

TIME TO CONNECT PARKS CANADA in Quebec





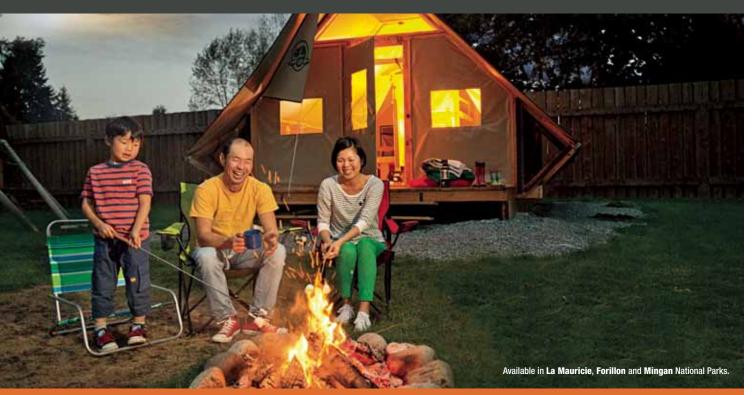
Parks Parcs Canada Canada



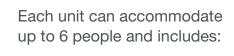
O Manoir Papineau National Historic Site

Staying the night? We've got you covered

Parks Canada oTENTik



A cross between a tent and an A-frame cabin, oTENTik provides a front row seat to our country's most spectacular landscapes while providing a roof over your head and a floor beneath your feet.



- Three beds
- A table and chairs
- Heating and lighting (varies by location)



Comfort and convenience is only a click away! parkscanada.gc.ca/accomodations

CONTENTS





<image>

Welcome!

Whether you're looking for **adventure**, **fun for the whole family**, or **a break from the everyday**, Parks Canada has countless unique experiences to suit your needs. Climb a rock face, discover sea creatures on the ocean floor, have a family picnic, or snuggle up by a warm fire.

It's time to connect!

With nature - with history - with friends and family.

Fortifications of Québec National Historic Site

FUN FOR THE WHOLE FAMILY	2
EPIC ADVENTURES	4
A BREAK FROM THE EVERY DAY	6
A GATHERING PLACE	8
Quebec Map	10
Directory	12

THE WHOLE FAMILY

REFRESH YOURSELF IN THE NATURAL POOLS OF THE CASCADES WATERFALLS

Take a dip in a pure, freshwater and easily accessible pool in the wild. Take the trail starting near the Shewenegan picnic area and finish your walk with a swim in the Cascades natural pools.

La Mauricie National Park p. 12



THE LEGEND OF THE TALKING WALLS

The fortifications are full of secrets. An enchanted bracelet and a magic sword have allegedly been concealed there... can you find them? Can you solve the mystery of the walls? Find out with two fun-filled, sensory tours.



FIND HISTORIC TREASURES!

Scour the site looking for clues with the help of a GPS unit. Find the answer to a mystery and receive a souvenir geocoin. Along the way, admire the most spectacular views of Coteau-du-Lac.

Coteau-du-Lac National Historic Site p. 12



350 YEARS OF HISTORY ON THE MENU

Come discover the favourite dishes that residents of New France left us. Renowned chefs offer their recipes for these dishes, seasoned to today's tastes. Learn the secrets of what a "good table" meant in New France!

Fort Chambly National Historic Site p. 13

Fortifications of Québec National Historic Site p. 14

ESCAPE TO WHALE COUNTRY

6 DAYS

Saguenay–St. Lawrence Marine Park

ITINERARY & SIGHTSEEING

Day 1

Baie-Ste-Catherine 465 km from Montréal and 210 km from Québec

It's time for your big trip! Your first stop is the Pointe-Noire Interpretation and Observation Centre. It's ideal for a picnic and for observing belugas in the fjord. In the afternoon, visit the exhibit and take part in geocaching.

Day 2

Slip on your windbreaker and come aboard for a whale-watching cruise. You are gazing at the horizon when you hear a loud splash! A WHALE! The excitement is at its height. You will never forget the wonder in the eyes of your near and dear. Spend the afternoon strolling around Tadoussac or playing on the beach.

Day 3

Immerse yourself in the heart of the St. Lawrence as you make your way to the Marine Environment Discovery Centre. A range of activities is presented throughout the week: "Estuary Punch," "The Sharks of the St. Lawrence," "Like a Fish in the Water," etc. Which one will you choose?

Day 4

Discover the sea animals of Cap de Bon-Désir. Children will be wide-eyed as they discover this universe. Did you know there is an animal called the cucumber? Will you dare touch one?



Enjoy the activity, "30 Feet into Neptune's World," and its highlight, the race of the urchins. Afterwards create "post cards" decorated with sea creatures.

Day 5

Play low-tide hide-and-seek at Cap de Bon-Désir. In the company of an interpretive guide, look for crustaceans, molluscs and algae with intriguing bubbles. Afterwards, will you spend time at the all new playground or take advantage of the best place to observe whales?

Day 6

Follow The Whale Route and go hiking in Sainte-Marguerite Bay. Equipped with your backpacks or your bicycles, a 3-km hike will lead you to the lookout. Be patient you will surely have the opportunity to observe a group of belugas.



ARCHAEOLOGICAL EXCAVATIONS FOR THE WHOLE FAMILY!

Grab your shovels and trowels and become an archaeologist for a day! Scan the ground in search of real artifacts and unearth clues that will help you discover the way of life of the inhabitants of Saint-Louis Forts et Châteaux.

Saint-Louis Forts and Châteaux National Historic Site p. 14

EPIC ADVENTURES!

HIKE TO THE END OF THE WORLD!

Travel to the "end of the world", the culmination of the International Appalachian Trail, on foot or by bike. Enjoy the opportunity to watch marine mammals from the trail.

Forillon National Park p. 12



UNDERWATER EXPLORATION OF THE ST. LAWRENCE

Scuba dive or snorkel to explore the cold waters of the St. Lawrence River. Visit the Marine Environment Discovery Centre for this memorable experience. One, two, three ... dive!

Marine Environment Discovery Centre p. 15



CYCLING ON ONE OF THE WORLD'S MOST BEAUTIFUL ROUTES!

Cycle the magnificent urban route that runs along the Lachine Canal for more than 14 kilometres rent bicycles and inline skates nearby.

Lachine Canal National Historic Site p. 13



EXPERIENCE ELEGANT TEATIME AT THE MANOR

Visit the manor's elegant Salon Amédée and enjoy a formal afternoon tea with sweet delicacies from the prestigious Fairmont le Château Montebello.

Manoir Papineau National Historic Site p. 12

AN OTENTIK WINTER EXPERIENCE!



ITINERARY & SIGHTSEEING

Day 1

Saint-Jean-des-Piles 200 km from Montréal; 190 km from Québec

Finished school and work? Head for a fabulous weekend at La Mauricie National Park! Don't forget to pick-up your steak for a feast in the woods with your friends. What could be better than a barbecue in the middle of winter? Get settled in your oTENTik—a cross between a tent and a rustic cabin—wood-heated, of course! Bundle-up warmly around the campfire, savour your hot chocolate with a hint of ... marshmallows!

Day 2

After a BIG breakfast, put on your snowshoes, grab your GPS (or compass) and take the snow tag challenge! Watch out Picasso! Trace a drawing on the snowy surface of a lake or release your inner creativity by making your own tag on the snow. Go to the closest lookout to admire your masterpiece. Share it on Facebook, Twitter and Instagram!



Day 3

Feel like breaking the ice? Don't miss the ice walls of Saint-Jean-des-Piles. Are you ready to accept the challenge? Learn ice climbing under the safe, quality supervision of a team of professionals who are passionate about climbing and mountains.

Your stay in four words: icy oTENTik tag barbecue!



ALONE WITH NATURE... OR NEARLY ALONE!

Fall asleep to lapping waves just a few steps from your tent set up on an island. Dream of the songs of whales in harmony with the sounds of seals. Is this all just a dream?

Mingan Archipelago National Park Reserve p. 12

A BREAK FROM THE EVERY DAY

AN ISLAND-HOPPING ADVENTURE

All aboard! Discover a remote section of the archipelago by means of an inflatable boat. Admire the monoliths of île de la Fausse Passe and the dazzling cliffs of île Saint-Charles. Spot any seals or Atlantic puffins yet?

Mingan Archipelago National Park Reserve p. 12



ADMIRE AUTUMN COLOURS IN A CANOE OR KAYAK AT WABER FALLS

Take part in a one-day expedition to immerse yourself into a beautiful autumn display. It's the perfect adventure for those with intermediate outdoor skills who appreciate nature's beauty.

La Mauricie National Park p. 12



NURSE SARAH WADE'S MEDICAL EXAMINATION

What was an immigrant's arrival like when the port of Québec was the main gateway to the country and Grosse Île was an essential stop to be made before setting foot on the continent?

Grosse Île and the Irish Memorial National Historic Site p. 14



JOURNEY BACK IN TIME WITH COSTUMED INTERPRETERS

Go back to the days of the Redcoats by following your interpreter, dressed as a foot soldier. Learn about the everyday lives of women, men and soldiers who lived inside the enclosure, then attend a shooting demonstration.

Fort Lennox National Historic Site p. 13

TOUR OF THE GASPÉSIE

ITINERARY & SIGHTSEEING

Day 1

7 DAYS

Ouébec to Forillon

Québec is under attack! Search for clues on the ramparts of the Fortifications of Québec to foil the enemy's plans and save the city. Enjoy your picnic while admiring this world heritage jewel of UNESCO. In the afternoon, discover the bottom of Dufferin Terrace (Saint Louis Forts and Châteaux). Don't forget to take a family photo next to a canon, with the famous Château Frontenac in the background!

Day 2

Québec to Rimouski, 315 km

Depart for Rimouski!

Visit the Pointe-au-Père Lighthouse, one of the tallest in Canada. Then, at the Empress of Ireland Museum, discover the tragic story of a shipwreck. Continue your journey to Forillon National Park, 370 km.

Tonight, in your oTENTik tent, let yourself be lulled to sleep by the sound of whales and waves.

Day 3

Already up? Whether on a cruise or in a kayak, Gaspé Bay provides the ideal setting for marine encounters. Will you get the chance to spot one of our seven species of whales?

Day 4

Snorkeling or scuba diving? Rich colours and all sorts of species abound. Will you watch the seals? They are so curious they might come toward you...



Day 5

Gaspé to Percé, 70 km

Continue your tour and stop at Percé to admire the famous rock.

Day 6

Percé to Pointe-à-la-Croix, 245 km

On the way back, discover the battle that sealed the fate of New France at the Battle of the Restigouche.

Continue driving toward Berthier-sur-Mer, 455 km.

Day 7

Berthier-sur-Mer to Québec, 70 km

Take a boat ride to explore Grosse Île and the Irish Memorial. Follow the tracks of four million immigrants who made a long voyage and see the beauty of nature while walking along the Mirador trail.



A BATTLEFIELD TO DISCOVER

What does the battlefield that saw the troops commanded by Charles-Michel de Salaberry achieve victory look like today? Travel by car or bike and look for the signs along the road. Imagine this great battle taking place along the Châteauguay River!

Battle of the Châteauguay National Historic Site p. 13

A GATHERING PLACE

LIVE, FROM BENEATH THE ST. LAWRENCE RIVER!

Here's the perfect activity for those who dream of discovering the seabed without getting wet! Divers will answer your questions live by using a special mask.

Marine Environment Discovery Centre p. 15



A VICTORIAN CHRISTMAS

Come and discover the magic of a 19th century Christmas! Marvel at the traditions of the time. It's an opportunity to revisit history through a unifying and enchanting theme.

Sir George-Étienne Cartier National Historic Site p. 13



SPECTACULAR DEMONSTRATIONS, PICNICS AND HOT-AIR BALLOONS!

Come and watch the boat lockage operations. Eight of the nine locks are still operated manually. At day's end, enjoy a picnic at lock No. 9 while observing the hot-air balloons drifting along in the August sky.

Chambly Canal National Historic Site p. 13



THE SUNDAY GARDEN PARTIES

Romantic carriage rides, games from the period, and an arts and crafts area for toddlers - Sunday garden parties at the Papineaus' are an enchanting experience.

Manoir Papineau National Historic Site p. 12

A BUSY SUMMER NEAR MONTREAL





The Fur Trade at Lachine and the Lachine Canal

Relive the fur trade saga at The Fur Trade at Lachine! Touch fur and follow the Voyageurs' trail. Visit the Atwater market to enjoy some fresh produce or take part in Lunches by the canal (a convoy of street food trucks). Ride in a kayak or pedal boat, or climb aboard the Petit Navire (Small ship)!



Chambly Canal and Fort Chambly

Hop on your bicycle and take the Route verte: The Chambly Canal offers 20 km of exceptional scenery linking Chambly and Saint-Jean-sur-Richelieu. Next, take part in the daily activities of a fort in New France: gardening, lighting a fire and making bread in the company of soldiers, soldiers' wives and bakers.



Saint-Ours Canal

It's worth your while to visit this historical canal. Discover Darvard Island, a large park with mature trees where a relaxing picnic and walk are the order of the day. Watch fish at the Vianney-Legendre Fishway. You will experience something unique.



Coteau-du-Lac and Sainte-Anne-de-Bellevue Canal

Saturday is market day at the fort at Coteau-du-Lac! The abundance of local products will make your mouth water. Have a picnic with the family! Next, go to Sainte-Anne-de-Bellevue Canal and walk along the long boardwalk that runs alongside the waterway or visit Sainte-Anne Street, where you will find a mix of restaurants and boutiques.



Carillon Canal and Carillon Barracks

Imagine a boat that can cross a 20-metre head drop in only 40 minutes! To take part in this impressive manoeuvre, go to the Carillon lock. Then visit to the Carillon Barracks, a museum that tells the secrets of early 19th century inhabitants.





BASK ON PENOUILLE BEACH

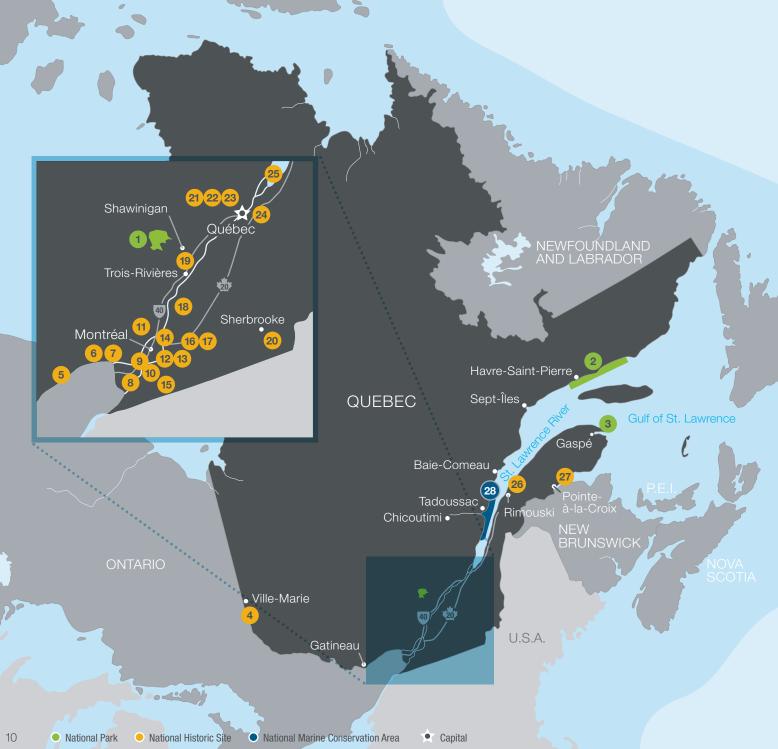
A unique peninsula, Penouille is a pleasure for families and vacationers alike. In the middle of Gaspé Bay, the immense sand beach lulls you into idleness. But be sure to get up - there's also a lot to explore!

Forillon National Park p. 12

Quebec

National Parks, National Historic Sites and National Marine Conservation Area of Canada





1 La Mauricie p. 12 2 Mingan Archipelago (Reserve) p. 12 3 Forillon p. 12 4 Fort Témiscamingue p. 12 5 Manoir Papineau p. 12 6 Carillon Barracks p. 12 7) Carillon Canal p. 12 8 Coteau-du-Lac p. 12 9 Sainte-Anne-de-Bellevue Canal p. 12 10 Battle of the Châteauguay p. 13 11 Sir Wilfrid Laurier p. 13 12 Lachine Canal p. 13 13 The Fur Trade at Lachine p. 13 14 Sir George-Étienne Cartier p. 13 15 Fort Lennox p. 13 16 Chambly Canal p. 13 17 Fort Chambly p. 13 18 Saint-Ours Canal p. 13 19 Forges du Saint-Maurice p. 14 20 Louis S. St. Laurent p. 14 21 Fortifications of Québec p. 14 22 Saint-Louis Forts and Châteaux p. 14 23 Cartier-Brébeuf p. 14 24 Lévis Forts p. 14 25 Grosse Île and the Irish Memorial p. 14 26 Pointe-au-Père Lighthouse p. 14 27 Battle of the Restigouche p. 14 28 Saguenay–St. Lawrence p. 15 Pointe-Noire Interpretation and Observation Centre p. 15 Cap-de-Bon-Désir Interpretation and Observation Centre p. 15 Marine Environment Discovery Centre p. 15

Directory

The following section provides more information on unique places and experiences in Quebec.

Services and activities legend

The legend below identifies some of the services and activities that may be available at the parks and sites. Watch for these symbols when planning your visit.

Parking	約 Backpacking/hiking
Bus parking	Horseback riding
Access for the physically disabled	J Golfing
Restaurant	찬 Tennis
#2 Gift shop	Birdwatching
Interpretation	Marine mammals
R Picnic area/shelter	Beaches
Playground	Lanoeing/Kayaking
Camping	Motorboating
Recreational vehicles	🔊 Fishing
n Parks Canada oTENTik	Scuba diving
🛱 Yurts	Rafting
X Teepees	🕮 Hot springs
🙃 Cabins	Mountain/Ice climbing
م ورون ورون ورون ورون ورون ورون ورون ورو	🗱 Winter activities
🚈 Mountain biking	



Directory

Fort Témiscamingue National Historic Site



With its 536 km² area, La Mauricie National Park is the ideal place for an outdoor escape. Hills, forests and streams are accessible any season of the year.

Saint-Jean-des-Piles - 200 km from Montréal; 190 km from Québec; 60 km from Trois-Rivières 1-819-538-3232 | parkscanada.gc.ca/mauricie



The first word that springs to mind at the mention of the Mingan Archipelago is "remote". Far from the hustle and bustle of everyday life, Mother Nature enchants with limestone sculptures, prolific marine and bird life, and the seductive sound of the sea.

Havre-Saint-Pierre 1-418-538-3285 | parkscanada.gc.ca/mingan



Forillon is a place where you can paddle with seals, watch passing whales and swim off a magnificent sandy beach all on the same day. You may even see a beaver on a walk through the forest. Gaspé

1-418-368-5505 | parkscanada.gc.ca/forillon

4 Fort Témiscamingue P1 & 🛱 🗯 🗛 🌉

Stand at the spot where an important trading post operated for two centuries. Travel into the past and enjoy a natural setting on the shores of Lake Témiscamingue.

Duhamel-Ouest, Ouebec

1-819-629-3222 | parkscanada.gc.ca/forttemiscamingue





Classified as a historic monument, the Manoir Papineau immerses visitors into the heart of the 19th century with its romantic allure of a feudal castle on a riverbank. Explore the magnificent gardens, admire the granary and take time to reflect in the funeral chapel.

Montebello – 60 km from Ottawa; 60 km from Montréal 1-819-423-6965 | parkscanada.gc.ca/manoirpapineau



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Today, there is little sign of the military occupation after the garrison departed, the building was renovated and served as a hotel for travellers. Since 1940, it has housed the Argenteuil Regional Museum.

Saint-André-d'Argenteuil – 90 km from Montréal 1-450-537-3861 | parkscanada.gc.ca/carillonbarracks Carillon Canal National Historic Site



Watch boats pass through the Carillon Canal lock, navigating a 20-metre drop in a single operation. Stop in at the museum to learn about the history of 19th century travellers.

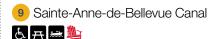
Saint-André-d'Argenteuil – 90 km de Montréal 1-450-537-3534 | parkscanada.gc.ca/carilloncanal



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The Coteau-du-Lac site is a natural stop for history lovers and outdoor enthusiasts. As the first fortified lock structure in North America, the canal is the direct ancestor of the St. Lawrence Seaway.

Coteau-du-Lac – 40 km from Montréal 1-450-763-5631 | parkscanada.gc.ca/coteau



Opened in 1843, the Sainte-Anne Canal was the main entry point for the waterway between Montréal and Kingston. Take a trip through 150 years of history. Then go to the pier for a picnic and watch the lock in operation.

Sainte-Anne-de-Bellevue – 40 km from Montréal 1-514-457-5546 | parkscanada.gc.ca/canalsteanne

12



Sir Wilfrid Laurier National Historic Site

10 Battle of the Châteauguay

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Discover the strategies behind the significant day of October 26, 1813 when outnumbered Canadian troops defeated the invading American army. Ride 14 kilometres by bike or car across the actual battlefield!

Howick – 50 km from Montréal

1-450-829-2003 | parkscanada.gc.ca/chateauguay



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Discover the life and work of famed Prime Minister Wilfred Laurier and admire an imposing collection of artifacts and old furniture in a typical house from the 19th century, in the St. Lawrence Valley.

Saint-Lin-Laurentides – 50 km from Montréal 1 888 773-8888 | parkscanada.gc.ca/laurier

12 Lachine Canal



A veritable open-air museum, the Lachine Canal recounts the beginnings of industrialization in Montreal. Explore the ingenuity of this 1825 structure. Follow its urban course, sail through the locks by boat, and enjoy an oasis in the city.

Montréal

1-514-283-6054 | parkscanada.gc.ca/lachinecanal

Sainte-Anne-de-Bellevue Canal National Historic Site



Strategically located on the fur trade route, this storage building recounts the lives of the voyageurs. Stop in at this enchanting waterfront setting in Lachine and discover the inner workings of the trade that helped shape Canada.

Lachine – 20 km from Montréal 1-514-637-7433 | parkscanada.gc.ca/fourrure



The only Victorian-style house open to the public in the city, Sir George-Étienne Cartier's home in Old Montreal offers an opportunity to become better acquainted with one of the Fathers of Confederation. **Montréal**

1-514-283-2282 | parkscanada.gc.ca/cartier



Treat yourself to a stroll through history. First, take the ferry from Saint-Paul-de-l'Île-aux-Noix then, five minutes later, step into the Fort Lennox Garrison. Built between 1819 and 1829, every nook and cranny in this British fortification has been preserved.

Saint-Paul-de-l'île-aux-Noix – 62 km from Montréal 1-450-291-5700 | parkscanada.gc.ca/fortlennox





A mere 20 km from Montreal, an oasis awaits cycling and outdoor enthusiasts: the Chambly Canal National Historic Site. Observe the locks and bridges providing passage to boaters, and in August, admire the hot-air balloons darting between the clouds. It's magical.

Chambly – 32 km from Montréal 1-450-658-6525 | parkscanada.gc.ca/chamblycanal



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The 350th anniversary of the construction of the first wooden fort at Chambly is being celebrated in 2015 - Fort Chambly sets the table for the public to taste the culinary heritage of New France's first settlers.

Chambly – 32 km from Montréal

1-450-658-1585 | parkscanada.gc.ca/fortchambly



Stroll through Darvard Island. Enjoy a hike and take in the interpretation panels that provide information about the local plants and wildlife. Have a family picnic while watching boats go through the locks. Children will be fascinated by the fish ladder, a structure unlike anything else in the world.

Saint-Ours – 75 km from Montréal 1-450-785-2212 | parkscanada.gc.ca/canalstours

Call 1-888-773-8888 or visit parkscanada.gc.ca



Saint-Ours Canal National Historic Site

19 Forges du Saint-Maurice

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From 1730 to 1883, the Forges du Saint-Maurice produced a variety of iron and cast iron products for military and domestic use. Enter the Grande Maison and immerse yourself in the history of the first industrial community in Canada.

Trois-Rivières 1-819-378-5116 | parkscanada.gc.ca/forges



Buildings dating from 1839 to 1843 are set on a picturesque property with a garden filled with trees and flowerbeds, most of which existed in Prime Minister Louis S. St. Laurent's time.

Compton – 170 km from Montréal 1-819-835-5448 | parkscanada.gc.ca/stlaurent

21 Fortifications of Québec L ∴ 10 五

The Fortifications of Québec National Historic Site consists of a number of locations in Upper Town, Lower Town and surrounding areas. Québec is the only city north of Mexico to have retained its fortifications.

Québec

1-418-648-7016 | parkscanada.gc.ca/fortifications



What actually was the work of the governor? How many Châteaux Saint-Louis were there? What was Château life like between 1620 and 1834? The answers can be found at the Saint-Louis Forts and Châteaux National Historic Site!

Québec

Quéhec

1-418-648-7016 | parkscanada.gc.ca/saintlouis





The Cartier-Brébeuf National Historic Site commemorates the wintering site of Jacques Cartier and his companions in 1535-1536 near the Iroquois village of Stadacona. It also bears witness to the establishment in 1625-1626 of the first Jesuit missionaries' residence in Québec.

1-418-648-7016 | parkscanada.gc.ca/brebeuf





The purpose of the Lévis Forts was to protect Quebec City against an American invasion. Visit Fort No. 1 to discover its history as well as military strategies, and enjoy the splendid panorama as well.

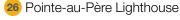
Lévis – 25 km from Québec City 1-418-835-5182 | parkscanada.gc.ca/levis Forges du Saint-Maurice National Historic Site



The Grosse Île and the Irish Memorial National Historic Site offers a glimpse into a tragic episode in Canada's history. Thousands of immigrants left a mark on this territory. Walk in their footsteps!

Île-aux-Grues, Québec – 48 km from Québec

1-418-234-8841 | parkscanada.gc.ca/grosseile



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The Pointe-au-Père navigational aid station, among the most important in Canada, helps us better understand the complexity of the St. Lawrence River and the role played by its lighthouse, one of the tallest in the country. **Rimnuski**

1-418-724-6214 | parkscanada.gc.ca/pharepointeaupere



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Relive the last naval battle between France and England for possession of American territory at the Battle of Restigouche National Historic Site. As well, discover the remains of the wreck of the Machault which has been under water for over 200 years!

Pointe-à-la-Croix 1-418-788-5676 | parkscanada.gc.ca/ristigouche



 Pointe-au-Père Lighthouse National Historic Site

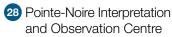
Louis S. St. Laurent National Historic Site

28 Saguenay–St. Lawrence Marine Park

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Watch whales and learn about the fascinating mammals and their habitat at the Saguenay-St. Lawrence Marine Park, recognized as one of the best places in the world for whale watching.

Tadoussac – 466 km from Montréal; 211 km from Québec 1-418-235-4703 | www.marinepark.qc.ca



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Enjoy one of the best places to view the Saguenay Fjord and to watch belugas and other whales in their natural habitat. Meet interpretive guides and see exhibits in this place that was formerly inhabited by lighthouse keepers.

Baie-Sainte-Catherine – 465 km from Montréal; 210 km from Québec 1-418-237-4383 (in season) 1-418-235-4703 (off season) parkscanada.gc.ca/saguenay



Battle of Restigouche National Historic Site

28 Cap-de-Bon-Désir Interpretation and Observation Centre

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The Cap-de-Bon-Désir is the best place to observe whales, seals and seabirds near the shore. Family activities are offered daily in the summer. Discover the history of the lighthouse and its keepers.

Bergeronnes – 245 km from Québec; 500 km from Montréal 1-418-232-6751 (in season) 1-418-235-4703 (off season) parkscanada.gc.ca/saguenay





Explore one of the most beautiful underwater worlds in North America and discover the marine life that lives there. Activities for the whole family are offered daily during the summer. The exhibit reveals the secrets of marine life.

Les Escoumins 505 km from Montréal; 250 km from Québec 1-418-233-4414 (in season) 1-418-235-4703 (off season) parkscanada.gc.ca/saguenay





Common Loon

You can see the emblem of our dollar, or "loonie," on the famous Wapizagonke Lake in La Maurice. Did you know there is usually only one couple per lake? Around the crackling fire, listen to the haunting call of the Common Loon.



Humpback Whale

Every year, Humpback Whales travel thousands of kilometres between Quebec and the Caribbean Sea where they give birth. They can be found in the Estuary and the Gulf of St. Lawrence near Mingan Archipelago, the Saguenay-St. Lawrence Marine Park and Forillon where there is an abundance of krill and small fish.



Black-Legged Kittiwake

Did a Black-Legged Kittiwake steal one of your French fries? No. It was a seagul!! Get out your binoculars and head to Forillon where you will see the largest colony of REAL Black-Legged Kittiwakes in Eastern Canadal The park's immense shore cliffs are home to tens of thousands of seabirds that go there to nest and raise their offspring.



White-Tailed Deer

The White-Tailed Deer is commonly found in Quebec. Its offspring, the fawn, is able to stand a few minutes after birth. The best time to spot one is at dawn or dusk. You will easily recognize it when it is running and its small white tail is raised.



Atlantic Puffin

The Atlantic Puffin is nicknamed "Sea Parrot" because of its multi-coloured beak. It is awkward in flight but does well in water. It can hold its breath for more than one minute! The Atlantic Puffin and 35,000 pairs of birds await you at the Mingan Archipelago.

Give these animals the space they need. Your responsible behaviour contributes to the survival of wildlife – and your own safety!

Parks Canada Discovery Pass

Enjoy **unlimited opportunities** to experience nearly 100 places that charge entry fees for a *full year!*

- Provides faster entry and greater convenience;
- Makes a great gift idea;
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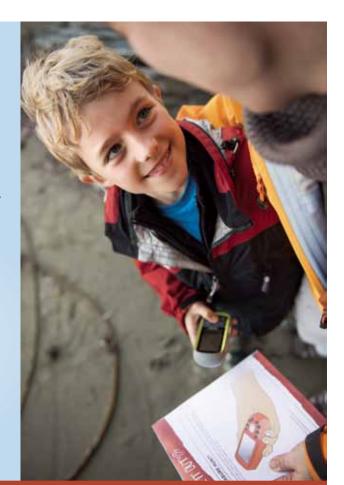




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