is real*. Not only will you learn more about the stories and passions of a remarkable part of Canada, but you will also discover more about yourself.



Parks Canada's Mandate

On behalf of the people of Canada, we protect and present nationally significant examples of Canada's natural and cultural heritage and foster public understanding, appreciation and enjoyment in ways that ensure their ecological and commemorative integrity for present and future generations.



Signal Hill National Historic Site



Table of Contents

Themes

● Quest for uniqueness	2
● The great epic	4
● Simply breathtaking	6
● The pleasure of togetherness	8
● Live what is real	10

Atlantic Canada Map

12

Directory

● Newfoundland and Labrador	14
● New Brunswick	18
● Prince Edward Island	21
● Nova Scotia	23

Quest for uniqueness

There's nowhere else on Earth like Atlantic Canada for unique experiences. The combination of its land and seascapes, its history and the collective imagination of its people take you on a journey that inspires the spirit. You can walk on the ocean floor here or take a hike to the easternmost point of North America. In this special corner of the world you can free your own imagination and discover your own unique spirit of travel, your own spirit of adventure.

5 ideas to experience Quest for uniqueness

Savour the past

Enjoy a crusty loaf of soldier's bread or a chocolate delicacy fit for a king! Sample the Governor's food and drink at a special wine tasting. Watch servants cook over an open hearth. Then sign up for a culinary workshop to learn the techniques for creating your own French feast. The cuisine of 18th-century Louisbourg will give you a memorable taste of history.



Fortress of Louisbourg National Historic Site - p. 28

Rub shoulders with archaeologists

Join in, get your hands dirty and feel the satisfaction of helping to uncover the remnants of an Acadian village or perhaps a relic of fort life. Unearth artifacts that reveal the story of these important sites. You'll earn bragging rights for being an archaeologist's assistant and contributing to the development and research of two of our nation's historic treasures!

Beaubassin and Fort Lawrence National Historic Sites - p. 25



Dare to be scared

Brush your hand against the cool stone of a dimly lit passageway. Grip your lantern tighter and search the shadows for your guide. What about these stories of ghostly apparitions reported by visitors and staff? Fact or scary fiction? You'll discover the haunted secrets and fascinating history of the Halifax Citadel when you take a guided Ghost Walk—after dark.

Halifax Citadel National Historic Site - p. 26



Swept by the bay

As the tide falls, follow the water's edge as it creeps out to the Bay. Along the way, become distracted by the hidden world that is uncovered. Look back at the beach and the rocks. Now you can understand why the tides are not measured by just a couple of feet. The highest tides in the world—a remarkable sight to see!

Fundy National Park - p. 18

Mists of time

Your footsteps are all you'll hear as you walk along the misty shore of Kejimikujik Lake. Imagine Mi'kmaw children playing and men fishing. Follow your guide as she directs you to one of Keji's rare petroglyphs—an ancient image of two men in a birchbark canoe, etched in stone. Then listen as she tells you the compelling story of her people.

Kejimikujik National Park and National Historic Site - p. 23



The great epic



Big adventures and epic journeys roll in with the waves in Atlantic Canada. That's the way it has always been. More than a thousand years ago the Vikings landed here and in the 1700s this is where Britain and France struggled for control of North America. Listen carefully to the gentle ocean breezes and you may hear the story of the epic saga of the Acadian people. Or the distant sound of the first transatlantic wireless signal.

L'Anse aux Meadows National Historic Site

5 ideas to experience The great epic

The birth of a nation

Hear the echo of the delegates to the Charlottetown Conference as you stand in Confederation Chamber. Imagine them deliberating the future of the British North American colonies—what was to become the country of Canada—in the original library. Prince Edward Island's Legislative Assembly still meets at Province House National Historic Site, the only remaining meeting place of the Fathers of Confederation.

Province House National Historic Site - p. 22



Sagas and shadows

Be a guest in the chief's sod house. Relax by his fire and listen to Viking sagas that recall the time when these hardy men and women sailed forbidding seas to this wild and beautiful place. Then as evening shadows lengthen, lie in the meadows overlooking the ocean and watch the stars that guided these great navigators in their quest for adventure and new worlds.

L'Anse aux Meadows National Historic Site - p. 16



The story of Anne

Discover the rural setting of late 19th-century Cavendish through the eyes of world-renowned author L.M. Montgomery. Explore the farmhouse that inspired Montgomery to pen her beloved novel *Anne of Green Gables*. Wander through the Haunted Wood to the site of L.M. Montgomery's Cavendish Home. The whispers of the author and her beloved characters can still be heard throughout this magical landscape.

L.M. Montgomery's Cavendish National Historic Site, *Green Gables* - p. 22



Benefitting humankind

Be inspired by the genius of Alexander Graham Bell. You'll discover how teaching deaf children to speak led him to invent the telephone. Marvel at his experiments with flight and his development of a record-setting hydrofoil boat. Meet his close-knit family through fascinating historic photos. Then test your ingenuity in a kite-making workshop and experiment program.

Alexander Graham Bell National Historic Site - p. 27

Heartbeat of Acadie

Visit the rich lands where many Acadians settled and transformed the landscape. Feel the heartbeat of Acadie and the resilience of its people. Immerse yourself in the world of Grand-Pré as you enjoy a new, interactive theatrical experience. Follow this engaging play through the gardens as it carries you back in time, before the troubled era of the Great Deportation.

Grand-Pré National Historic Site - p. 25



Simply breathtaking

In the early morning you awake to the haunting call of loons. Last night you fell asleep to the mysterious sounds of the humpbacks just off shore. And then there are the sunrises and sunsets, frozen moments on the horizon of your consciousness that you will carry with you always. Canoeing ancient water routes you learn that there's music in the sound of a dripping paddle. Is that your heart pounding? Or the sound of distant drums.

Cape Breton Highlands National Park

5 ideas to experience Simply breathtaking

Climbing to new heights

Plan an exhilarating adventure in the hiking capital of Canada. Twenty-six trails will take you over 150 km of diverse terrain: ocean coastlines, panoramic peaks, the rare taiga forest, and splendid waterfalls. Climb 5000 feet and burn 40,000 calories spotting moose, eagles and whales along the way. Cape Breton's magnificent northern shore and the incredible plateaus on the world-renowned Cabot Trail await you.

[Cape Breton Highlands National Park - p. 24](#)



See the light

As the orange glow of the rising sun touches the sea, its first point of contact is here at Cape Spear, site of the province's oldest surviving lighthouse. Walk along the rugged coastline. Experience first-hand the value of light to fishermen and sailors who navigate these waters amidst towering icebergs and graceful whales as ferocious seas batter the cliffs.

[Cape Spear Lighthouse National Historic Site - p. 17](#)



Take your breath away

Magnificent views across ancient mountains that plunge into the ocean. Rugged tundra and green meadows. Sand beaches and fjords. Walk across a piece of the earth's mantle that emerged from the depths of the ocean. Feel the inspirational power of these spectacular, practically timeless surroundings. Hiking in Gros Morne National Park is an exercise in contrasts, every one breathtaking!

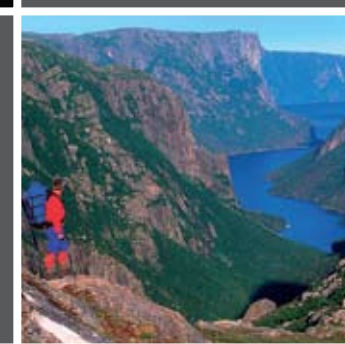
[Gros Morne National Park - p. 14](#)



A place of spirits

Perched on the edge of the North Labrador Sea, this exotic land of magical fjords slicing deep inland through the mountains is home to Torngak, one of the most powerful Inuit spirits. Journey to the traditional homeland of the most southerly population of Inuit in the circumpolar world and see some of the earth's oldest rock and beautiful white giants—polar bears.

[Torngat Mountains National Park - p. 14](#)



Seaside splendour

Slide your toes into warm, white sand and consider the life of seals basking on nearby rocks. The sight of turquoise water and the scent of wild roses in the salty air will engulf you. Prepare to be filled with wonder as you explore the trails of coastal forest, photograph wild orchids and discover rocky headlands and secluded coves. Kejimikujik Seaside will enchant you.

[Kejimikujik Seaside - p. 23](#)



The pleasure of togetherness



Smiling faces around a crackling campfire under a full moon—the sound of voices laughing. A special spirit surrounds moments like this at Parks Canada places throughout Atlantic Canada. Forged by a rugged and powerful landscape, this spirit of togetherness lies at the very core of the collective imagination of the people who live here. It's something they take great pride in, something they take great pleasure in sharing with everyone who visits.

Gros Morne National Park

5 ideas to experience The pleasure of togetherness

Mission possible!

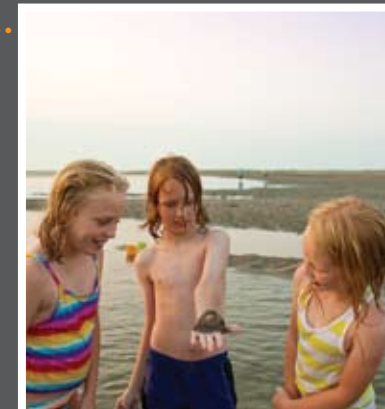
Take the family on an unforgettable adventure in time. Find the special key to Fort Anne on *A Quest for the Keys*. Escape into the past. Discover a treasure trove of secrets hidden in the fort. Follow the easy clues in the Seek and Find sections of your activity booklet. Unravel some history while making unforgettable family memories.

Fort Anne National Historic Site - p. 24

Lagoon life—catch and release!

Help your family uncover the natural mysteries of a lagoon and its inhabitants. Journey through the sheltered, shallow and sandy-bottom salt water and see snails, sticklebacks and sand shrimps along with several other species. Capture creatures in your dip net. Examine, identify and release them. You'll be fascinated as you gain a new and satisfying understanding of nature when you "catch and release."

Kouchibouguac National Park - p. 18



Share simple moments

Under a canopy of stars, relax and unwind with friends and family at the campfire circle. Tell some tall tales about your day's activities in the park. Roast marshmallows and sing songs as you snuggle under a cozy blanket. Let the simple pleasures of this gathering create warm memories of your visit to Terra Nova.

Terra Nova National Park - p. 15



Recapturing the fort

Relive the dramatic struggle for control of Acadia. Imagine the bold strategies, sieges and attacks that took place at this 18th-century fort. A guide will lead you through the solid bastions, fortifications and casemates that witnessed fierce conflicts between France and England. Reflect on these power struggles as you and your family stroll the fort's trails through the area's sweeping landscapes.

Fort Beauséjour—Fort Cumberland National Historic Site - p. 20



Doorway to the past

Enter through the rounded doorway of Port-Royal and find yourself transported back 400 years to Champlain's time. Watch a Frenchman turn wood on a lathe, creating tools for artisans. Now it's your turn to push the pedal! Learn ancient Mi'kmaw healing remedies. Join in a traditional game of Waltes. Cultural experiences flavoured with fun at the Habitation!

Port-Royal National Historic Site - p. 24

Live what is real

Life is simple in Atlantic Canada. Life is real. Tempered by the power of the North Atlantic, this is a place where people live close to the ground. There's not a lot of pretension on this powerful landscape. Your Parks Canada vacation experience includes not only fascinating places, but also colourful people who pay attention to life by living in the magic of every moment. And that's something they want to share with you.

Halifax Citadel National Historic Site

5 ideas to experience Live what is real

Awaken your senses

Delight in the sight of gently waving marram grass atop a magnificent sand dune. Feel waves crashing at your feet as you stroll into a picturesque sunset. Listen to the sounds of shorebirds. Savour an evening picnic by the seaside. Smell salt water mingled in the summer breeze. Feel your soul rejuvenate and your senses awakened on the beaches of Prince Edward Island National Park.

Prince Edward Island National Park - p. 21



© J. Sylvester



Tower over the city

Step outside and gaze at the panorama, 360 degrees of unobstructed view! The Bay of Fundy and the City of Saint John are laid out at your feet. From this vantage point, consider the life of a soldier in this 19th-century martello tower. An effective lookout. A safe haven from enemies. Explore Carleton Martello Tower—an impressive coastal defence.

Carleton Martello Tower National Historic Site - p. 19



Echos from the past

Juan and Ana, a Basque whaler and his wife, await your arrival on Saddle Island. Hear stories of 16th-century voyages from the Basque country to Labrador in search of precious whale oil: tales of adventure, hardships, wrecks and survival. Travel by boat from Red Bay. Then stroll with your hosts from the past as they introduce you to an archaeological treasure trove.

Red Bay National Historic Site - p. 15



Life from the sea

Explore the heritage of Canada's east coast fisheries at the historic Ryan family mercantile premises. Hear about the inshore fishery through personal reminiscences of site guides. Learn to mend nets and "make fish" as the tang of salt lingers in the fish store. Then wander outdoors and smell roses blooming in the merchant's garden. It's all part of living from the sea.

Ryan Premises National Historic Site - p. 16



More than just a view

Stand atop Signal Hill and let your soul be stirred by the crack of muskets, the roar of cannon fire and the smell of black powder. Discover how British and French soldiers fought and died here, and later, Canadian and American soldiers stood together to defend this continent, glorious and free. The powerful history of this battleground will move you.

Signal Hill National Historic Site - p. 17



Atlantic Canada

National Parks and National Historic Sites of Canada



LEGEND

- National Park
- National Historic Site
- Capital
- Ferry routes

NEWFOUNDLAND AND LABRADOR

1	Torngat Mountains	14
2	Gros Morne	14
3	Terra Nova	15
4	Red Bay	15
5	Port au Choix	15
6	L'Anse aux Meadows	16
7	Ryan Premises	16
8	Castle Hill	16
9	Hawthorne Cottage	17
10	Signal Hill	17
11	Cape Spear Lighthouse	17

NEW BRUNSWICK

12	Kouchibouguac	18
13	Fundy	18
14	St. Andrews Blockhouse	19
15	Beaubears Island Shipbuilding, J. Leonard O'Brien Memorial	19
16	Carleton Martello Tower	19
17	Monument-Lefebvre	20
18	Fort Beauséjour-Fort Cumberland	20

PRINCE EDWARD ISLAND

19	Prince Edward Island	21
20	Port-la-Joye-Fort Amherst	21
21	Province House	22
22	L.M. Montgomery's Cavendish, Green Gables	22

NOVA SCOTIA

23	Kejimikujik National Park and National Historic Site	23
24	Kejimikujik National Park - Seaside	23
25	Cape Breton Highlands	24
26	Fort Anne	24
27	Port-Royal	24
28	Grand-Pré	25
29	Beaubassin and Fort Lawrence	25
30	Fort Edward	25
31	Halifax Citadel	26
32	Prince of Wales Tower	26
33	York Redoubt	26
34	Alexander Graham Bell	27
35	Canso Islands and Grassy Island Fort	27
36	Marconi	27
37	Fortress of Louisbourg	28
38	St. Peters Canal	28




















Directory

The following section provides more information on unique places and experiences in Atlantic Canada.

Services and activities legend

The legend below identifies some of the services and activities that may be available at the parks and sites. Watch for these symbols when planning your visit.

- | | |
|--|---|
|  Information |  Backpacking/Hiking |
|  Parking |  Playground |
|  Access for the physically impaired |  Lookout |
|  Interpretation |  Recreational vehicles |
|  Bus Parking |  Bicycles |
|  Restaurant |  Swimming |
|  Gift Shop |  Canoeing |
|  Camping |  Golf |
|  Picnic area | |

Newfoundland and Labrador

© H. Wittenborn - Torngat Mountains National Park

Terra Nova

Stepping outside your tent, you catch the first glimpse of daylight over Bonavista Bay. It's another morning in Terra Nova National Park! As you make coffee, you think about the sound the humpback whales made last night and the sea kayaking you'll be doing today.

Activities

Wildlife viewing, birding, marine touch tank, outdoor theatre programs, guided hikes, photography, fishing, kayaking, interpretive boat tour, skiing, snowshoeing



You're discovering that the sheltered shorelines and inlets of Canada's most easterly national park provide a tranquil refuge from the concerns of daily life. That's the way it is on this powerful landscape. That's the way it has always been.

Address

General Delivery, Glovertown, NL
A0G 2L0
.....
1-709-533-2801
parkscanada.gc.ca/terranova



Torngat Mountains

Activities

Adventure cruising, wildlife viewing, photography, birding, geology and archaeology exploring in the company of an Inuit guide, discovering Inuit culture and crafts

Torngat Mountains may be a new national park but this destination with its mysteries and adventures is age-old to the Inuit, whose stories and language speak of this land and its wildlife. The Inuit say that the powerful spirit Torngak dwells in the Torngat Mountains, a place of magical fjords and fog-shrouded peaks.

Address

P.O. Box 471, Nain, NL
A0P 1L0
.....
1-709-458-2417
parkscanada.gc.ca/torngat

Whether hiking this spectacular landscape or exploring the fjords and coast by ship, experience this land in the company of an Inuit guide. Perhaps this is where you will find your own spirit.



© H. Wittenborn



Red Bay

Activities

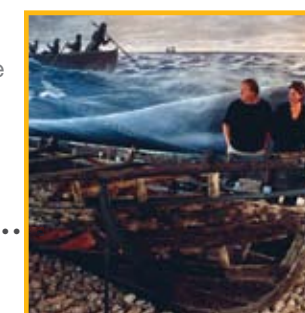
Exhibits featuring original artifacts, walking tours, scenic views, video presentations, interpretive programs, photography

The salty smell of the sea permeates the air as you explore Red Bay National Historic Site. In the 1500s, the air would have smelled like this to the Basque whalers who turned this sheltered harbour on the Strait of Belle Isle into the largest whaling centre on Earth.

Address

P.O. Box 103, Red Bay, NL
A0K 4K0
.....
1-709-920-2051
parkscanada.gc.ca/redbay

At the interpretive centre, you discover Red Bay's remarkable history through scale models of work buildings, reproductions, photographs and a feature film. During your self-guided tour of the Basque cemetery on Saddle Island, you feel their presence.



Gros Morne

Paddling your kayak close to the towering cliffs, you turn around and look behind you. The expansive view up Bonne Bay is like a moment frozen in time.

Activities

Adventure cruising, scenic drives, wildlife viewing, birding, photography, guided walks, traditional crafts, art, fishing, kayaking, boat tours, skiing, snowshoeing, cultural events, story-telling



As you listen to the water dripping off your paddle you realize that Gros Morne is more than a national park, more than a UNESCO World Heritage Site, more than waterfalls, marine inlets, sea stacks, majestic fjords, sandy beaches, and colourful fishing villages overflowing with colourful people; it's a state of mind that's changing the way you think.

Address

P.O. Box 130, Rocky Harbour, NL
A0K 4N0
.....
1-709-458-2417
parkscanada.gc.ca/grosmorne



Port au Choix

A sense of the past overwhelms you at Port au Choix National Historic Site on Newfoundland's Great Northern Peninsula. For more than 5000 years, people have inhabited this important crossroads of cultural history.

Activities

Guided tours, film, exhibits, photography, meet the archaeologist, hike along seacoast or across limestone barrens, view sacred burial grounds, interesting geology, rare wildflowers



Hiking along the Phillip's Garden Trail you listen to the waves rolling in to shore and realize that you are walking in the same steps and to the same sounds as the Dorset Palaeoeskimo people did more than 2000 years ago. Passing by a burial cave, you listen even more intently.

Address

P.O. Box 140, Port au Choix, NL
A0K 4C0
.....
1-709-861-3522
parkscanada.gc.ca/portauchaix



L'Anse aux Meadows

At L'Anse aux Meadows, you can almost see them pulling their longboats up on shore, almost hear their voices. The Vikings landed on this barren point of land in northern Newfoundland and established the continent's first European settlement.

Activities

Scenic drives, coastal views, wildlife viewing, birding, photography, interaction with Viking re-enactors

Address

P.O. Box 70, St. Lunaire-Griquet, NL A0K 2X0

1-709-623-2608

parkscanada.gc.ca/meadows



As you explore the reconstructed Norse buildings and listen to your guide explain the significance of this UNESCO World Heritage Site, you can't help but connect with those voices from the distant past. It's been ten centuries since they walked here and the ground still pulses with mystery.



Hawthorne Cottage

Considered one of Canada's greatest seamen, Captain Bob Bartlett commanded more than twenty expeditions to the Arctic, many of which were devoted to advancing scientific knowledge. He even served as first mate on Admiral Peary's 1898 Arctic expedition.

Activities

Guided tours of the Cottage, live theatre, changing exhibits, video presentations, strolls through the gardens

Address

P.O. Box 5542, St. John's, NL A1C 5W4

1-709-528-4004

parkscanada.gc.ca/hawthornecottage



At Hawthorne Cottage National Historic Site you learn how his family home typifies the refined lifestyle of Newfoundland outport merchant families of the 19th and early 20th centuries. Captain Bob's seafaring spirit of adventure symbolizes the collective imagination of the people of Canada's East Coast.



Ryan Premises

Activities

Interactive fisheries exhibit, living history and costumed interpretation, traditional skills and craft demonstrations, live entertainment, contemporary art exhibits, guided tours on request

Ryan Premises National Historic Site is a gateway to the colourful history of the East Coast fishery from the early 1500s to the 1950s. Touring the restored waterfront property of James Ryan Ltd., you gain an understanding of why cod played such an important role in the lives of Newfoundlanders.

Address

P.O. Box 1451, Bonavista, NL A0C 1B0

1-709-468-1600

parkscanada.gc.ca/ryanpremises

Bonavista came to be at the centre of an economic empire. At one time, fleets of schooners brimming with salt cod sailed from this tiny fishing village to ports around the world.



Signal Hill

Activities

Scenic vistas, Explora tours, photography, whale watching, bird watching, iceberg viewing, jogging, guided tours, interpretation centre, military animation programs, musket salutes

It's loud! That's what you're thinking when they fire the cannon at Signal Hill National Historic Site. From the top of Cabot Tower, your view of St. John's and the North Atlantic is spectacular. With such strategic advantage, it's no wonder that Signal Hill was the site of harbour defences from the 18th century through the Second World War.

Address

P.O. Box 1268, St. John's, NL A1C 5M9

1-709-772-5367

parkscanada.gc.ca/signalhill

Centuries before the advent of ship-to-shore radio, signalmen surveyed the ocean for ships headed for St. John's. In 1901, Marconi received the first transatlantic wireless signal here.



Castle Hill

As you explore the remains of French and English fortifications at Castle Hill National Historic Site you're always aware of the view of Placentia Bay, always aware of the pleasant feel of the area's land and seascapes.

Activities

Audio tour (mp3), theatrical performances, guided tours on request, walking trails, scenic views, photography

Perhaps the French experienced those feelings when they founded Plaisance, the French capital of Terre-Neuve, near here in 1662. In its seesaw struggle with Great Britain for supremacy of the Newfoundland cod fishery, France viewed this part of Newfoundland's southern shore as a key piece of the strategic puzzle.

Address

P.O. Box 10, Jerseyside, NL A0B 2G0

1-709-227-2401

parkscanada.gc.ca/castlehill



Cape Spear Lighthouse

Wandering around the grounds of the oldest surviving lighthouse in Newfoundland, you wonder what it would feel like to live here. You picture dark foggy nights and winter storms with snow squalls off the North Atlantic. You imagine warm summer mornings and the sun lifting out of the sea as big as a child's dream.

Activities

Scenic vistas, whale watching, iceberg viewing, photography, guided tours of the site and lighthouse, Explora tours

Address

P.O. Box 1268, St. John's, NL A1C 5M9

1-709-772-5367

parkscanada.gc.ca/capspear





Carleton Martello Tower National Historic Site

New Brunswick

St. Andrews Blockhouse

Standing on the doorstep of the St. Andrews Blockhouse, it's easy to imagine why the citizens wanted to protect their town against the Americans at the onset of the War of 1812. The State of Maine is, after all, right across the water, so they built this blockhouse and two others.

Activities
Exhibits, photography, scenic views, observing the intertidal zone, access to shore



To this day the landscape hasn't changed much, except perhaps for the peaceful and serene character of the place. Why not spend some time here and soak it in? A picnic may be in order.

Address
454 Whipple Street, Saint John, NB E2M 2R3
.....
1-506-529-4270
parkscanada.gc.ca/
standrewsblockhouse



Kouchibouguac

Activities
Wildlife and nature viewing, birding, interpretive programs, backcountry camping, kayaking, photography, cross-country skiing, snowshoeing, winter walking

At Kellys Beach in Kouchibouguac National Park, the sweeping vista takes your breath away. Birds dance over sand dunes that reach as far as the eye can see. The movement of the marram grass follows the rhythm of the breeze and beckons you to come closer.

Address
186, Route 117, Kouchibouguac National Park, NB E4X 2P1
.....
1-506-876-2443
parkscanada.gc.ca/
kouchibouguac

You pass children and shorebirds sharing the warm waters of the lagoon, each on their own adventure. The feeling of the warm sand sliding between your toes is delightful. Today, this is your paradise.



Beaubears Island Shipbuilding, J. Leonard O'Brien Memorial

Activities
Guided boat tour; new Beaubears Island Interpretive Centre; Voyageur Canoe outings; picnicking on and around Beaubears Island; hiking the trails on the island

On the boat ride over to Beaubears Island Shipbuilding National Historic Site, you get a strong sense for New Brunswick's seafaring heritage. As the salty breeze blows through your hair, you imagine newly constructed wooden ships leaving these waters headed for ports around the world.

Address
35 St. Patrick's Drive, Nelson, NB E1N 4P6
.....
1-506-622-8526
parkscanada.gc.ca/beaubears

Such a small island yet such a big impact! Exploring the site you discover from the interpretive signs that this is the only known, undisturbed archaeological site associated with the national significance of the 19th-century wooden shipbuilding industry in New Brunswick.



Fundy

Walking along one of the many trails that lead through the forest, you listen carefully to the sound of falling water. The movement of water—and the movement of the human spirit—is what Fundy National Park is all about. Be amazed by the world's highest tides.

Activities
Backcountry and winter camping, children's programs, giant tides, wildlife viewing, photography, geocaching, fishing, kayaking, cross-country skiing, snowshoeing



Canoe the tranquil surface of a lake. Enjoy an evening of stories around a campfire. You can't help but feel differently about yourself when you're immersed in Fundy's landscape.

Address
P.O. Box 1001, Alma, NB E4H 1B4
.....
1-506-887-6000
parkscanada.gc.ca/fundy



Carleton Martello Tower

There once was a time when a fort was chiselled from stone and red-coated soldiers kept careful watch over the town. Explore Carleton Martello Tower with its gunpowder magazine and soldiers' barracks.

Activities
Children's programs, photography, panoramic views, exhibit, concert series, group tours, Privateers program



Enjoy the sweeping view over Saint John and the Bay of Fundy. See the Tower's story unfold in a lively audiovisual show at the Visitor Centre. This is one time when "based on a true story" is not an exaggeration. You'll be glad you stopped by!

Address
454 Whipple Street, Saint John, NB E2M 2R3
.....
1-506-636-4011
parkscanada.gc.ca/
carletonmartellotower



Monument-Lefebvre

Monument-Lefebvre National Historic Site shows you that the Memramcook Valley, near the head of the Bay of Fundy, is the spiritual home of the Acadian renaissance. This is where Father Lefebvre founded the first French-language, degree-granting college in Atlantic Canada.

Activities

Visiting the “Reflections of a Journey—the Odyssey of the Acadian People” exhibit; consulting the Acadian resource centre (videos, music, books, etc.)

Address

480, rue Centrale, Memramcook, NB E4K 3S6

1-506-758-9808

parkscanada.gc.ca/lefebvre

Discovering the accomplishments of the Acadian people through the colourful exhibit called "Reflections of a Journey—the Odyssey of the Acadian People," you marvel at the resilience that resides in the collective consciousness of a people who, in 1755, were uprooted and scattered throughout the world.



Prince Edward Island



Fort Beauséjour—Fort Cumberland

Activities

Exploring the stone ruins and grassy ramparts; learning about the dyke systems of the Tantramar salt marshes; guided tours

Located beside the Bay of Fundy on the border between New Brunswick and Nova Scotia, Fort Beauséjour—Fort Cumberland stands at a crossroads of natural and cultural history. You find it fascinating to walk around this historic place where once the future of North America hung in the balance.

Address

111 Fort Beauséjour Road, Aulac, NB E4L 2W5

1-506-364-5080

parkscanada.gc.ca/beausejour

You feel a connection with the soldiers who once called this stronghold home. Paying close attention to your emotions you can feel their courage. You can also feel their fear.



Prince Edward Island

Activities

Scenic drives, beaches, birding, photography, walking, kayaking, cross-country skiing, snowshoeing, ice skating, kiteboarding

At Prince Edward Island National Park you are enchanted by the miles of unspoiled beach, the seductive landscapes and the playful shorebirds flitting along the water's edge. During an early morning stroll down a picturesque beach, you contemplate the rhythm of your life.

Address

40 Dalvay Crescent, Queens, PE C0A 1P0

1-902-672-6350

parkscanada.gc.ca/pei

You are deeply rejuvenated; each wave is a new beginning, a pattern repeated for thousands of years. On this remarkable combination of land and seascapes there are always new experiences, each a fresh start carrying your spirit forward on the gentle ocean breeze.



Port-la-Joye—Fort Amherst

As you roam around the grassy ruins of the British Fort Amherst and gaze across the harbour, you picture what things would have looked like more than 200 years ago. Your imagination is fired back to the time when the French were in possession of the Island, which they called Île Saint-Jean.

Activities

Walking, photography, birding, cross-country skiing, snowshoeing



You are reminded of what life would have been like for the people who made Port-la-Joye—Fort Amherst the first permanent European settlement on Prince Edward Island and now a national historic site.

Address

191 Haché Gallant Drive, Rocky Point, PE C0A 1H0

1-902-566-7626

parkscanada.gc.ca/portlajoie



Province House

National Historic Site of Canada

Province House National Historic Site speaks to you of the time when the dream of a Canadian nation found its first expression. The Charlottetown Conference not only created the idea of Canada, it changed the future of North America.

Activities

Guided tours, photography, audiovisual presentation, historical re-enactments (daily, July-August), Sound and Light show (evenings, July-September)



Ever since Confederation on July 1, 1867, the strong fabric of Canadian society has confirmed the importance of that meeting. Exploring the grounds of Province House, the seat of government for Prince Edward Island, you contemplate what was spoken in this place where the Canadian dream began.

Address

165 Richmond Street,
Charlottetown, PE C1A 1J1
.....
1-902-566-7626
parkscanada.gc.ca/province



Nova Scotia

Fortress of Louisbourg National Historic Site



L.M. Montgomery's Cavendish, *Green Gables*

National Historic Site of Canada

Activities

Walking, photography, audiovisual presentations, interpretive activities

Step back in time and imagine Anne skipping down Lover's Lane. Gentle breezes waft over you as you stroll past the garden to the Haunted Wood. Birds serenade you as you wander the grounds of Green Gables House and L.M. Montgomery's Cavendish Home, the historic site that celebrates the memory of one of the world's most beloved authors, Lucy Maud Montgomery.

Address

8619 Cavendish Road, Route 6
Cavendish, PE C0A 1N0
.....
1-902-963-7874
parkscanada.gc.ca/greengables

Visiting Prince Edward Island and the home where her cousins lived was something the author of Anne of Green Gables looked forward to every summer.



Kejimikujik

Activities

Kayaking, Mi'kmaq culture, history and petroglyphs, wildlife viewing, fishing, stargazing, guided hikes/canoe paddles, outdoor theatre, cross-country skiing, snowshoeing

Take the time to explore Kejimikujik's tranquil forests, flowing rivers and interconnected lakes and discover the rich biodiversity of this region, home to the largest protected wilderness area in the Maritime Provinces.

Address

P.O. Box 236, Maitland Bridge, NS
B0T 1B0
.....
1-902-682-2772
parkscanada.gc.ca/keji

Experience a cultural and natural landscape inhabited by the Mi'kmaq and their ancestors for more than four thousand years. Strengthen your connection to the heritage of this land by viewing the ancient Mi'kmaq petroglyphs—images of daily life carved in stone. Wuli-mittukwe! Enjoy your visit!



Kejimikujik Seaside

Discover the breathtaking headlands, secluded coves, and garnet-tinted sands of Kejimikujik Seaside. Pack a lunch, take your camera and explore the trails on your way to a seemingly endless white-sand beach trimming the edge of brilliant turquoise waters.

Activities

Wildlife viewing, bird watching, photography, self-guided hikes, snowshoeing



Look for seals basking on the rocks just off-shore and, from a distance, watch the comings and goings of the seabirds, including the endangered piping plover which nests in the park each summer.

Address

P.O. Box 236, Maitland Bridge, NS
B0T 1B0
.....
1-902-682-2772
parkscanada.gc.ca/keji



Prince Edward Island National Park

National Park and National Historic Site of Canada

National Park of Canada

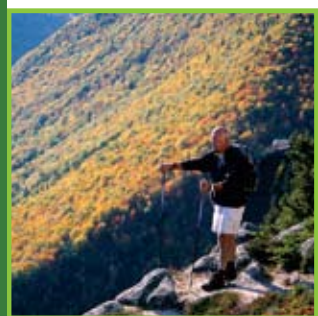
Cape Breton Highlands

Your heart is pounding as you reach the top of the Franey Trail in Cape Breton Highlands National Park. Gazing out over the steep cliffs and the deep river canyons that carve into the park's forested plateau you get the feeling you can see all the way into the last ice age.

Activities
Scenic drive, wildlife viewing, birding, photography, fishing, exhibits, nature bookstore, self-guiding trails, interpretive programs, cross-country skiing, snowshoeing

Address
Ingonish Beach, NS
B0C 1L0
.....
1-902-224-2306
parkscanada.gc.ca/capbreton

Known for its spectacular highlands, the park protects one fifth of northern Cape Breton. In the distance, you can see the Cabot Trail, one of the world's most scenic roadways, winding along the coast.



National Park of Canada

Grand-Pré

Grand-Pré National Historic Site commemorates the spirit of the Acadian people. The tragic Deportation that took place between 1755 and 1762 will leave you emotionally touched.

Activities
19th-century blacksmith's shop, memorial church, grounds and gardens, stone cross; story of the 1755 deportation of Acadians; multi-media theatre presentation; live theatre

Address
P.O. Box 150, Grand Pré
NS B0P 1M0
.....
1-902-542-3631
parkscanada.gc.ca/grandpre



As you gaze at the face of the statue that stands here you realize that it symbolizes the collective strength of all Acadians. For Evangeline there is no cold in winter, no warmth in summer, only an eternal longing and perhaps a tear or two as she stands forever anchored to the land she calls home.



National Historic Site of Canada

Fort Anne

Activities
Walking, guided tours, indoor and outdoor themed exhibits, family activities, candlelight graveyard tours, special events, photography, history

Perched on the shore of the Annapolis Basin, Fort Anne is Canada's first national historic site. It was here that Europe's empire builders once vied for supremacy. Visit the Officers' Quarters and experience the life of the soldiers who called this place home.

Address
P.O. Box 9, Annapolis Royal, NS
B0S 1A0
.....
1-902-532-2397
parkscanada.gc.ca/fortanne

As your guide explains the significant role this star-shaped fort played in the colonization, settlement and government of Nova Scotia, you close your eyes and imagine ships sailing up the basin towards you.



National Historic Site of Canada

Beaubassin and Fort Lawrence

Activities
Public Archaeology Experience, behind-the-scenes visits (with reservations)

Dig in! Get your hands dirty and literally feel the past at Beaubassin and Fort Lawrence national historic sites. If trying a unique, authentic new experience sounds appealing, then perhaps discovering 300-year-old artifacts alongside trained archaeologists on a dig is the ideal Parks Canada vacation experience for you.

Address
111 Fort Beauséjour Road, Aulac
NB E4L 2W5
.....
1-506-364-5080
parkscanada.gc.ca/beausejour

Imagine yourself slowly sifting through layers of time that reach down through the centuries. There's just no better way of appreciating the now of the moment.
Contact us to participate.



National Historic Sites of Canada

Port-Royal

Port-Royal National Historic Site features a reconstruction of the Habitation, where, in 1605, Samuel de Champlain helped establish one of North America's earliest settlements.

Activities
Traditional games in a wigwam, unique architecture, French and Mi'kmaw history, hands-on exploration of the history of the "Habitation"



Listening to costumed interpreters and taking part in period demonstrations, you understand the many challenges the French faced as they carved out a destiny. As you walk the shore of the Annapolis Basin, you gaze at the same horizon Champlain would have seen. As it was for him, for you it is a new horizon.

Address
P.O. Box 9, Annapolis Royal, NS
B0S 1A0
.....
1-902-532-2898
parkscanada.gc.ca/portroyal



National Historic Site of Canada

Fort Edward

The oldest structure of its kind in Canada, the blockhouse is all that remains of Fort Edward, built in 1750 to secure the overland route between Annapolis Royal and the new capital at Halifax.

Activities
Walking, touring, British and Acadian history, indoor and outdoor exhibits, summer guided tours



As your guide explains that the Roman numerals carved into the wood made it easier for workers to construct the fort, you gently run your fingers across the heavy timbers. It's more than wood you're touching; you're connecting with more than 250 years of history.

Address
P.O. Box 9, Annapolis Royal
NS B0S 1A0
.....
1-902-532-2321
parkscanada.gc.ca/fortedward



National Historic Site of Canada

Halifax Citadel

Entering the stone gate of the Halifax Citadel you find yourself transported to the age of Queen Victoria, when Halifax was an important naval base for the British Empire, guarded by troops headquartered at the Citadel.

Activities

Guided tours, live re-enactments, music, exhibits, films, museums, living history, gun firing, cannon firing, ghost tours, treasure hunts, after-hours events

Address

P.O. Box 9080, Station A, Halifax
NS B3K 5M7

1-902-426-5080

parkscanada.gc.ca/halifaxcitadel

You heft a soldier's knapsack in the restored barracks, watch the Royal Artillery at work, experience the thunder of the noon gun, lend a hand to a soldier's wife with her daily chores. Your spirits lift at the skirl of the bagpipes and martial rattle of the drums.



Alexander Graham Bell

As you explore the Alexander Graham Bell National Historic Site, you experience a feeling of transcendence. Discovering the depth of Bell's thinking, and the breadth of his imagination, inspires your own thinking, your own imagination.

Activities

Exhibits, artifacts, replicas, reproductions, historic photo collection, audio-visual programs, photography, kite-making, experiments, children's activity area, gardens, rooftop look-off, tea room

Address

P.O. Box 159, Baddeck, NS
B0E 1B0

1-902-295-2069

parkscanada.gc.ca/bell

The models, replicas, photo displays, artifacts and films give you a glimpse into the mind of a man who helped shape the modern world. You are captivated by the creative genius of this world-famous inventor and his amazing legacy.



Prince of Wales Tower

Activities

Exhibits, exploring, walking trails, other fortifications in park

Strolling through Point Pleasant Park you discover this grey stone tower, like a miniature medieval castle, standing in the midst of a forest clearing. The first fort of its kind in North America, the Prince of Wales Tower was built to protect nearby artillery batteries from French attack.

Address

P.O. Box 9080, Station A, Halifax
NS B3K 5M7

1-902-426-5080

parkscanada.gc.ca/princewalestower

Enjoy the spectacular view that was once the privilege of British soldiers. Explore the tower's dark interior gunpowder magazine and circular barracks. Experience the cool damp stone rooms, which provide welcome relief in the heat of summer.



Canso Islands and Grassy Island Fort

Activities

Visitor centre, artifacts, dioramas, models, film, boat service to Grassy Island, photography, archaeological ruins and interpretive trail on Grassy Island

Seagulls screech and swirl above the Strait of Canso, the body of water that separates Cape Breton Island from Mainland Nova Scotia. As you explore Canso Islands National Historic Site, you imagine that it's the early 1700s and you're watching French fishermen bringing their chaloupes into shore.

Address

P.O. Box 159, Baddeck, NS
B0E 1B0

1-902-295-2069

parkscanada.gc.ca/cansoislands

Soon, the small fishing boats will be unloaded—the cod salted, dried and shipped to Europe, America and the Caribbean. The screeching of the gulls is an appropriate soundscape for a place that provides such dramatic saltwater memories.



York Redoubt

York Redoubt, overlooking the harbour mouth, played a pivotal role in the defence of Halifax until the Second World War. Taking in the spectacular panoramic view from Lookout Hill or the earthen ramparts, you easily imagine the reluctance of an enemy fleet to brave the line of massive cannon that still line the grassy walls.

Activities

British military history, interpretive panels, exploring fortifications, panoramic viewing, walking trails, special events

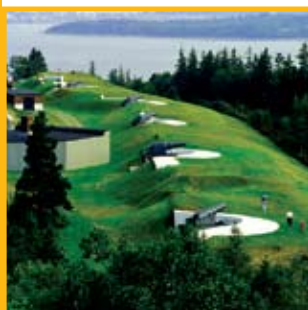
Address

P.O. Box 9080, Station A, Halifax
NS B3K 5M7

1-902-426-5080

parkscanada.gc.ca/yorkredoubt

As you discover the many tunnels, gunpowder magazines, and gun emplacements nestled amongst the pathways and green spaces, you wonder what the harbour looked like when these were built.



Marconi

The Marconi National Historic Site in Glace Bay honours Guglielmo Marconi's pivotal role in the development of today's network of global communications. Experiencing the site's wireless hall of fame and walking the interpretive trail that leads to the site of the transmission station, you marvel at the genius of the man.

Activities

Photographs, Marconi station model, artifacts, film, interpretive walk, remains of 64-m aerial towers, Morse code and wireless transmission demonstrations

Address

P.O. Box 159, Baddeck, NS
B0E 1B0

1-902-295-2069

parkscanada.gc.ca/marconi

You wonder what was going through his mind on that cold December day in 1902 as he walked the path to the transmitter that would send the first radio message across the Atlantic from North America.



Fortress of Louisbourg

Fortress of Louisbourg National Historic Site is the largest historical reconstruction in North America. As you weave your way through the cobblestone streets and buildings of this former French stronghold, your senses awoken with the sights, sounds and smells of 18th-century Louisbourg.

Activities

Cannon firing, military demonstrations, costumed animators, guided tours, exploring restored buildings, exhibits, Mi'kmaw history and culture, period restaurants, walking trails, beaches

Address

259 Park Service Road
Louisbourg, NS B1C 2L2
.....
1-902-733-2280
parkscanada.gc.ca/louisbourg

Running your fingers across the stone ramparts, listening to the voices of the re-enactors and the roar of the blacksmith's fire, you are part of the history unfolding around you. The feelings you experience run as deep as the North Atlantic.



St. Peters Canal

Activities

Unique tidal lock system, interpretive panels, walkway to lockmaster's house, adjacent to Nicolas Denys Museum and Battery Provincial Park, photography, scenic setting

St. Peters Canal is much more than an 800-metre canal linking the North Atlantic with Cape Breton Island's famous Bras d'Or Lake.

Address

P.O. Box 159, Baddeck
NS B0E 1B0
.....
1-902-295-2069
parkscanada.gc.ca/stpeterscanal

As your pleasure craft cruises slowly through Nova Scotia's only functioning lock system you realize that this gentle journey on the slipstream of history is connecting you with the area's colourful past. It's the 1850s and 60s and you can hear the voices of the canal workers as they dig with their picks and shovels day after day after day.



Come Celebrate!

Experience the unforgettable as you join the celebrations of the **125th Birthday** of national parks in Canada and the **Centennial** of **Parks Canada**, the world's first national park service.

Throughout the country and throughout 2010 and 2011, Canada's treasured natural and historic places will host special programs and events to celebrate these significant anniversaries.

To learn more, visit
parkscanada.gc.ca/celebrations

Parks Canada

Unforgettable experiences to add to *your* history



Kejimikujik National Park - Seaside



parkscanada.gc.ca

Banff National Park of Canada, Ranby, Locks

Real.
Inspiring.



Bringing you Canada's
natural and historic treasures

L'Anse aux Meadows National Historic Site

Connect with Parks Canada to plan your own unforgettable experiences in Atlantic Canada.

Visit our website or contact us at 1-888-773-8888



parks canada.gc.ca

5 other regions **to discover**

Quebec



Ontario



The Canadian
Prairies



Western
Canada



Northern
Canada



Look for these brochures on our website