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# EXPERIENCE

PARKS CANADA IN

## Quebec

La Mauricie National Park  
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Because sleeping in bunk beds  
has always been awesome!

INTRODUCING

**Parks Canada oTENTik**

a new way to experience camping!



We're bringing you closer to nature while providing a roof over your head and a floor beneath your feet – a unique blend of comfort with a taste of outdoor adventure.

Share a moment and create new memories. Book your next Parks Canada vacation today!

#### RESERVATIONS

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1-877-RESERVE (737-3783)

#### INFORMATION

[parkscanada.gc.ca/accommodations](http://parkscanada.gc.ca/accommodations)  
1-888-773-8888



# Welcome

**From show stopping landscapes to weathered walls with stories to tell,** natural treasures and exciting history abound in Quebec. You just have to decide where to start! From east to west and north to south, historic homes will open their doors to you. Buildings from yesteryear will share their secrets. Natural places will reveal their beauty. Picturesque canals will beckon with a host of activities. And epic battlefields will remind you of key moments in Canadian history. All this can be yours at Parks Canada sites in Quebec!

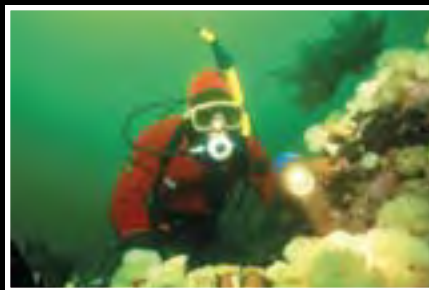
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# **SIMPLY** breathtaking

From Forillon to La Mauricie, and the Saguenay to the Mingan Archipelago, Parks Canada sites are your invitation to adventure. Experience breathtaking landscapes, stunning panoramas, bountiful flora and fauna and, above all, countless unforgettable moments that will be forever etched in your memory. You'll be smitten.



© Parks Canada – F. Di Domenico

## Live from Beneath the St. Lawrence

Get ready for a unique underwater experience at the Saguenay–St. Lawrence Marine Park. On a giant screen, follow biologist-divers equipped with a camera. You'll see anemones, starfish and other marine organisms. Take the plunge at one of the most beautiful diving sites in North America.

**Marine Environment Discovery Center** p. 13



© Parks Canada – J.-L. Provancher

## Whale Watching at Cap-de-Bon-Désir

From the rocks at Cap-de-Bon-Désir, observe various species of whales, including the threatened St. Lawrence beluga. There, right in front of you, you could even see a blue whale, the largest animal on the planet. Enjoy a timeless moment and guaranteed thrills.

**Cap-de-Bon-Désir Interpretation and Observation Centre** p. 13



© L. Falardeau



© Parks Canada – S. Ouellet

## Hike to the Mont Saint-Alban Tower

You're 283 metres high. From here, you can see the Cap-des-Rosiers lighthouse – Canada's tallest – as well as the Bay of Gaspé, the Forillon Peninsula and Percé Rock. Here you can better imagine the history of the ancient ocean whose bottom rose up to create the Appalachian Mountains. Admire the boundless beauty!

**Forillon National Park** p. 10



© Parks Canada – J. Pleau

## Feel the Mingan Island Rhythm!

Do you daydream about clean salt air and getting away to a peaceful place of mesmerizing beauty? That's what the Mingan Islands have in store for you. On your walks, you'll find intriguing natural sculptures. Discover unspoiled nature in this remarkable spot that's perfect for meditating. Stay a night on an island in the new oTENTik tent and experience some unforgettable moments.

**Mingan Archipelago National Park Reserve** p. 10



© Parks Canada – Michel Julien

## Cross Country Skiing, Snowshoeing, and Nordic Walking

Get your fill of winter fun and discover a new side of La Mauricie National Park. Explore the extensive 136 km network of marked and groomed cross country ski and snowshoeing trails. You'll be swept away by the magic of the wintry surroundings. Nordic walkers are welcome!

**La Mauricie National Park** p. 10



# RETURNING to your roots

Visit the quarantine island in the shoes of an immigrant, discover historical remains by bicycle, get a taste of the lives of colonial soldiers, treat yourself to an unforgettable camping experience, and much more.

In Quebec, Parks Canada sites provide a myriad of ways to go back in time and unique opportunities to trace your history back to your roots.



© Parks Canada – M. Dupuis

## Grosse Île: Culture and Nature!

Travel through time. Experience a St. Lawrence cruise and drop anchor at Grosse Île. History buffs will be fascinated by the guided tours, exhibitions, hospital sector, and the old houses of the village. Nature lovers can explore a century-old forest and discover a remarkable archipelago. On your own or with family or friends, let the peaceful beauty and solemnity of Grosse Île work its magic and cast its spell.

**Grosse Île and the Irish Memorial National Historic Site** p. 12



## Chambly Canal: Archaeology by Bike

Alone or with family or friends, enjoy a 20-kilometre bike ride along the former Chambly Canal towpath. Pick up an explorer's kit and visit the intriguing remains of Fort Sainte-Thérèse and the Fryer dam. Travel back to a time when imposing barges travelled the canal.

**Chambly Canal National Historic Site** p. 11



© Michel Houde



## Halloween at Fort Chambly

A family event rich in thrills and chills! See the fort transformed into a real live theatre, eerily cloaked in a thick fog! Join us October 26, 2013 for this special event!

**Fort Chambly National Historic Site p. 11**



## Fortifications of Québec, a UNESCO World Heritage Site

There is nothing like a stroll to discover a city and relive the major moments of its history. In Québec, the walls have many tales to tell. Accompanied by a guide-interpreter, travel through four centuries of adventure while admiring the remarkable cityscapes and architecture of historic Old Québec.

**Fortifications of Québec National Historic Site p. 12**



## In the Footsteps of the Battle of the Châteauguay

Commemorate with us the 200th anniversary of the Battle of the Châteauguay. Travel the 14-kilometre battlefield route by bike or car. Relive the history of this armed attack, which occurred October 26, 1813, and retrace the main positions of Canadian and American troops on the ground, along the Châteauguay River.

**Battle of the Châteauguay National Historic Site p. 11**

# LIVE what is real

Are you looking for relaxation and the simple pleasures of experiencing the outdoors with family and friends? Quebec's national historic sites and national parks offer a variety of worry-free and secure experiences that will help you kick back, relax, and get away from it all.



© Parks Canada – Miguel Legault

## From Hero to Superhero

Wanted: families of heroes and superheroes! Contribute your talents and strengths in this amusing family challenge! The captain of the HMS Confiance, the largest ship to have navigated on the Richelieu in 1814, needs you in order to recover lost ship plans. Be prepared to move and to be challenged: we have plenty of action in store for you! Children are invited to dress up in costumes modelled after their favourite superhero. July 27-28, 2013, from 11 a.m. to 4 p.m.

Fort Lennox National Historic Site p. 11



© Parks Canada – K. La Flèche

## Coteau-du-Lac Country Market

Early every summer Saturday morning on the Coteau-du-Lac site, local producers offer up a bouquet of aromas and flavours. Meet people who are passionate about food, and stock up on local products, including bread, meat, cheese and freshly picked vegetables. Also on the menu: tastings and entertainment. Satisfy your epicurean impulses!

Coteau-du-Lac National Historic Site p. 10





© Parks Canada - Chris Reardon



## Sundays at the *Manoir*

In the hushed atmosphere of the manor house or out on the sun-drenched lawns, enjoy unique and surprising experiences on the estate where Louis-Joseph Papineau wiled away his retirement. Plunge into the life of a 19<sup>th</sup> century seigneurial manor with its comings and goings of tenant farmers and its afternoons of study so dear to Papineau's heart. This is Sunday on the estate!

**Manoir Papineau National Historic Site** p. 10



© Parks Canada - M. Dupuis

## Explore the Saint-Louis Forts and Châteaux

Step backward in time into the high society lives of the French and English governors. Through cutting-edge technology, discover the story of a place where so many important decisions in North American history were made.

**Saint-Louis Forts and Châteaux National Historic Site** p. 12



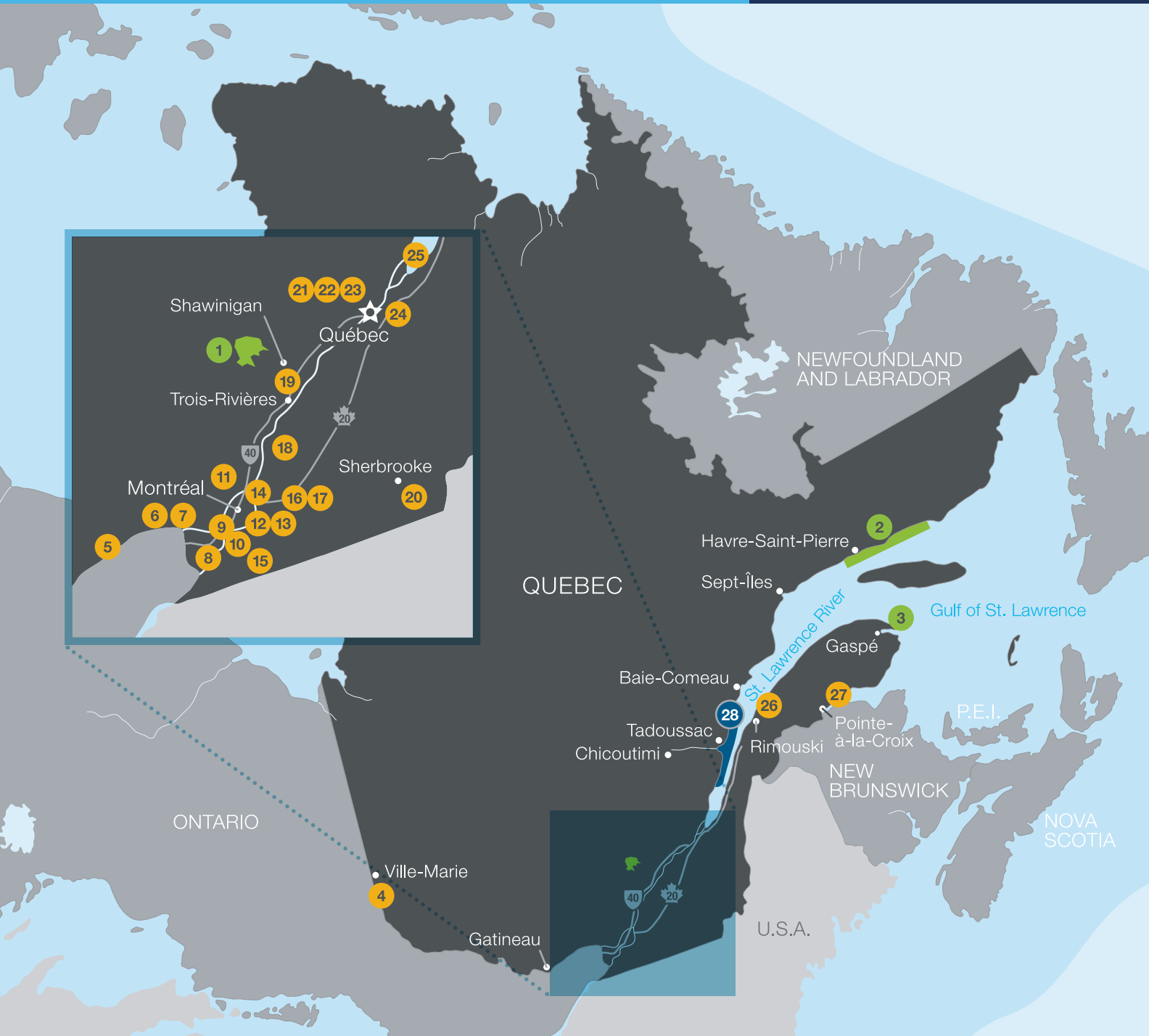
## Mission Aquanaute

A treasure hidden beneath the waves... follow the clues and some sea creatures will help you discover an astonishing underwater world and become an Aquanaute.

**Forillon National Park** p. 10

# Quebec

National Parks, National Historic Sites  
and National Marine Conservation Areas of Canada





# Directory

The following section provides more information on unique places and experiences in Quebec.

## Services and activities legend

The legend below identifies some of the services and activities that may be available at the parks and sites. Watch for these symbols when planning your visit.

 Information	 Scuba diving
 Parking	 Cabins
 Access for the physically disabled	 Yurts
 Interpretation	 Teepees
 Bus parking	 Parks Canada oTENTik
 Restaurant	 Geocaching
 Gift shop	 Marine mammals
 Camping	 Hot springs
 Picnic area	 Photography
 Backpacking/hiking	 Tobogganing
 Playground	 Mountain/Ice climbing
 Lookout	 Windsurfing
 Recreational vehicles	 Water-skiing
 Cycling	 Rafting
 Swimming	 Golfing
 Canoeing	 Downhill skiing
 Kayaking	 Horseback riding
 Motorboating	 Dog-sledding
 Sailing	 Snowmobiling
 Winter activities	 Beaches
 Fishing	 Tennis
 Cross-country skiing	 Picnic shelter
 Birdwatching	 Mountain biking
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# Directory

## La Mauricie National Park

### 1 La Mauricie



Come and do your favourite outdoor recreational activities! Our park's facilities and features will enable you to enjoy a multitude of activities in a spellbinding setting. Whether you are seeking an adventure, a unique experience, or an opportunity to get in touch with yourself, there's a whole range of outstanding cultural and natural riches waiting for you to discover at La Mauricie National Park.

**Saint-Jean-des-Piles – 200 km from Montréal;  
190 km from Québec; 60 km from Trois-Rivières**  
1-819-538-3232 | [parkscanada.gc.ca/mauricie](http://parkscanada.gc.ca/mauricie)

### 2 Mingan Archipelago



Imagine thousands of islands and islets spread over 152 kilometres. See them for yourself at the Mingan Archipelago, the only park of its kind in the world. Discover striking natural sculptures and amazing plant and bird life. Admire the grandiose landscapes of this extraordinary place. Breathe in the clean air and tune in to the magic.

**Havre-Saint-Pierre**  
1-418-538-3285 | [parkscanada.gc.ca/mingan](http://parkscanada.gc.ca/mingan)

### 3 Forillon



With its sheer cliffs plunging into the sea, pebble beaches lining little coves, and a backdrop of mountains, forests and water, Forillon is home to spectacular landscapes and a multitude of species. Along with these natural wonders, the park has a rich and fascinating human history. Don't miss the story of the fishers and merchants who lived in Forillon in the early 20<sup>th</sup> century. The Gaspé peninsula at its best!

**Gaspé**  
1-418-368-5505 | [parkscanada.gc.ca/forillon](http://parkscanada.gc.ca/forillon)

### 4 Fort Témiscamingue



An enchanted forest, a fabulous beach along a 110-kilometre long lake, 6000 years of Aboriginal presence, two centuries of rivalry for the control of the fur trade await you just eight kilometres from Ville-Marie – at Fort Témiscamingue! Learn about this important trading post by following the Discovery Trail or tackling the challenges included in the Xplorers program.

**Duhamel-Ouest, Québec**  
1-819-629-3222 | [parkscanada.gc.ca/forttemiscamingue](http://parkscanada.gc.ca/forttemiscamingue)

### 5 Manoir Papineau



Located in Montebello, halfway between Gatineau/Ottawa and Montreal, the Manoir Papineau National Historic Site represents one of the most treasured heritage locations in the area surrounding La Petite-Nation and in the greater Ottawa River region.

This exceptionally beautiful site, overhanging the Outaouais river, reveals the seigneurial Manor built in 1850 by Louis-Joseph Papineau, politician and man of culture. Allow yourself to be charmed by the romanticism of the garden, the authentic décor of the time, and the elegance of each room of the Manor. Stroll in the garden, visit the frescoes of Napoléon Bourassa, the granary, the seigneurial office and the funeral chapel. Guided visits, geocaching trail, young Xplorers, tea at the Manor and more...

**Montebello – 60 km from Ottawa; 60 km from Montréal**  
1-819-423-6965 | [parkscanada.gc.ca/manoirpapineau](http://parkscanada.gc.ca/manoirpapineau)

### 6 Carillon Barracks



In Saint-André-d'Argenteuil, on the banks of the Ottawa River, you'll find an old military barracks transformed into a museum by the Historical Society of the County of Argenteuil. Step inside the Georgian-style building dating from about 1836 and let the tools, clothing, furniture and archival material on display recount the region's history.

**Saint-André-d'Argenteuil – 90 km from Montréal**  
1-450-537-3861 | [parkscanada.gc.ca/carillonbarracks](http://parkscanada.gc.ca/carillonbarracks)

### 7 Carillon Canal



Imagine a boat being raised or lowered 20 metres in only 45 minutes! Come to the lock on the Carillon Canal to see this impressive manoeuvre for yourself. The lock, with its adjoining hydroelectric power station, is part of a network of canals linking Montréal to Ottawa. Its 200-tonne 'guillotine' gate is unique in North America. Don't miss it opening!

**Saint-André-d'Argenteuil – 90 km from Montréal**  
1-450-537-3534 | [parkscanada.gc.ca/canalcarrillon](http://parkscanada.gc.ca/canalcarrillon)

### 8 Coteau-du-Lac



Discover the vestiges of Canada's first fortified lock and canal and learn about its important role in defending inland waterways in the 18<sup>th</sup> and 19<sup>th</sup> centuries. Take a moment to pause at this place of passage, which tells the story of 7,000 years of human activity.

**Coteau-du-Lac – 40 km from Montréal**  
1-450-763-5631 | [parkscanada.gc.ca/coteau](http://parkscanada.gc.ca/coteau)

### 9 Sainte-Anne-de-Bellevue Canal



The Sainte-Anne-de-Bellevue Canal links Lake des Deux Montagnes and Lake Saint-Louis. It is one of Canada's most traveled locks. View vestiges of the first canal system, this section having opened in 1843, and stroll along the boardwalk bordering the canal where a variety of restaurants can be found. Take advantage of your visit to discover downtown Sainte-Anne-de-Bellevue, a charming and lively town!

**Sainte-Anne-de-Bellevue – 40 km from Montréal**  
1-514-457-5546 | [parkscanada.gc.ca/canalsteanne](http://parkscanada.gc.ca/canalsteanne)





Cap-de-Bon-Désir Interpretation and Observation Centre



Forillon National Park



Fort Lennox National Historic Site

## 10 Battle of Châteauguay



Visit an authentic battlefield on the banks of the Châteauguay River. On October 26, 1813, the Canadian troops under the command of Charles-Michel de Salaberry won an important victory over the invading American forces led by General Wade Hampton. Meet the heroes of this remarkable feat of arms from the War of 1812, one of the most illustrious episodes in Canadian military history.

**Howick – 50 km from Montréal**  
1-450-829-2003 | [parkscanada.gc.ca/chateauguay](http://parkscanada.gc.ca/chateauguay)

## 11 Sir Wilfrid Laurier



Discover the life and the career of this illustrious prime minister along with an impressive collection of period objects and antique furniture. Visit a typical St. Lawrence Valley home, and learn how its inhabitants lived in the 1850s.

**Saint-Lin-Laurentides – 50 km from Montréal**  
1 888 773-8888 | [parkscanada.gc.ca/laurier](http://parkscanada.gc.ca/laurier)

## 12 Lachine Canal



Built in 1825 to bypass the Lachine Rapids, the Lachine Canal covers a distance of 14.5 km between the Old Port and Lake Saint-Louis. Much more than an inland waterway, the canal is also the focal point of an easily accessible urban park with an amazingly rich history. View downtown Montréal from another perspective, on foot, by bike, or by boat. This canal will impress you with its spectacular landscapes and one of the most attractive multipurpose paths in the city.

**Montréal**  
1-514-283-6054 | [parkscanada.gc.ca/canallachine](http://parkscanada.gc.ca/canallachine)

## 13 The Fur Trade at Lachine



It was here that many of the great voyages of exploration got underway. Relive the adventures of the Aboriginal trappers, French-Canadian voyageurs and European merchants of the fur trade era. Discover the workings of a business that was the driving force of Canada's economy for two centuries. Follow the beaver's trail to learn about furskin and felt hat fashion. Discover Lachine's built heritage and archaeological remains.

**Lachine – 20 km from Montréal**  
1-514-637-7433 | [parkscanada.gc.ca/fourrurs](http://parkscanada.gc.ca/fourrurs)

## 14 Sir George-Étienne Cartier



Sir George-Étienne Cartier welcomes you to his upper-middle-class home. Step inside and immerse yourself in the elegant 19th-century Victorian decor. Inside this little heritage jewel in Old Montréal, you'll get to know one of the main architects of Confederation, a highly influential lawyer and Montréal businessman. See how the wealthy classes and their domestic servants lived together during this period.

**Montréal**  
1-514-283-2282 | [parkscanada.gc.ca/cartier](http://parkscanada.gc.ca/cartier)

## 15 Fort Lennox



Between the Seven Years War and the War of 1812, this little strip of land was occupied by the French, the British, and the Americans. Now it's your turn to conquer Fort Lennox and walk in the footsteps of its former occupants. Today, Île aux Noix is still home to authentic British fortifications. Take the ferry to the island and explore the fort.

**Saint-Paul-de-l'Île-aux-Noix – 62 km from Montréal**  
1-450-291-5700 | [parkscanada.gc.ca/fortlennox](http://parkscanada.gc.ca/fortlennox)

## 16 Chambly Canal



The 20-km-long Chambly Canal played a major role in the export of Canadian forest products to the United States. Relive its history from its opening to commercial navigation in 1843 up until the recent arrival of pleasure craft. Whether you're in a boat, on a bike or on foot, you can admire the stepped locks, hand-operated cranks and rotating, rolling and drawing bridges. Watch the lockmasters as they work the locks the old-fashioned way.

**Chambly – 32 km from Montréal**  
1-450-658-6525 | [parkscanada.gc.ca/canalchambly](http://parkscanada.gc.ca/canalchambly)

## 17 Fort Chambly



Located at the foot of the Richelieu River rapids, Fort Chambly recounts key moments in the history of New France. Find out what life was like for soldiers posted here and for the inhabitants of the Chambly seigneurie under the French regime. Get the lowdown on soldiers' uniforms, the archaeology of the fort and military architecture. You'll be captivated by the majestic beauty of this authentic remnant of the French military presence in North America.

**Chambly – 32 km from Montréal**  
1-450-658-1585 | [parkscanada.gc.ca/fortchambly](http://parkscanada.gc.ca/fortchambly)

## 18 Saint-Ours Canal



Ships and boats travelling from the St. Lawrence up the Richelieu River to Lake Champlain and on down the Hudson River rely on a large network of canals. One of these waterways is the Saint-Ours Canal, which links Montréal and New York. Trace the history of the canalization of the Richelieu River. At the Vianney-Legendre fish ladder, you can watch fish swimming upstream to spawn through a specially designed window. This is an original initiative to ensure the survival of threatened species.

**Saint-Ours – 75 km from Montréal**  
1-450-785-2212 | [parkscanada.gc.ca/canalstours](http://parkscanada.gc.ca/canalstours)

# Directory

Mingan Archipelago National Park Reserve

## 19 Forges du Saint-Maurice



At the Forges du Saint-Maurice, where Canada's iron-making industry got its start, iron and cast iron products were produced for military and domestic use for over 150 years. Explore the Grande Maison and visit the blast furnace to learn more about how cast iron was made in the 18<sup>th</sup> and 19<sup>th</sup> centuries. Need some air? Stroll down to the St. Maurice River for more archaeological remains and additional information on the history of this remarkable community of ingenious workers.

**Trois-Rivières**

1-819-378-5116 | [parkscanada.gc.ca/forges](http://parkscanada.gc.ca/forges)

## 20 Louis S. St. Laurent



In the heart of the Eastern Townships lies the picturesque village of Compton, where Louis S. St. Laurent, Canada's prime minister from 1948 to 1957, was born. Step into the original general store owned by his father and learn about life in the early 20<sup>th</sup> century. Explore the house of his birth and peek into the private life of a well-to-do shopkeeper's family of the time. Recount a century of Canadian history and St. Laurent's life and work.

**Compton – 170 km from Montréal**

1-819-835-5448 | [parkscanada.gc.ca/stlaurent](http://parkscanada.gc.ca/stlaurent)

## 21 Fortifications of Québec



Enjoy the unique urban landscape of this UNESCO World Heritage Site. Tour the 4.6 kilometre fortifications that ring the historic district of Old Québec, witness to four hundred years of military history. At Artillery Park and the Dauphin Redoubt, immerse yourself in the luxurious atmosphere of the officer's quarters and mess. Get to know the epic story of a city so many sought to conquer. Stroll through streets where lines of cannons set off the romantic surroundings.

**Québec**

1-418-648-7016 | [parkscanada.gc.ca/fortifications](http://parkscanada.gc.ca/fortifications)

## 22 Saint-Louis Forts and Châteaux



Explore the Saint-Louis Forts and Châteaux! Step backward in time into the high society lives of the French and English governors. Discover the story of a place where so many important decisions in North American history were made.

**Québec**

1-418-648-7016 | [parkscanada.gc.ca/saintlouis](http://parkscanada.gc.ca/saintlouis)

## 23 Cartier-Brébeuf



Enjoy the calm, peaceful surroundings – right in the heart of the city. Follow in Jacques Cartier's footsteps, witness his meeting with the St. Lawrence Iroquoians, and explore the work of St. Jean de Brébeuf. All season long, a lineup of special events and family activities await. Try out the cycle path and encounter a surprising ecosystem. Picnic on the grass and sample annedda, a kind of tea with powerful medicinal properties. The perfect spot to spend an enjoyable moment in a inspiring environment.

**Québec**

1-418-648-7016 | [parkscanada.gc.ca/brebeuf](http://parkscanada.gc.ca/brebeuf)

## 24 Lévis Forts



Built by the British on the south shore of the St. Lawrence River between 1865 and 1872, the Lévis Forts were intended to protect the city of Québec against American invasion. The last in a series of three detached forts, Fort No. 1 displays remarkable technological innovations. Come on in to learn more about both the fort's history and the military strategies behind it. Find your way through dark passages, and discover underground shooting galleries, a powder magazine, casemates and vaulted tunnels, or simply take in the superb panorama outside.

**Lévis – 25 km from Québec City**

1-418-835-5182 | [parkscanada.gc.ca/levis](http://parkscanada.gc.ca/levis)

## 25 Grosse Île And The Irish Memorial



The moment you land at Grosse Île, you'll be immersed in its special spirit and atmosphere as you explore the island's monuments, burial sites, historical buildings, and natural trails. Walk in the steps of immigrants and relive the troubling experience of those who sought a better life and those who welcomed and cared for them. Drop anchor at Grosse Île just like the immigrants did and witness scenes of human drama and heroic dedication.

**Île-aux-Grues, Québec – 48 km from Québec**

1-418-234-8841 | [parkscanada.gc.ca/grosseile](http://parkscanada.gc.ca/grosseile)

## 26 Pointe-au-Père Lighthouse



One of the tallest lighthouses in Canada, Pointe-au-Père was once one of the country's largest navigational aid stations. Relive the Empress of Ireland shipwreck of May 29, 1914 and learn about the important role Pointe-au-Père played during that tragedy. In the nearby foghorn shed, learn how to operate the fog cannon. And be sure to climb the lighthouse's stairs for the spectacular view.

**Rimouski**

1-418-724-6214 | [parkscanada.gc.ca/pharepointeaupere](http://parkscanada.gc.ca/pharepointeaupere)

## 27 Battle of the Restigouche



The year is 1760. In the spring following the Battle of the Plains of Abraham, the French and the British ships clash on the Restigouche River as the Seven Years War rages on. Relive the history of this memorable battle! Retrace the highlights of this confrontation as the two countries fought for control of North America.

**Pointe-à-la-Croix**

1-418-788-5676 | [parkscanada.gc.ca/ristigouche](http://parkscanada.gc.ca/ristigouche)





Saguenay-St. Lawrence Marine Park



Saguenay-St. Lawrence Marine Park



Coteau-du-Lac National Historic Site

## 28 Saguenay–St. Lawrence Marine Park



The Saguenay–St. Lawrence Marine Park is one of the world's best places for whale-watching. Seeing a whale surface and hearing its mighty breath make for an enchanting experience. Visitors from all over the world are left spellbound by these sea mammals and the beauty of the landscapes. Enjoy a variety of experiences: visit the Marine Park's Discovery network and glide out over its waters aboard a boat or kayak. Don't miss the Cap de Bon-Désir, Pointe-Noire and the Marine Environment Discovery Centre.

**Tadoussac – 410 km from Montréal; 160 km from Québec**  
**1-418-235-4703 | [www.marinepark.qc.ca](http://www.marinepark.qc.ca)**

## 28 Pointe-Noire Interpretation and Observation Centre



Do you have a soft spot for whales? With its fantastic views of the Saguenay Fjord and St. Lawrence estuary, Pointe-Noire is a popular location for beluga whale watchers. It is also the perfect place to learn why so many whales come here. Keep your eyes peeled and take advantage of the opportunity to explore the marine environment's many secrets. Ask a guide-interpreter and visit the exhibit to learn more about the Saguenay–St. Lawrence Marine Park.

**Baie-Sainte-Catherine – 465 km from Montréal; 210 km from Québec**  
**1-418-237-4383 (in season)**  
**1-418-235-4703 (out of season)**  
**[parkscanada.gc.ca/saguenay](http://parkscanada.gc.ca/saguenay)**

## 28 Cap De Bon-Désir Interpretation and Observation Centre



The Cap de Bon-Désir is the best place to observe whales, seals and seabirds near the shore. Enjoy the great outdoors and relax to the sound of waves. Have you ever seen starfish? You will be surprised by their colours! See and touch some of the mysterious animals that live in the St. Lawrence in the feature activity, "30 Feet into Neptune's World" (offered three times a week). Visit the exhibit to learn about the history of the lighthouse and its keepers.

**Bergeronnes – 245 km from Québec**  
**1-418-232-6751 (in season)**  
**1-418-235-4703 (out of season)**  
**[parkscanada.gc.ca/saguenay](http://parkscanada.gc.ca/saguenay)**

## 28 Marine Environment Discovery Centre



Explore one of the most beautiful underwater worlds in North America. The "Le Saint-Laurent en direct!" (St. Lawrence Live) activity gives you the opportunity to follow divers underwater without getting wet. See live HD images on the big screen. Divers answer your questions from underwater. The activity is offered four times a week; phone for reservations. Observe whales, seals and seabirds near the shore. Our guides will answer your questions.

**Les Escoumins – 505 km from Montréal; 250 km from Québec**  
**1-418-233-4414 (in season)**  
**1-418-235-4703 (out of season)**  
**[parkscanada.gc.ca/saguenay](http://parkscanada.gc.ca/saguenay)**

# 44

## **national parks**

Spectacular landscapes, fascinating wildlife, precious habitats, gateways to adventure.

# 167

## **national historic sites**

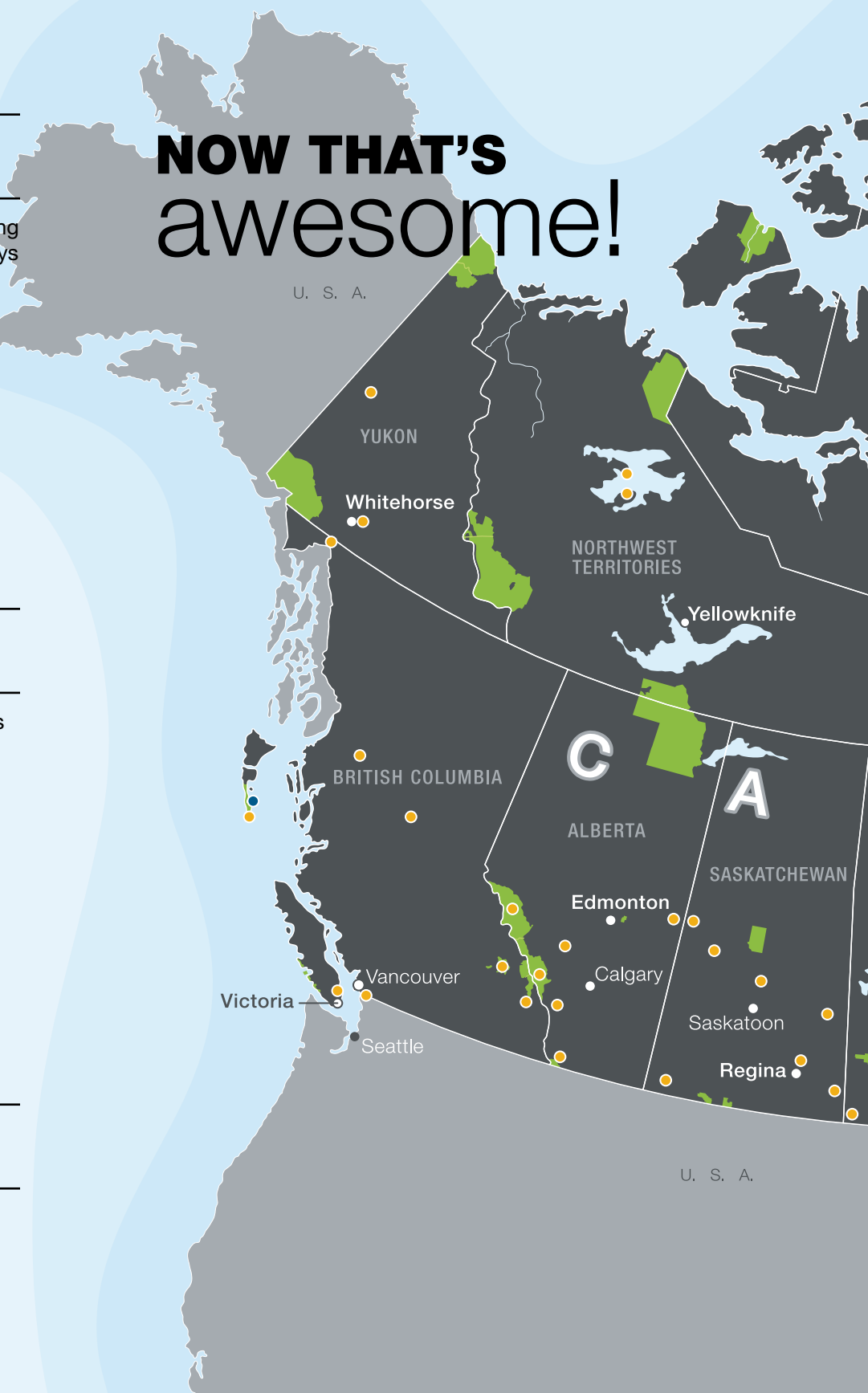
Fascinating reminders of Canada's past, conserved for the future.

# 4

## **national marine conservation areas**

Getaways to nature, adventure, learning and discovery.

# **NOW THAT'S awesome!**







From coast to coast, Parks Canada protects and presents some of the most amazing places.

HEY PARENTS!

PARKS CANADA HAS A NEW AND EXCITING PROGRAM FOR YOUR FAMILY.



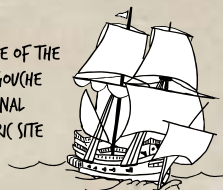
TRY IT OUT, IMAGINE  HAVE FUN!

PARKSCANADA.GC.CA/XPLORERS

1-888-773-8888 

THIS PROGRAM IS OFFERED AT THE FOLLOWING LOCATIONS:

BATTLE OF THE  
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NATIONAL  
HISTORIC SITE



CARTIER-BRÉBEUF  
NATIONAL  
HISTORIC SITE



MANOIR-PAPINEAU  
NATIONAL HISTORIC SITE

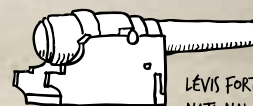


MINGAN  
ARCHELAGO  
NATIONAL  
PARK  
RESERVE

FORT (HAMBL) NATIONAL HISTORIC SITE



FORILLON  
NATIONAL  
PARK



LÉVIS FORTS  
NATIONAL  
HISTORIC SITE

LACHINE CANAL  
NATIONAL HISTORIC SITE



FORT LENNOX  
NATIONAL  
HISTORIC SITE



SAGUENAY-ST. LAWRENCE  
MARINE PARK

FUR TRADE AT LACHINE  
NATIONAL HISTORIC SITE



FORT TÉMISCAMINGUE  
NATIONAL HISTORIC SITE



FORTIFICATIONS OF QUÉBEC  
NATIONAL HISTORIC SITE



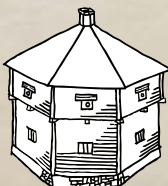
LOUIS S. ST. LAURENT  
NATIONAL  
HISTORIC SITE



SIR WILFRID LAURIER  
NATIONAL  
HISTORIC SITE



CÔTEAU DU LAC  
NATIONAL  
HISTORIC SITE



FORGES DU  
SAINT-AURICE  
NATIONAL  
HISTORIC SITE



LA MAURICIE  
NATIONAL PARK





Louisbourg300

# Come celebrate!



The Fortress of Louisbourg National Historic Site in Nova Scotia will erupt with festivity and merriment in 2013 to mark the 300<sup>th</sup> anniversary of Louisbourg's founding. Join us for a celebration three centuries in the making. Dance, sing and dine in this 18<sup>th</sup> century fortified town.

**FIND MORE ON EVENTS  
AND ACTIVITIES AT**  
[parkscanada.gc.ca/louisbourg300](http://parkscanada.gc.ca/louisbourg300)



## Learn-to Camp

Come experience camping and other outdoor activities with your family at Learn-to camp! Call 1-888-773-8888 to register.

[parkscanada.gc.ca/learntocamp](http://parkscanada.gc.ca/learntocamp)

Presented in  
collaboration with



## The Parks Canada Discovery Pass

This annual pass gives you unlimited opportunities to enjoy over 100 participating Parks Canada places. Available online!

[parkscanada.gc.ca/pass](http://parkscanada.gc.ca/pass)



## Discover our mobile apps

Bring the best of Canadian heritage cooking into your home with the **Heritage Gourmet** food app. Camping basics are now just a click away with the **Learn to Camp** app.

[parkscanada.gc.ca/mobile-en](http://parkscanada.gc.ca/mobile-en)  
iPhone/iPod | Android | Blackberry




## My Parks Pass

Allows all Grade 8 / Secondary 2 students in Canada FREE entry, for one full year, to more than 200 of Parks Canada's national treasures.

**For more information**

[myparkspass.ca](http://myparkspass.ca)



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to plan your own unforgettable  
experiences in Quebec.

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 Fortifications of Québec National Historic Site

#### RESERVATIONS

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#### INFORMATION

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CANADIAN PRAIRIES



WESTERN CANADA



NORTHERN CANADA

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