



Discover
PARKS CANADA
in Quebec

CANADA
150 



 Forillon National Park

CELEBRATE CANADA'S 150th!



2017 marks the 150th anniversary of Canadian Confederation and we invite you to celebrate with Parks Canada! Get curious about Canada's unique natural treasures, hear stories about Indigenous cultures, learn to camp and paddle and celebrate the 100th anniversary of Canada's national historic sites with us.

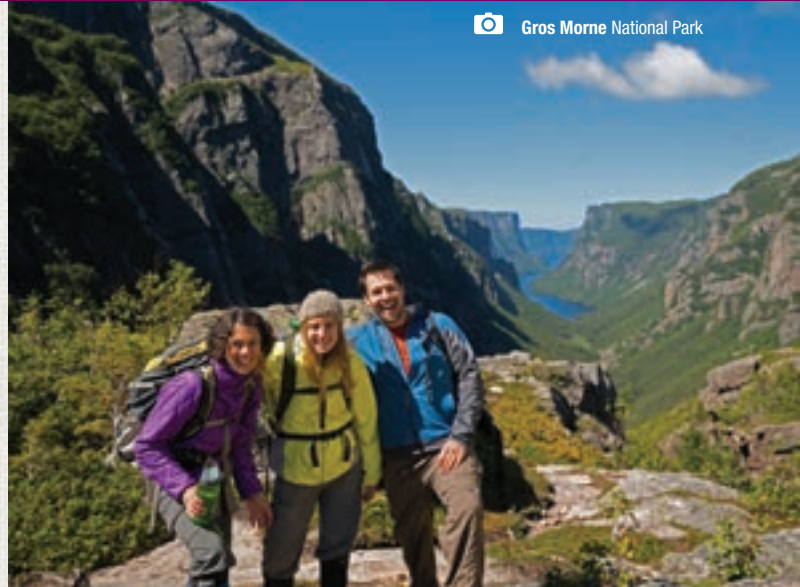
YOUR FREE PASS TO DISCOVERY

As Canada's gift to you, the 2017 Discovery Pass provides free admission for the entire year to Parks Canada places from coast-to-coast-to-coast!

Get your pass now at www.parkscanada.gc.ca or by calling 1-888-773-8888.



#ShowUsYourPass



DISCOVER CANADA CONTEST

Enter the Discover Canada Contest for a chance to win an unforgettable 7 day trip for four to Western Newfoundland, 1 of 3 weekend getaways in a Parks Canada oTENTik, Parks Canada merchandise and more!

Contest closes on September 30, 2017.

In collaboration with:



The good news doesn't end in 2017;
beginning in 2018, admission for children under 18 is free!

WELCOME!



La Mauricie National Park



Fort Chambly National Historic Site



Mingan Archipelago National Park Reserve

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Discover Parks Canada!

Whether you're looking for **adventure, fun for the whole family**, or **a break from the everyday**, Parks Canada has countless unique experiences to suit your needs. Climb a rock face, discover sea creatures on the ocean floor, have a family picnic, or snuggle up by a warm fire.

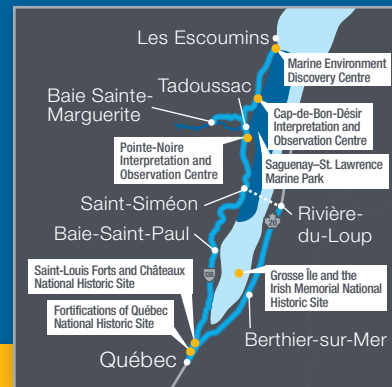
There's never been a better time to visit!



FROM OLD QUÉBEC TO WHALE COUNTRY

7 DAYS

Québec City and the Saguenay–St. Lawrence Marine Park, via Grosse Île



ITINERARY & SIGHTSEEING



DAY 1

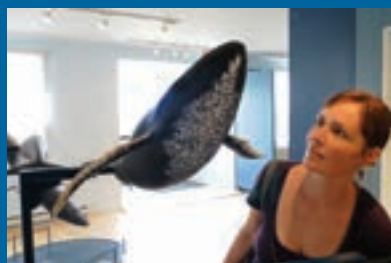
Québec City

Start off by exploring the historic district of Old Québec! Wander through the Old Town and walk along the original fortifications.

Relive a fascinating history as you walk along the Fortifications of Québec ramparts with a Parks Canada guide. Discover the lesser-known streetscapes and heritage of the Old Town only accessible on this guided tour.

In the afternoon, explore the Saint-Louis Forts and Châteaux. Take in the history of a site where decisions that affected all of North America were made and experience life in a château.

Enjoy the river view as you cross Dufferin Terrace. Don't forget to take a family photo near a cannon with famous Château Frontenac in the background!



DAY 2

Québec City to Berthier-sur-Mer, 70 km

Head to Berthier-sur-Mer! Take a boat ride to explore Grosse Île and the Irish Memorial. Follow in the footsteps of four million immigrants who made the long voyage across the Atlantic and live their arrival experience with *Nurse Sarah Wade's Medical Examination*.

As you continue your journey, you will arrive at Rivière-du-Loup by day's end. Follow the road along the river and discover some of the most charming villages in Québec. There are many places of interest for tourists, including some serving excellent local cuisine.

Rivière-du-Loup, 144 km

DAY 3

Ferry from Rivière-du-Loup to Saint-Siméon (1.5 hours) then to Baie-Sainte-Catherine, 34 km

All aboard! You are crossing the majestic St. Lawrence River. Be on the lookout for beluga whales and other marine mammals. Welcome to the Saguenay–St. Lawrence Marine Park!

Your first stop is Pointe-Noire Interpretation and Observation Centre. It's ideal for a picnic and for observing beluga whales in the Saguenay Fjord. In the afternoon, visit the exhibit and take part in a geocaching activity.



DAY 4

Tadoussac

Slip on your windbreaker and come aboard for a whale-watching cruise. You are gazing at the horizon when you hear a loud splash! A WHALE! The excitement is at its height. You will never forget the wonder in the eyes of those by your side. Spend the afternoon strolling through the village or playing on the beach.





© Parks Canada / E. Le Bel

DAY 5

Immerse yourself in the heart of the St. Lawrence as you make your way to the Marine Environment Discovery Centre. A range of activities is presented throughout the week: *Live from Beneath the St. Lawrence River*, *Estuary Punch*, *The Sharks of the St. Lawrence*, etc. Which one will you choose?

Follow The Whale Route and go hiking in Sainte-Marguerite Bay. Equipped with your backpacks or your bicycles, a 3-km hike will lead you to the lookout. Be patient, you might see some beluga whales.

DAY 6

Play low-tide hide-and-seek at Cap de Bon-Désir. In the company of an interpretive guide, look for crustaceans, molluscs and algae with intriguing bubbles. Enjoy the *30 Feet into Neptune's World* activity, where you can touch the rough skin of a starfish and see a real live crab up close.



© Subh2o.net / Richard Larocque

DAY 7

Tadoussac to Québec City, 215 km

Go back to Québec City via the highway running along our majestic St. Lawrence River and enjoy one of the most scenic drives in Quebec.

Enjoy magnificent seascapes, mountain scenery and views of steep cliffs, riverside coves, imposing country houses and pretty villages along this winding highway, and watch for the many lookout points with breathtaking views.

As you cross through our beautiful Charlevoix Region, stop for a bit in the picturesque village of Baie-Saint-Paul.

AN OTENTIK WINTER EXPERIENCE!

3 DAYS

La Mauricie National Park



ITINERARY & SIGHTSEEING



DAY 1

Saint-Jean-des-Piles

200 km from Montréal, 190 km from Québec

Finished school and work? Head out for a fabulous weekend at La Mauricie National Park! What could be better than a barbecue in the middle of winter? Get settled in your oTENTik—a cross between a tent and a rustic cabin—wood-heated, of course! Bundle-up warmly around the campfire, savour your hot chocolate with a hint of . . . marshmallows!



DAY 2

After a good breakfast, put on your snowshoes, grab your GPS (or compass) and take the snow tag challenge! Watch out Picasso! Trace a drawing on the snowy surface of a lake or release your inner creativity by making your own tag on the snow. Go to the closest lookout to admire your masterpiece. Share it on Facebook, Twitter and Instagram!



DAY 3

Make the most of your stay and admire the park's magnificent winter landscapes as you go Nordic walking or cross country skiing along 80 km of groomed, marked trails. Whether you prefer classic style or free style skiing, there are heated shelters along the trails where you can take a break. Guaranteed fun!



DISCOVER OTHER ITINERARIES
AND PLAN YOUR VISIT AT WWW.PARKSCANADA.GC.CA/VISIT

FROM TRADITIONAL... TO ORIGINAL!



1 LEARN TO CAMP

Want to experience the pleasure of a fun and safe camping trip but just need a helping hand? Register for a Learn-to Camp event and learn how to set up a tent or cook over an open fire.

Lévis Forts National Historic Site, June 10 and 11, 2017 p. 14
La Mauricie National Park, July 30 and 31, 2017 p. 12

2 ALONE WITH NATURE... OR NEARLY ALONE!

Fall asleep on an island to the sounds of lapping waves just a few steps from your tent. Dream of the songs of whales in harmony with the sounds of seals. Is this all just a dream?

Mingan Archipelago National Park Reserve p. 12



3 CANOE AND CAMPING, THE PERFECT STAY!

What's the ideal family vacation? Canoe-camping on the shores of Wapizagonke Lake with a private beach, picnics and marshmallows roasted over an open fire!

La Mauricie National Park p. 12



4 MICRO-CUBE CONTEMPORARY CAMPING

Something new at Forillon National Park! This mini hotel room in the middle of nature offers a double bed, two chairs and a table for a unique experience for two.

Forillon National Park p. 12



5 AN OTENTIK GETAWAY NEAR MONTRÉAL

Take a break from the everyday with your friends and family. Discover this wonderful site and its surroundings and stay the night in one of our new oTENTiks for a comfortable night's sleep on nature's doorstep.

Saint-Ours Canal National Historic Site p. 13

HIDDEN GEMS

STAFF FAVOURITES



PENOUILLE TAIGA

“A special type of vegetation grows on the Penouille sand spit in **Forillon National Park**. There you will find a barren boreal forest (called a taiga) that is a remarkable occurrence for this low altitude. It is a bit like stepping into the Great North but you are only a few steps away from the town of Gaspé.”

Emilie – Public Relations and Communications Officer



POWDER MAGAZINE AERATION TUNNEL

“Inside the walls of Fort No. 1 at the **Lévis Forts National Historic Site** there is a powder magazine that was used to store barrels of black powder. The darkness and length of the tunnel, along with the humidity, get to me every time and shroud this passage in mystery.”

Marie-Claire – Administrative Services Officer



NORDIC SNORKELING

“Diving into cold water is a challenge that I am proud to say I took at the **Saguenay-St. Lawrence Marine Park**. It was so exciting to explore the ocean in a diving suit, flippers and mask! When the ocean is calm, you can even see animals.”

Laurie – Public Outreach Education Officer



COOLER’S BASTION CASEMATE

“Located at the **Fortifications of Québec National Historic Site**, this bomb-proof building impresses greatly with its unexpected size. It has been closed to the public for the last few years, but restoration work has recently been completed. We cannot wait for you to see it.”

Simon – Interpretation Officer-Coordinator



DARVARD ISLAND

“At the **Saint-Ours Canal National Historic Site**, Darvard Island is a real gem in the heart of the Richelieu River. It is an enchanting place to go for a picnic, fishing or watch the boats go through the lock. You can even stay overnight in an oTENTik now! ”

Alexandre – Technical Services Officer



FARGEON PERFUME JAR

“This perfume jar is part of a collection of 500,000 artefacts recovered at the **Saint-Louis Forts and Châteaux National Historic Site** and it is my favourite. Containing a high-quality scented ointment, it was meant for a lady like Marie-Antoinette. It demonstrates France’s influence on England in the area of fashion and good taste.”

Crescence – Promotion Officer



PARKER FALLS

“A hidden gem in **La Mauricie National Park**, the falls can be accessed from the Saint-Gérard entrance, just a few minutes from the Domaine Wabenaki-Andrew. What would be better than dipping your feet in crystal-clear water after a nice walk through the forest? If you are looking to swim, have a picnic or simply admire the view, Parker Falls are definitely worth it.”

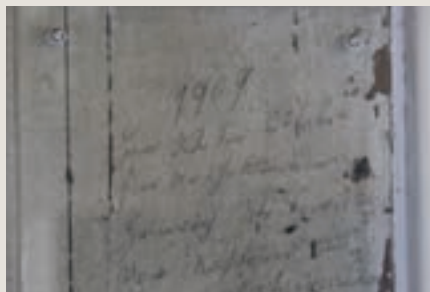
Vicky – Visitor Experience Product Development Officer



DONNACONA AND JACQUES CARTIER COMMEMORATIVE MONUMENT

“For me, this monument at the **Cartier-Brébeuf National Historic Site** is a gem in the way it represents the meeting of two ways of life. Composed of two stela and a strip of granite, this monument invokes the ocean that divides the two continents or the river marking the path to the meeting place.”

Jacinthe – Interpretation Officer-Coordinator



LAZARETTO GRAFFITI

“The Lazaretto at the **Grosse-Île and the Irish Memorial National Historic Site** is a testament to the many tragedies that occurred on the island. Serving as a hospital, several sick immigrants left various forms of graffiti like a boat or a marking of the days spent there. They bear witness to the passage of these quarantined people.”

Géraldine – Product Development Officer



THE CASTLE AND THE ZOO

“On Grande Île, in the western sector of the **Mingan Archipelago National Park Reserve**, there are monoliths proudly facing the turquoise and translucent ocean. These grandiose natural sculptures were named due to their resemblance to a castle and animals. You can see a bear, an elephant, a turtle, a duck, an eagle, a sheep, a wolf and other animals shaped out of the stone.”

Sarah – Public Outreach Education Officer

MARK YOUR CALENDAR 2017



MISSION CARTIER-BRÉBEUF

Participate in the largest outdoor rally! The course is filled with challenges where physical ability, historical enigmas and nature all meet. We will be expecting you!

Cartier-Brébeuf
National Historic Site p. 14



FOLK FESTIVAL

Discover folk, traditional and acoustic music from all over Quebec and abroad.

Lachine Canal National Historic Site p. 13



PARC DES ATELIERS: SUR L'AIR DE CHAMBLY

Every Wednesday evening from late June to mid-August, enjoy open-air concerts by Quebec artists in the heart of Vieux-Chambly, only steps away from locks 1, 2 and 3 on the Chambly Canal.

Chambly Canal
National Historic Site p. 13



CANADA DAY

Take part in a family celebration as part of the 150th anniversary of Canadian Confederation: special programming and Canada Day cake on Terrasse Dufferin.

Saint-Louis Forts and Châteaux
National Historic Site p. 14



JULY
22

CARTIER DAY

Join us for this great family event! You can even meet the explorer Jacques Cartier!

Cartier-Brébeuf
National Historic Site p. 14



JULY
22-29

SAGUENAY-ST. LAWRENCE BIOBLITZ

Come count, identify and observe species as part of this activity where you can survey and discover the diversity of aquatic life at the Marine Environment Discovery Centre.

Saguenay-St. Lawrence
Marine Park p. 15



SEPT.
2-3

ESCOUMINS MARINE FESTIVAL

Attend film screenings and watch live images filmed by divers on a nighttime dive.

Saguenay-St. Lawrence
Marine Park p. 15



JULY
2017

MINGAN BIOBLITZ

Develop new skills and discover the stunning diversity of plants on Île Quarry during this survey activity.

Mingan Archipelago
National Park Reserve p. 12

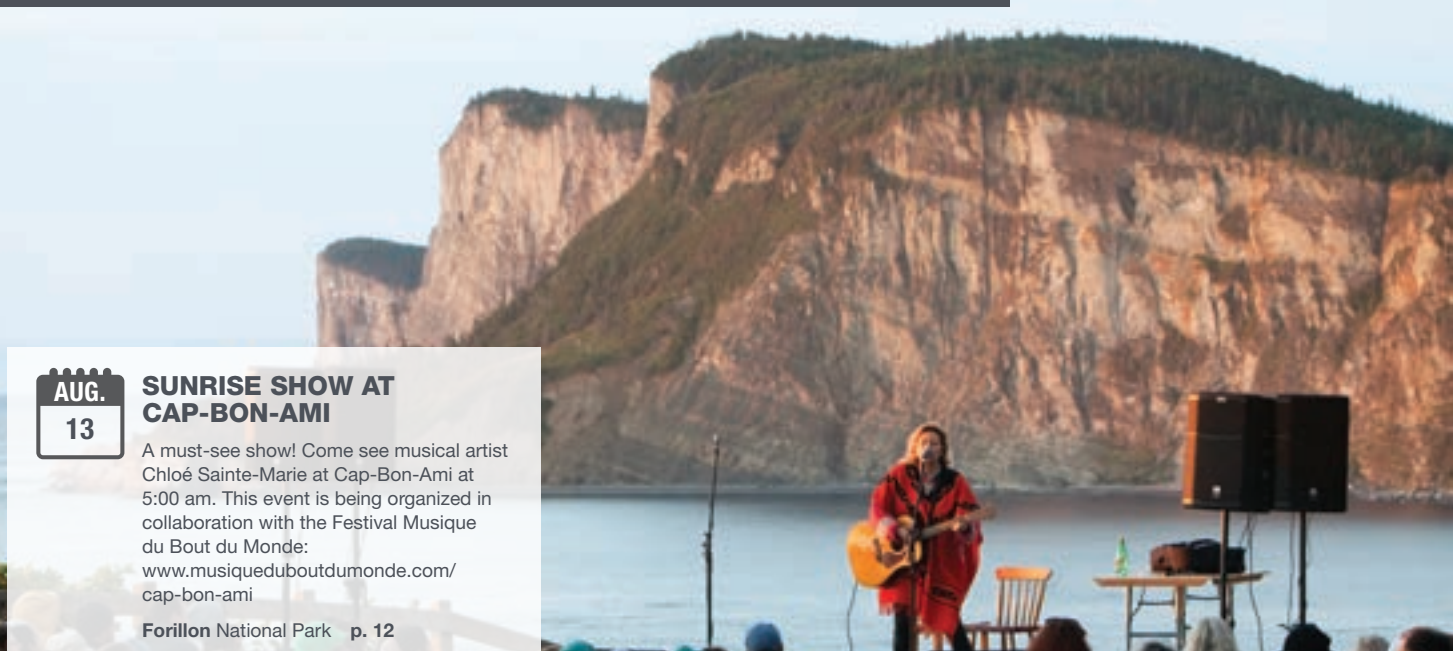


SUMMER
2017

WITNESS TO A GREAT NATION

Discover the richness of Innu culture in an activity that combines natural marvels and rich heritage.

Mingan Archipelago
National Park Reserve p. 12



AUG.
13

SUNRISE SHOW AT CAP-BON-AMI

A must-see show! Come see musical artist Chloé Sainte-Marie at Cap-Bon-Ami at 5:00 am. This event is being organized in collaboration with the Festival Musique du Bout du Monde: www.musiqueduboutdumonde.com/cap-bon-ami

Forillon National Park p. 12

Quebec

National Parks, National Historic Sites
and National Marine Conservation Area of Canada



QUEBEC

NEWFOUNDLAND
AND LABRADOR

Havre-Saint-Pierre
Sept-Îles

Gulf of St. Lawrence

St. Lawrence River

Gaspé

P.E.I.

NEW
BRUNSWICK

NOVA
SCOTIA

ONTARIO

Québec

U.S.A.

Ville-Marie

Gatineau



Directory

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Observation Centre p. 15
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Services and activities legend

The legend below identifies some of the services and activities that may be available at the parks and sites. Watch for these symbols when planning your visit.

 Parking	 Horseback riding
 Bus parking	 Golfing
 Access for the physically disabled	 Tennis
 Restaurant	 Birdwatching
 Gift shop	 Marine mammals
 Interpretation	 Beaches
 Picnic area/Shelter	 Canoeing/Kayaking
 Playground	 Motorboating
 Camping	 Fishing
 Recreational vehicles	 Scuba diving
 oTENTik	 Rafting
 Yurts	 Hot springs
 Teepees	 Mountain/Ice climbing
 Cabins	 Winter activities
 Cycling	 Wi-Fi (in certain areas only)
 Mountain Biking	 Dark Sky Preserve
 Backpacking/Hiking	



40+ red chairs

waiting to be discovered in Quebec
#SHARETHECHAIR

Directory



Lachine Canal National Historic Site



Forges du Saint-Maurice National Historic Site

1 La Mauricie



With its 536 km² area, La Mauricie National Park is the ideal place for an outdoor escape. Hills, forests and streams are accessible any season of the year.

**Saint-Jean-des-Piles – 200 km from Montréal;
150 km from Québec; 60 km from Trois-Rivières**
1-819-538-3232 | parkscanada.gc.ca/mauricie
#MauricieNP

2 Mingan Archipelago



The first word that springs to mind at the mention of the Mingan Archipelago is "remote". Far from the hustle and bustle of everyday life, Mother Nature enchants with limestone sculptures, prolific marine and bird life, and the seductive sound of the sea.

Havre-Saint-Pierre
1-418-538-3285 | parkscanada.gc.ca/mingan
@MinganNPR

3 Forillon



Forillon is a place where you can paddle with seals, watch passing whales and swim off a magnificent sandy beach all on the same day. You may even see a beaver on a walk through the forest.

Gaspé
1-418-368-5505 | parkscanada.gc.ca/forillon
@ForillonNP | #ForillonNP

4 Fort Témiscamingue



Stand at the spot where an important trading post operated for two centuries. Travel into the past and enjoy a natural setting on the shores of Lake Témiscamingue.

Duhamel-Ouest, Quebec
1-819-629-3222 | parkscanada.gc.ca/forttemiscamingue
#FortTemiscamingue

5 Manoir-Papineau



Classified as a historic monument, the Manoir-Papineau immerses visitors into the heart of the 19th century with its romantic allure of a feudal castle on a riverbank. Explore the magnificent gardens and enjoy this enchanting setting with a cup of tea.

Montebello – 60 km from Ottawa; 60 km from Montréal
1-819-423-6965 | parkscanada.gc.ca/manoirpapineau
#ManoirPapineau

6 Carillon Barracks



Today, there is little sign of the military occupation – after the garrison departed, the building was renovated and served as a hotel for travellers. Since 1940, it has housed the Argenteuil Regional Museum.

Saint-André-d'Argenteuil – 90 km from Montréal
1-450-537-3861 | parkscanada.gc.ca/carillonbarracks
#CarillonBarracks

7 Carillon Canal



Watch boats pass through the Carillon Canal lock, navigating a 20-metre drop in a single operation. Stop in at the museum to learn about the history of 19th century travellers.

Saint-André-d'Argenteuil – 90 km from Montréal
1-450-537-3534 | parkscanada.gc.ca/carilloncanal
@QuebecCanals | #CarillonCanal

8 Coteau-du-Lac



The Coteau-du-Lac site is a natural stop for history lovers and outdoor enthusiasts. As the first fortified lock structure in North America, the canal is the direct ancestor of the St. Lawrence Seaway.

Coteau-du-Lac – 40 km from Montréal
1-450-763-5631 | parkscanada.gc.ca/coteau
#Coteaulac

9 Sainte-Anne-de-Bellevue Canal



Opened in 1843, the Sainte-Anne Canal was the main entry point for the waterway between Montréal and Kingston. Take a trip through 150 years of history. Then go to the pier for a picnic and watch the lock in operation.

Sainte-Anne-de-Bellevue – 40 km from Montréal
1-514-457-5546 | parkscanada.gc.ca/canalsteanne
@QuebecCanals | #SteAnneDeBellevueCanal





Sir Wilfrid Laurier National Historic Site



Sainte-Anne-de-Bellevue Canal National Historic Site



The Fur Trade at Lachine National Historic Site

10 Battle of the Châteauguay



Discover the strategies behind the significant day of October 26, 1813 when outnumbered Canadian troops defeated the invading American army. Ride 14 kilometres by bike or car across the actual battlefield!

Howick –

50 km from Montréal

1-450-829-2003 | parkscanada.gc.ca/chateauguay

#BatailledelaChateauguay

11 Sir Wilfrid Laurier



Discover the life and work of famed Prime Minister Wilfred Laurier and admire an imposing collection of artifacts and old furniture in a typical house from the 19th century, in the St. Lawrence Valley.

Saint-Lin-Laurentides – 50 km from Montréal

1-450-439-3702 | parkscanada.gc.ca/laurier

#Sirwilfridlaurier

12 Lachine Canal



A veritable open-air museum, the Lachine Canal recounts the beginnings of industrialization in Montreal. Explore the ingenuity of this 1825 structure. Follow its urban course, sail through the locks by boat, and enjoy an oasis in the city.

Montréal

1-514-283-6054 | parkscanada.gc.ca/lachinecanal

@LachineCanal | #LachineCanal

13 The Fur Trade at Lachine



Strategically located on the fur trade route, this storage building recounts the lives of the voyageurs. Stop in at this enchanting waterfront setting in Lachine and discover the inner workings of the trade that helped shape Canada.

Lachine – 20 km from Montréal

1-514-637-7433 | parkscanada.gc.ca/fourrure

#FurTradeLachine

14 Sir George-Étienne Cartier



The only Victorian-style house open to the public in the city, Sir George-Étienne Cartier's home in Old Montreal offers an opportunity to become better acquainted with one of the Fathers of Confederation.

Montréal

1-514-283-2282 | parkscanada.gc.ca/cartier

#Sirgeorgeetiennecartier

15 Fort Lennox



Treat yourself to a stroll through history. First, take the ferry from Saint-Paul-de-l'Île-aux-Noix then, five minutes later, step into the Fort Lennox Garrison. Built between 1819 and 1829, every nook and cranny in this British fortification has been preserved.

Saint-Paul-de-l'Île-aux-Noix – 62 km from Montréal

1-450-291-5700 | parkscanada.gc.ca/fortlennox

#FortLennox

16 Chambly Canal



An oasis awaits bike and outdoor enthusiasts only 30 km from Montreal: Chambly Canal. Watch the locks and bridges give passage to boaters all summer long, and in August it's time to admire hot air balloons floating through the clouds. Magic!

Chambly – 30 km from Montréal

1-450-658-0681 | parkscanada.gc.ca/chamblycanal

@QuebecCanals | #ChamblyCanal

17 Fort Chambly



This year, dive into a period chef's pantry for a Taste of Nouvelle-France while discovering what life was like for New France's first settlers. On the agenda: costumed interpretations and themed exhibits.

Chambly – 32 km from Montréal

1-450-658-1585 | parkscanada.gc.ca/fortchambly

#FortChambly

18 Saint-Ours Canal



Stroll through Darvard Island. Enjoy a hike and take in the interpretation panels that provide information about the local plants and wildlife. Have a family picnic while watching boats go through the locks. Children will be fascinated by the fish ladder, a structure unlike anything else in the world.

Saint-Ours – 75 km from Montréal

1-450-785-2212 | parkscanada.gc.ca/canalstours

@QuebecCanals | #StOursCanal



Battle of the Restigouche National Historic Site



Louis S. St. Laurent National Historic Site

19 Forges du Saint-Maurice



From 1730 to 1883, the Forges du Saint-Maurice produced a variety of iron and cast iron products for military and domestic use. Enter the Grande Maison and immerse yourself in the history of the first industrial community in Canada.

Trois-Rivières
1-819-378-5116 | parkscanada.gc.ca/forges
#ForgesStMaurice

20 Louis S. St. Laurent



Enter a general store from the turn of the 20th century and immerse yourself in a social world from a different time. Discover the post-war effervescence through a multimedia experience of the life and work of an illustrious Canadian prime minister. Visit his childhood home and take in the collection of more than 5,000 historical objects.

Compton – 170 km from Montréal
1-819-835-5448 | parkscanada.gc.ca/stlaurent
#LouisStLaurent

21 Fortifications of Québec



This historical site commemorates the defensive system put in place between 1608 and 1871 in Quebec City. Come discover the rich military past of Quebec City, the only city north of Mexico to have preserved its fortifications, earning it a spot on UNESCO's list of world heritage sites.

Québec
1-418-648-7016 | parkscanada.gc.ca/fortifications
#FortificationsQC

22 Saint-Louis Forts and Châteaux



What actually was the work of the governor? How many Châteaux Saint-Louis were there? What was Château life like between 1620 and 1834? The answers can be found at the Saint-Louis Forts and Châteaux National Historic Site!

Québec
1-418-648-7016 | parkscanada.gc.ca/saintlouis
#DufferinTerrace

23 Cartier-Brébeuf



The Cartier-Brébeuf National Historic Site commemorates the wintering site of Jacques Cartier and his companions in 1535-1536 near the Iroquois village of Stadacona. It also bears witness to the establishment in 1625-1626 of the first Jesuit missionaries' residence in Québec.

Québec
1-418-648-7016 | parkscanada.gc.ca/brebeuf
#CartierBrébeuf

24 Lévis Forts



The purpose of the Lévis Forts was to protect Quebec City against an American invasion. Visit Fort No. 1 to discover its history as well as military strategies, and enjoy the splendid panorama as well.

Lévis – 25 km from Québec City
1-418-835-5182 | parkscanada.gc.ca/levis
#LévisForts

25 Grosse Île and the Irish Memorial



The Grosse Île and the Irish Memorial National Historic Site offers a glimpse into a tragic episode in Canada's history. Thousands of immigrants left a mark on this territory.

Île-aux-Grues, Québec – 48 km from Québec
1-418-234-8841 | parkscanada.gc.ca/grosseile
#Grosseîle

26 Pointe-au-Père Lighthouse



The Pointe-au-Père navigational aid station, among the most important in Canada, helps us better understand the complexity of the St. Lawrence River and the role played by its lighthouse, one of the tallest in the country.

Rimouski
1-418-724-6214 | parkscanada.gc.ca/pharepointeaupere

27 Battle of the Restigouche



Relive the last naval battle between France and England for possession of American territory at the Battle of Restigouche National Historic Site. As well, discover the remains of the wreck of the Machault which has been under water for over 200 years!

Pointe-à-la-Croix
1-418-788-5676 | parkscanada.gc.ca/ristigouche



Halifax Citadel National Historic Site



Looking for a great way to have fun as a family?

Get the booklet.
Do the challenges.
Get the reward!



Chamby Canal National Historic Site



Forillon National Park



Battle of the Châteauguay National Historic Site

28 Saguenay–St. Lawrence Marine Park



Watch whales and learn about the fascinating mammals and their habitat at the Saguenay–St. Lawrence Marine Park, recognized as one of the best places in the world for whale watching.

Tadoussac – 466 km from Montréal; 211 km from Québec
1-418-235-4703

www.parckcanada.gc.ca/saguenay
and www.marinepark.qc.ca
#SSLMarinePark

28 Pointe-Noire Interpretation and Observation Centre



Enjoy one of the best places to view the Saguenay Fjord and to watch belugas and other whales in their natural habitat. Meet interpretive guides and see exhibits in this place that was formerly inhabited by lighthouse keepers.

Baie-Sainte-Catherine – 465 km from Montréal; 210 km from Québec

1-418-237-4383 (in season) | 1-418-235-4703 (off season)
www.parckcanada.gc.ca/saguenay
and www.marinepark.qc.ca

28 Cap-de-Bon-Désir Interpretation and Observation Centre



The Cap-de-Bon-Désir is the best place to observe whales, seals and seabirds near the shore. Family activities are offered daily in the summer. Discover the history of the lighthouse and its keepers.

Bergeronnes – 245 km from Québec; 500 km from Montréal
1-418-232-6751 (in season) | 1-418-235-4703 (off season)

www.parckcanada.gc.ca/saguenay
and www.marinepark.qc.ca

28 Marine Environment Discovery Centre



Explore one of the most beautiful underwater worlds in North America and discover the marine life that lives there. Activities for the whole family are offered daily during the summer. The exhibit reveals the secrets of marine life.

Les Escoumins

505 km from Montréal; 250 km from Québec
1-418-233-4414 (in season) | 1-418-235-4703 (off season)

www.parckcanada.gc.ca/saguenay
and www.marinepark.qc.ca

The Wild Side



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Common Loon

You can see the emblem of our dollar, or “loonie,” on the famous Wapizagonke Lake in La Maurice. Did you know there is usually only one couple per lake? Around the crackling fire, listen to the haunting call of the Common Loon.

Humpback Whale

Every year, Humpback Whales travel thousands of kilometres between Quebec and the Caribbean Sea where they give birth. They can be found in the Estuary and the Gulf of St. Lawrence near Mingan Archipelago, the Saguenay–St. Lawrence Marine Park and Forillon where there is an abundance of krill and small fish.

Black-Legged Kittiwake

Did a Black-Legged Kittiwake steal one of your French fries? No. It was a seagull! Get out your binoculars and head to Forillon where you will see the largest colony of REAL Black-Legged Kittiwakes in Eastern Canada! The park’s immense shore cliffs are home to tens of thousands of seabirds that go there to nest and raise their offspring.

White-Tailed Deer

The White-Tailed Deer is commonly found in Quebec. Its offspring, the fawn, is able to stand a few minutes after birth. The best time to spot one is at dawn or dusk. You will easily recognize it when it is running and its small white tail is raised.

Atlantic Puffin

The Atlantic Puffin is nicknamed “Sea Parrot” because of its multi-coloured beak. It is awkward in flight but does well in water. It can hold its breath for more than one minute! The Atlantic Puffin and 35,000 pairs of birds await you at the Mingan Archipelago.

Give these animals the space they need. Your responsible behaviour contributes to the survival of wildlife – and your own safety!

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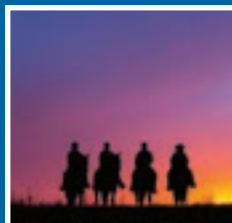
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