



parkscanada.gc.ca

# Experience

the National Parks and National Historic Sites  
in Western Canada

Alberta • British Columbia



Banff National Park ©Travel Alberta

Discover over **25** experiences

Visitor's Guide



Parks Canada  
Parcs Canada

Canada

# Welcome to Western Canada

## Parks Canada

### Proudly bringing you Western Canada at its best

Watch a grey whale diving deep off Pacific Rim, ice crashing off a glacier in Jasper, or an arrow-straight chevron of geese honking over Wood Buffalo. Marvel in a child's fascination of the journey of water as she listens to it percolating upwards, at the Cave and Basin. In Gwaii Haanas, listen to the ancient moss-covered mortuary poles of SGang Gwaay speak to you of the Haida's respect for spiritual values. At the Bar U Ranch, learn about men and women who roped, wrangled and rode their way into cowboy history.

These are the national parks and national historic sites of British Columbia and Alberta that will stir your emotions. Hear their stories. Feel them!

Explore Western Canada! Experience these special places and unearth them through "Real.Inspiring" themes: Quest for uniqueness, Fascinating people, Simply breathtaking, The ideal getaway and Live what is real. Not only will you learn more about the stories and passions of this remarkable part of Canada, you will discover more about yourself.



#### Parks Canada's Mandate

On behalf of the people of Canada, we protect and present nationally significant examples of Canada's natural and cultural heritage and foster public understanding, appreciation and enjoyment in ways that ensure their ecological and commemorative integrity for present and future generations.

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# Quest for uniqueness

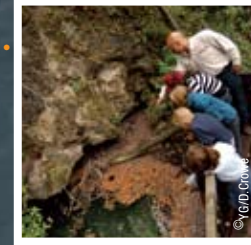
Seek the extraordinary in the national parks and national historic sites of Alberta and British Columbia. Challenge yourself with wilderness treks. Stimulate your senses with never-seen-before creatures and life forms cemented in time. Immerse yourself in a lifestyle and culture unlike your own. Take the plunge and try something new.

## 5 ideas to experience Quest for uniqueness

### Home is Where the Warmth Is

Orchids. Tropical fish. Slithering garter snakes. Endangered snails. In Banff? The Cave and Basin National Historic Site is host to a variety of plants and critters that thrive in the special environment created by thermal spring waters. Take time to look at this fragile, diverse ecosystem and meet these interesting locals at the birthplace of Canada's National Park system.

Cave and Basin National Historic Site, AB – p. 23



### Wranglin', Ropin' & Reminiscin'!

Sample some tasty bannock and cowboy coffee at Roundup Camp at Bar U Ranch National Historic Site. Sit yourself down around a blazing campfire and take in some historic tales of high adventure on the range. You'll be carried back to a simpler time when entertainment was based on storytelling, cowboy poetry and music.

Bar U Ranch National Historic Site  
AB – p. 23



### Visit a fossil bed!

Join a guided hike to the world-famous Burgess Shale fossil beds in Yoho National Park. Hold for yourself the most important fossils on the planet. Enjoy awe-inspiring views and see the origins of complex life on earth. Learn of the chance discovery of these fossils at the new display in the Field Visitor Centre.

Yoho National Park, BC – p. 16



### The Ties That Bind

Although trains haven't run in eight decades, Rogers Pass remains a lively place. Pick one of three campgrounds at Rogers Pass National Historic Site. Explore the stone ruins of Glacier House, one of the original great mountain hotels. Listen to the tales of the early Swiss guides around the campfire at Illecillewaet. Hike on a dozen historic trails or ski the deepest powder in any national historic site.

Rogers Pass National Historic Site  
BC – p. 19

### Oh! What a Feeling!

Breathtaking natural beauty and heart-wrenching human history! It's the Chilkoot Trail, the same 53 km (33mi) trek that tested First Nation traders and gold-hungry dreamers. Hike the trail and share the experiences of those who made it to the Klondike. Not up to the challenge? Then enjoy the Chilkoot Trail with day trips and overnight camping among alpine lakes and tundra meadows at historic Bennett Lake and Lindeman City.

Chilkoot Trail National Historic Site, BC – p. 17



# Fascinating people



Discover fascinating cultures in the West. Meet compelling people that will bring history alive. Listen to some intriguing stories, participate in an activity that you've never tried before or taste something out of this world. Let the national parks and national historic sites give you an experience that you will never forget.

## 5 ideas to experience Fascinating people

### Trappers, Trade and Tipis

Step back in time as you enter the Métis Trapper's Tent. Toast bannock over an open fire, try your hand at some traditional games and listen to the ancestral stories of members of the Métis Nation of Alberta. Make your own history with an overnight stay in a tipi along the North Saskatchewan River at Rocky Mountain House National Historic Site.

**Rocky Mountain House National Historic Site, AB – p. 23**



### Aboriginal culture – past and present

Life at the Fort St. James National Historic Site trading post on the shores of beautiful Stuart Lake moved to the rhythm of the seasons in 1896. Feel this rhythm as you try traditional hide tanning and traditional food preparation with Aboriginal people and interpreters in period costume. Learn about the Carrier culture then and now through demonstrations, stories, artefacts and exhibits.

**Fort St. James National Historic Site BC – p. 18**



### Stories of Ice Age

Hear stories from over 13,000 years of the Haida connection to the land and sea. Talk to the Haida Gwaii Watchmen at ancient Haida village sites and learn about their past and present lives. Explore S'qang Gwaay UNESCO World Heritage Site where carved land and sea creatures on majestic century-old poles preside over the village. Discover what has intrigued artists, explorers and travellers for hundreds of years.

**Gwaii Haanas National Park Reserve and Haida Heritage Site, BC – p. 15**



### Sail Away To...

Drop anchor at Russell Island and hear the story told by descendants of Hawaiians who settled in the Gulf Islands over a century ago. Stroll the gardens and orchard around the original homestead. Tour the artefact-filled parlour. Learn of Hawaiian luaus held here where the smell of freshly caught seafood filled the air and children practiced traditional dancing. Discover a little-known part of west coast history.

**Gulf Islands National Park Reserve, BC – p. 15**

### Meet Compelling Characters

Let costumed interpreters introduce you to the lives and loves of the people who lived at Fort Langley. Meet First Nations women and Hudson's Bay Company workers from places like Quebec, Scotland and Hawaii. See their homes and how they worked. Enjoy guided walks or step into their world through interactive games and activities.

**Fort Langley National Historic Site, BC – p. 18**



# Simply breathtaking

## 5 ideas to experience Simply breathtaking

### Peak Experiences

Ride the gondola for the best view in Banff from the top of Sulphur Mountain. Or, hike the Sky Walk Trail to Sanson's Peak, named after the first curator of the Banff Park Museum. Discover the weather station where Norman Sanson coined the local phrase "If you don't like the weather here, wait five minutes..." While you wait, spend time soaking in the warm waters of the Upper Hot Springs.

Banff National Park, AB – p. 21



© Brewster Attractions

### Seasonal Sightings

Sample the four seasons in Elk Island. Spring offers new adventures for orange coloured bison calves. The constant roaring of bull bison in mating rituals marks late summer. In autumn, spot deer as leaves turn colour and fall from trees. In winter's darkness, wary elk and moose spend more daylight hours foraging for food. Tune in to 93.3 FM for seasonal information.

Elk Island National Park, AB – p. 22



### Freefalling Heights

Gaze up, way up to the top of Takakkaw Falls in Yoho National Park, the third highest waterfall in Canada. Freefalling almost 250 meters, you can almost feel the rocks vibrate as the water crashes down creating a rainbow of fine mist. Nearby, witness the Kicking Horse River and the power of water carving a natural bridge through solid rock.

Yoho National Park, BC – p. 16



### Up Close and Personal

Find your own special place in Canada's second oldest national park. Picnic in an avalanche path in summer or gaze at the 360° vista of peaks from Glacier Circle. Hike to the toe of the Illecillewaet Glacier or ski some of the continent's deepest powder snow. Stand where a Prime Minister added the last shovel of asphalt to the Trans-Canada Highway.

Glacier National Park, BC – p. 16

### Land of the Giants

Gather your family and circle a trunk of the ancient trees in the world's only inland cedar rainforest. Alongside the valley trails, skunk cabbage plants tower over children. Take the Meadows in the Sky Parkway and stand on a mountain summit. The subalpine meadows at the peak explode into colour every August as the wildflower season reaches its apex in Mount Revelstoke.

Mount Revelstoke National Park, BC – p. 16



© Rob Buchanan

Explore corners of paradise in British Columbia's and Alberta's national parks. The extraordinary beauty of these places will leave you breathless. Climb the tallest mountain, picnic in a floral meadow or ski through a dense forest. Whatever your experience may be, feel inspired by these exceptional landscapes and natural treasures. You'll be making memories for a lifetime.

# The ideal getaway

## 5 ideas to experience The ideal getaway

### Take the Waters

Luxuriate in the comfort of warm, soothing water at Parks Canada's Hot Springs. Take in the breathtaking Canadian Rockies viewed from mineral-rich waters that bubble up from deep beneath. Heal your soul. Relax and allow the tension to melt away at one of three locations. Enhance your visit with a spa treatment or soak in some history by renting a 1920s bathing costume!

Parks Canada's Hot Springs, AB and BC – p. 24



©Brenda Falvey

### Delectable Tastes of Salt

Relax and watch the sun rise over the plains in Wood Buffalo National Park. Look for a wood bison or a whooping crane as you glimpse the contrast of the colour of the red samphire against the whiteness of the salt in the Salt Plains. Feel the sensation of powdery crystals under bare feet and sample the brine from an underground river.

Wood Buffalo National Park  
AB – p. 22



### The Mountains Marry the Prairies

Experience the unique landscape of Waterton Lakes National Park. View wildlife on the open slopes of fescue prairie that sweeps up into the alpine reaches of the Blakiston Valley. Watch animals such as mule and white-tailed deer, elk and black bears from the safety of your vehicle at the pull-offs along the parkway.

Waterton Lakes National  
Park, AB – p. 21

### Refreshing Dips

Stroll the kilometre loop trail along the edge of the beautiful Marble Canyon in Kootenay National Park. Listen to the icy torrent of the turquoise waters of Tokumm Creek. Feel the cool spray of a waterfall. Smell fragrant wildflowers, grasses and other plants. Marvel at the water dipper, a bird that "flies underwater" and absorb the beauty that surrounds you.

Kootenay National Park, BC – p. 17



### Sounds of Silence

Looking to escape? Then the temperate rainforest of Green Point Campground in Pacific Rim National Park Reserve is ideal. Camp above the golden sands of Long Beach. Relax by your campfire surrounded by dense undergrowth of sword ferns, ancient trees, hanging lichens and thick moss. Listen to the occasional call of a raven or a bald eagle and the distant surf.

Pacific Rim National Park Reserve, BC - p. 15



©Josh McCough and Parks Canada

Are you ready to relax and savour the simple pleasures of the outdoors with family and friends? Then you're set for a visit to Alberta's and British Columbia's national parks, national park reserves and national historic sites. Enjoy worry-free and secure experiences that will help you kick back, unwind and get away from it all.

# Live what is real



Get on the path to personal discovery by becoming directly involved with nature, history and culture in British Columbia's and Alberta's national parks and national historic sites. Opportunities abound to converse with locals, try something different or go off the beaten track and make new discoveries. You'll find each experience rewarding.

## 5 ideas to experience Live what is real

### Creature Feature

Visit the Banff Park Museum, the final resting place for the infamous Black Grizzly of Whiskey Creek. Learn how attitudes towards wildlife have evolved over the years. Creatures such as Sanson's skunk and Peyto's lynx have compelling stories waiting to be discovered.

**Banff Park Museum, AB – p. 21**



### Go behind the "Scenery"

With over 50 species of mammals and over 100 species of birds along with 1200 km of trails, Jasper National Park can be busy. Take a guided hike and go behind the "scenery" to discover our back yard. Then roll up your sleeves and join the Friends of the Park on their scheduled volunteer work days. Don't forget to watch for wildlife!

**Jasper National Park, AB – p. 21**



### The Gentle Giants of Ranching... The Percheron Horse

Did you know that Bar U Ranch National Historic Site was known as the largest Percheron breeding operation in the world in the early 1900's? Get a personal introduction to these magnificent creatures. Take a horse drawn wagon ride through the historic site and hear the stories of George Lane and his amazing herd of Percheron draft horses.

**Bar U Ranch National Historic Site, AB – p. 23**



### Step Ahead into History

Smell the gunpowder and cordite as smoke from firing drifts towards you at Fort Rodd Hill and Figgard Lighthouse National Historic Sites. Hear the report of guns echoing around Esquimalt Harbour and from Figgard Lighthouse National Historic Site. Each year, witness two historic military encampments and other special events where re-enactors provide blank firing demonstrations of everything from muzzle loading muskets to machine-guns.

**Fort Rodd Hill and Figgard Lighthouse National Historic Sites, BC – p. 17**



### From Net to Can

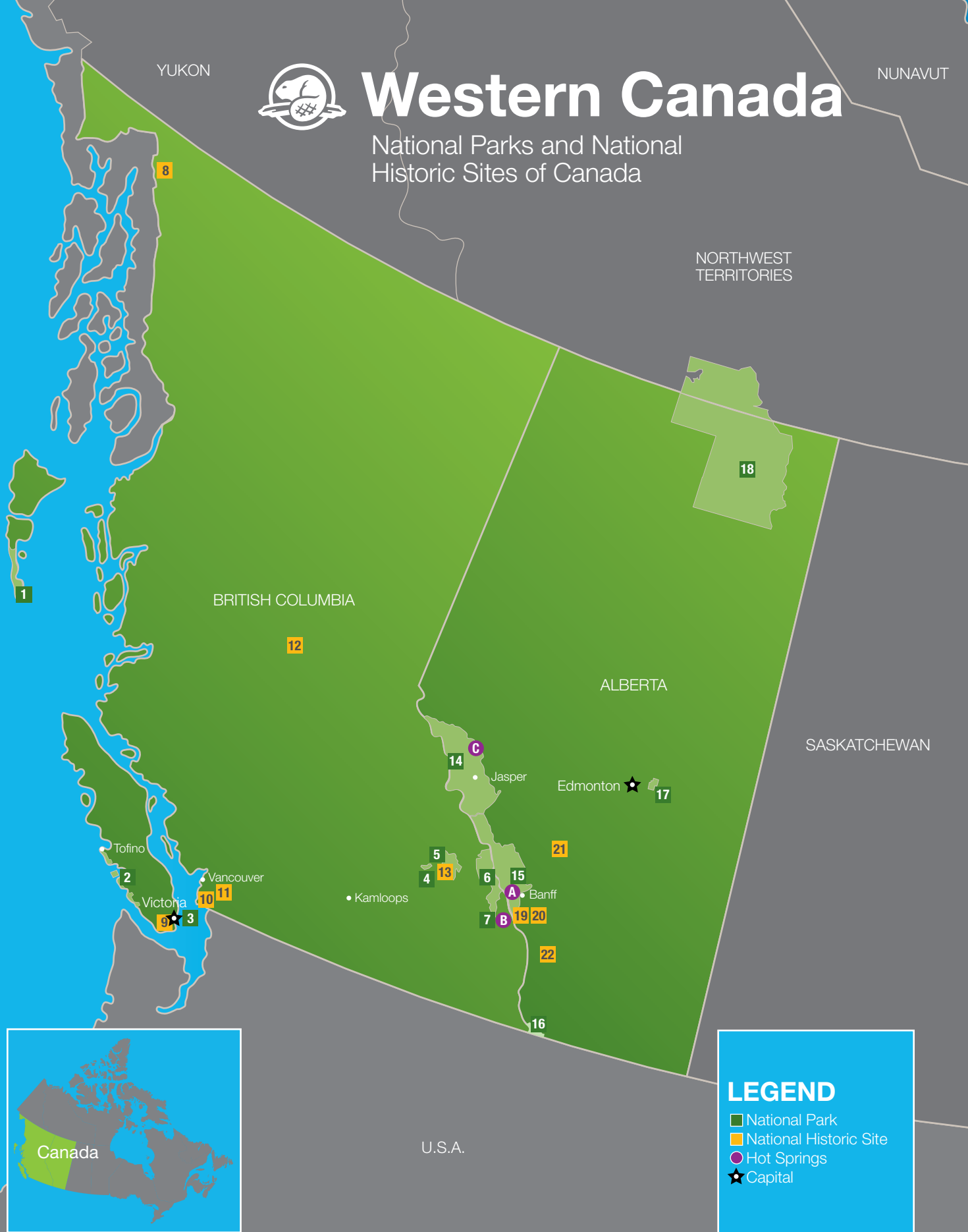
Hear the whirring and clattering that signals the salmon canning line coming to life at Gulf of Georgia Cannery National Historic Site! Watch as your interpreter fires up the canning line and demonstrates firsthand how the process is done. This is not just a static display. Many of these Cannery machines are still operational.

**Gulf of Georgia Cannery National Historic Site BC – p. 18**



# Western Canada

National Parks and National Historic Sites of Canada



## LEGEND

- National Park
- National Historic Site
- Hot Springs
- ★ Capital

## BRITISH COLUMBIA

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## Directory

The following section provides more information on unique places and experiences in Western Canada

## Services and activities legend

The legend below identifies some of the services and activities that may be available at the parks and sites. Watch for these symbols when planning your visit.

- |                                    |                       |
|------------------------------------|-----------------------|
| Information                        | Picnic area           |
| Parking                            | Backpacking/Hiking    |
| Access for the physically impaired | Playground            |
| Interpretation                     | Lookout               |
| Bus Parking                        | Recreational vehicles |
| Restaurant                         | Bicycles              |
| Gift Shop                          | Swimming              |
| Camping                            | Canoeing              |



# British Columbia



©Christian J. Stewart/2009

## Gwaii Haanas (Reserve)

Escape to a place where time stands still! Wander through century-old totem poles while visiting SḠang Gwaay UNESCO World Heritage Site, one of five Haida Gwaii Watchmen village sites. Explore long stretches of beach.

### Activities

Wildlife viewing, whale watching, fishing, boating, kayaking, SCUBA diving, beach strolling, soaking in natural hot springs, exploring ancient Haida villages, guided tours by boat and air



Surround yourself with snow-capped mountains surging from lush rainforest. Follow the humpback whale migration, or relax in oceanside natural hot pools. Gwaii Haanas has it all!

### Address

60 Second Beach Road  
Skidegate BC  
PO Box 37  
Queen Charlotte, BC V0T 1S0

**1-877-559-8818**  
parkscanada.gc.ca/gwaiihaanas



## Pacific Rim (Reserve)

### Activities

Wildlife viewing, bird watching, photography, beach strolling, boating, kayaking

Stimulate the senses in Pacific Rim National Park Reserve. The natural surroundings of a rain forest that drips with water and teems with life will leave you deeply satisfied. Explore this wind and water sculpted landscape home to the Nuu-chah-nulth First Nations.

### Address

2185 Ocean Terrace, PO Box 280  
Ucluelet, BC V0R 3A0

**1-250-726-3500**  
parkscanada.gc.ca/pacificrim

All three of the park's units offer unique opportunities for exploration. Wander the rocky shores, tidal pools and wind-swept dunes in the Long Beach Unit. Glide amongst a hundred islands, sheltered coves and bays in the Broken Group Islands. Hike the beaches and forests that stretch along the West Coast Trail.



©Josh McCullough and Parks Canada



## Gulf Islands (Reserve)

Discover Gulf Islands National Park Reserve, one of Canada's newest national parks. Enjoy a mosaic of open meadows, forested hills, rocky headlands, quiet coves and sandy beaches.

### Activities

Wildlife viewing, bird watching, marine mammal watching, photography, boating, kayaking, beach strolling



Explore the fascinating shorelines and sheltered bays in your kayak. Island-hop with your family as you find, that peppered throughout the area, a host of incredible experiences for you to share. Embrace this peaceful refuge, just a stone's throw from the urban clamour of Vancouver and Victoria.

### Address

2220 Harbour Road  
Sidney, BC V8L 2P6

**1-866-944-1744**  
parkscanada.gc.ca/gulf



# Mount Revelstoke

Rainforest – Snowforest – No Forest - Explore the Columbia Mountains from top to bottom in a single day at Mount Revelstoke National Park!

**Activities**  
Wildlife viewing, bird watching, photography, scenic drives, star-gazing, backcountry skiing, snowshoeing, tobogganing, cross country skiing



Enjoy an easy drive to a mountain summit clad in spectacular subalpine wildflower meadows. Wander up the trail to the treeline! In the valleys below, stroll through a towering grove of red cedars, some more than 800 years old. Take a walk through a wetland of strange skunk cabbage plants and the resting sites of colourful tropical birds.

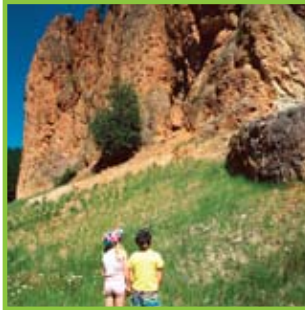
**Address**  
Box 350  
Revelstoke, BC V0E 2S0  
.....  
**1-250-837-7500**  
parkscanada.gc.ca/revelstoke



# Kootenay

Enter into a world of amazing contrasts at Kootenay National Park, from glacier-clad peaks along the Continental Divide to semi-arid grasslands of the Rocky Mountain Trench, where cacti grow.

**Activities**  
Wildlife viewing, bird watching, photography, scenic drives, horseback riding, fishing, boating, cross country skiing, snowshoeing, ice climbing



Explore new horizons, drive through the majestic Park! Along the route watch for towering mountains, turquoise rivers, bighorn sheep, and iron red cliffs. Relax with a soak in the natural mineral waters of Radium Hot Springs.

**Address**  
P.O. Box 220  
Radium Hot Springs, BC V0A 1M0  
.....  
**1-250-347-9505**  
parkscanada.gc.ca/kootenay



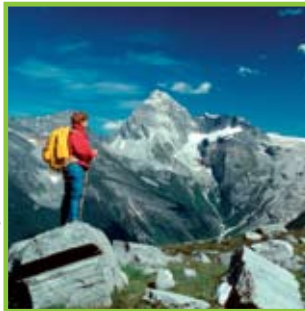
# Glacier

**Activities**  
Wildlife viewing, bird watching, photography, scenic drives, mountaineering, caving, backcountry skiing, snowshoeing, ski-mountaineering

With more than 400 glaciers and some of Canada's most active avalanche areas, snow is serious business in Glacier National Park! Skin up the valleys and ski some of the deepest powder in North America.

**Address**  
Box 350  
Revelstoke, BC V0E 2S0  
.....  
**1-250-837-7500**  
parkscanada.gc.ca/glacier

Explore an amazing trail system and climbing routes originally laid out by Canada's first guides and mountaineers. Connect with the park's gentler side in summer, when quiet campgrounds and interpretive trails await you and your family.



# Chilkoot Trail

**Activities**  
Wildlife viewing, bird watching, scenic train ride

Embark on one of Canada's most famous and challenging adventures on Chilkoot Trail National Historic Site. Truly earn your passage into the Yukon! Wilderness adventurers, challenge yourselves on this world-famous four-day mountain hike. Capture the imagination with glacier views, and mountain peaks while following the footsteps of history.

**Address**  
#205, 300 Main  
St. Whitehorse, YK Y1A 2B5  
.....  
**1-800-661-0486**  
parkscanada.gc.ca/chilkoot

Not as fit as a fiddle? Experience the Chilkoot at historic Bennett Lake and Lindeman City. A relaxed and exceptional outdoor experience for families, groups, or singles. Enjoy day trips and overnight camping among alpine lakes and tundra meadows.



# Yoho

Named for the Cree word for awe and wonder, Yoho National Park will take your breath away! Enjoy the splendour of the place of rock walls, spectacular waterfalls and soaring peaks. Discover the secrets of ancient ocean life, the power of ice and water, and unique plant and animal communities.

**Activities**  
Wildlife viewing, bird watching, photography, scenic drives, horseback riding, fishing, cross country skiing, snowshoeing, ice climbing



Awesome is the right word for Yoho – bask in the beauty of Emerald Lake and Lake O'Hara. Take in the majesty of towering Takkakaw Falls. Wonder at the bizarre life pressed for all time in the Burgess Shale Fossil Beds. Yoho will leave you wanting more!

**Address**  
P.O. Box 99 Field  
BC V0A 1G0  
.....  
**1-250-343-6783**  
parkscanada.gc.ca/yoho



# Fort Rodd Hill and Fisgard Lighthouse

Stroll the ramparts of an 1890s coast fort and look down the barrels of original guns at Fort Rodd Hill and Fisgard Lighthouse National Historic Sites. Catch a whiff of gunpowder and cordite during the firing of military weapons at special events.

**Activities**  
Wildlife viewing, bird watching, photography, specials events



Step inside the former residence of western Canada's first lightkeepers. Follow a trail through Garry oak and Douglas fir forest to beaches and rocky headlands. From there, enjoy the spectacular views of Juan de Fuca Strait and the Olympic Mountains.

**Address**  
603 Fort Rodd Hill Road  
Victoria, BC V9C 2W8  
.....  
**1-250-478-5849**  
parkscanada.gc.ca/fortroddhill



## Gulf of Georgia Cannery

Visit a living treasure, full of sounds, images and artefacts at the Gulf of Georgia Cannery National Historic Site. Enter and learn how Canada's West Coast fishing industry developed, with exhibits that bring to life the machines that once churned out millions of cans of salmon in this 115-year-old cannery.

### Activities

Guided tours, interactive, exhibits, special events, summer music series, group tours

### Address

12138 Fourth Avenue  
Richmond, BC V7E 3J1  
.....  
**1-604-664-9009**  
parkscanada.gc.ca/  
georgiacannery

Walk through history and come face to face with the Chinese, Japanese, First Nations and European fishermen and plant workers who toiled long hours, side by side, to keep up with the mountains of sockeye once processed in this "monster cannery".



## Rogers Pass

Learn why Major A. B. Rogers' discovery of a railway route through the "impassable" Selkirk Mountains was a turning point in Canadian history. Follow the long-abandoned rails of the Canadian Pacific Railway main line, and find out how the railway fulfilled a Prime Minister's promise to British Columbia.

### Activities

Photography, campground talks, backcountry skiing, snowshoeing

### Address

Box 350  
Revelstoke, BC V0E 2S0  
.....  
**1-250-837-7500**  
parkscanada.gc.ca/rogers

Explore Rogers Pass National Historic Site on your own or join in as park interpreters bring the railroading stories to life around a campfire.



## Fort Langley

### Activities

Gold panning, blacksmithing & barrel-making demonstrations, sign a contract with pen & ink, try on costumes, take a picture in the spot where BC began, traditional kids games

Experience Fort Langley National Historic Site, where British Columbia began. Hold history in your hands - you'll be struck by the sights and sounds of life in the 1800s. Hear the hammering of the blacksmith, or see the excitement of a Fur Trade Wedding.

### Address

23433 Mavis Ave. Box 129  
Fort Langley, BC V1M 2R5  
.....  
**1-604-513-4777**  
parkscanada.gc.ca/fortlangley

Touch thick pelts and feel wool blankets as you step inside the original storehouse; smell the bake oven and the campfire as you wander the grounds. Catch the excitement of the gold rush, and enjoy your family's enthusiasm as they roll a barrel... don't forget to bring your camera to capture the fun!



## Fort St James

Discover Fort St. James 'completely restored Hudson's Bay Company post. Glimpse the way of life in the 19th century of trade and commerce. At your leisure, rub shoulders with trappers inside the buildings.

### Activities

Fishing, boating, sailing, windsurfing, waterskiing

### Address

280 Kwah Road West  
Fort St James, BC V0J 1P0  
.....  
**1-250-996-7191**  
parkscanada.gc.ca/stjames

Run your hands through fur pelts! Look up, see smoked salmon drying in the rafters. Hear stories of the relationship between the fur traders and the Carrier First Nations. Enjoy a firsthand experience of how trappers and traders lived, ate, worked and died more than a century ago.



# Alberta



Banff National Park © J. Gordon

## Jasper

Uncover the treasures in Jasper National Park, the “gentle giant” of the Rockies! Challenge the giant at over 11 000 km sq, climb some of the spectacular and rugged mountains. Sit in awe while viewing the icefields, glaciers, waterfalls and wildlife.

### Activities

Wildlife viewing, bird watching, photography, scenic drives, fishing, kayaking, rafting, golfing, climbing, mountaineering, ice skating, cross country skiing, snowshoeing, downhill skiing, snowboarding, winter canyon ice walks



Explore geology and follow the footsteps of early travellers in the Icefields Parkway, one of the world’s most scenic drives. For a stay-at-home experience, visit the town of Jasper in the heart of the park with all the amenities as well as an occasional treat of wildlife viewing.

### Address

Box 10  
Jasper, AB T0E 1E0

1-780-852-6176  
parkscanada.gc.ca/jasper



## Banff

### Activities

Wildlife viewing, bird watching, photography, scenic drives, horseback riding, fishing, boating, kayaking, climbing / mountaineering, scuba diving, ice skating, cross country skiing, back country skiing, snowshoeing, downhill skiing, snowboarding, ice diving, waterfall ice climbing

A must see... visit Banff National Park, a world class destination. Brag to your friends that you experienced Canada's oldest and most famous national park. Relax in the hot springs or view the awesome glaciers and turquoise lakes.

### Address

Box 900  
Banff, AB T1L 1K2

1-403-762-1550  
parkscanada.gc.ca/banff

Hike in dense conifer forests, or climb the mountain peaks of the Great Divide. Experience seasonal activities like hiking and backpacking, front and back country camping, alpine and Nordic skiing, mountain biking and horseback riding. Enjoy the amenities that are available year round in the town of Banff. A place for all!



## Waterton Lakes

View rugged, windswept mountains that rise abruptly out of gentle prairie grassland in spectacular Waterton Lakes National Park. Let the park fill you with wonder as you ski, horseback, canoe or hike different natural regions that meet and interact in a landscape shaped by wind, fire, flooding, and abundant plants and wildlife.

### Activities

Wildlife viewing, bird watching, photography, guided hike, scenic drives, horseback riding, fishing, boating, boat tours, cross country skiing, snowshoeing, ice climbing



Let your senses guide you in the Crown of the Continent: one of the narrowest places in the Rocky Mountains. Experience a world first, where in 1932, the park was joined with United States Glacier National Park to form the Waterton-Glacier International Peace Park!

### Address

Box 200  
Waterton Park, AB T0K 2M0

1-403-859- 5133  
parkscanada.gc.ca/waterton



## Elk Island

A feast for your eyes awaits you in Canada's first wildlife preserve, Elk Island National Park. Home to herds of free roaming plains bison, wood bison, moose, deer, and elk this beautiful oasis will simply amaze you.

### Activities

Wildlife viewing, bird watching, kayaking, sailing, golfing, cross country skiing, snow shoeing

### Address

Site, 4 R.R. 1  
Fort Saskatchewan, AB T8L 2N7  
.....  
**1-780-992-2950**  
parkscanada.gc.ca/elkisland

Also boasting over 250 species of birds, this park will satisfy any birdwatcher's curiosity. Be it for wildlife viewing, hiking, cross-country skiing, picnicking, or overnight camping, there is something for everyone at Elk Island!



## Cave and Basin

Welcome to the birthplace of Canada's National Park System! Hear stories of three railway workers who stumbled upon the Cave and Basin thermal springs.

### Activities

Wildlife viewing, bird watching, cross country skiing, snowshoeing, interpretive boardwalks

### Address

311 Cave Avenue  
Banff, AB T1L 1K2  
.....  
**1-403-762-1566**  
parkscanada.gc.ca/cave

This inadvertently set in motion a series of events that led to the creation of Canada's first national park. Visit this special place and say hello to the park's only endangered species - the Banff Springs Snail.



## Wood Buffalo

### Activities

Wildlife viewing, bird watching, scenic drive, boating, archaeological sites

Seek the thrill of a lifetime in Wood Buffalo National Park! Embrace the challenge of seeing one of few free-roaming wood bison. Hike, ski or canoe this vast northern boreal forest.

### Address

P.O. Box 750  
Fort Smith, NT X0E 0P0  
.....  
**1-867- 872-7960**  
parkscanada.gc.ca/buffalo

Feel the salty clay of the landscape with your bare feet. Boat and bird watch in the Peace-Athabasca Delta or sit in awe of Canada's largest national park, the nesting site of the only naturally migrating Whooping Cranes.



## Rocky Mountain House

### Activities

Wildlife viewing, bird watching, photography, indoor exhibits, special events, playfort

Nine Aboriginal cultures, five forts, two companies...one great site! Re-live the exciting stories of Rocky Mountain House.

### Address

6 km west of Rocky Mountain House, AB  
.....  
**1-403-845-2412**  
parkscanada.gc.ca/rockymountainhouse

Follow the footsteps of map maker and explorer David Thompson, and many fascinating fur traders. Explore the sites of North West and Hudson's Bay companies' rival trading posts.



## Banff Park Museum

Fulfill one of your dreams and visit Western Canada's oldest natural history museum in Banff National Park. Visit an architectural showpiece and discover the secrets of early natural history interpretation.

### Activities

Wildlife viewing, bird watching, reading room, discovery room with wildlife videos and hands on displays

### Address

91 Banff Avenue  
Banff, AB T1L 1K2  
.....  
**1-403-762-1558**  
parkscanada.gc.ca/banffparkmuseum

Housed in an outstanding rustic national park building, the museum provides a unique and safe way to view wildlife up close.



## Bar U Ranch

Saddle up at Bar U Ranch National Historic Site! Walk or take a horse drawn wagon to ranch headquarters and tour historic buildings. Savour the smells of the cookhouse, see an old time haying demonstration, watch a leather craftsman assemble a saddle, pique your curiosity at the blacksmith shop.

### Activities

Guided and self guided walking tours, school programs, wagon rides, chuckwagon cook-off, polo at the Bar U, Bar U legends, trail ride, side-saddle clinic, ranch rodeo

### Address

PO Box 168  
Longview, AB T0L 1H0  
(90 minutes south of Calgary on Hwy 22,  
13 km south of Longview)  
.....  
**1-888-773-8888**  
parkscanada.gc.ca/baruranch

Try your hand at roping, or enjoy a cup of cowboy coffee around the fire at Roundup Camp while listening to stories of people who made Bar U what it was; from poets to politicians, outlaws to artists and princes to ranch savvy businessmen, hear it all!



**Banff** - Enjoy this splendid, historic spa and bath house where travellers have come to indulge for more than a century.

**Activities**

Wildlife watching , soaking in hot springs, swimming (Radium only), spa treatments (Banff and Radium), interpretive displays/presentations



**Radium** - Gaze up at the grandeur of the rock cliffs from the mineral pool. Search for bighorn sheep that make this canyon their home.

**Miette** - Here are the hottest springs in the Rockies. Enjoy wildlife viewing, a walk and a soak that relaxes to the core.

**Address**

Box 900  
Banff, AB T1L 1K2

**1-800-767-1611**

[parkscanada.gc.ca/hotsprings](http://parkscanada.gc.ca/hotsprings)



Canadian Rockies Hot Springs ©Banff Banley

# Come Celebrate!

Experience the unforgettable as you join the celebrations of the **125<sup>th</sup> Birthday** of national parks in Canada and the **Centennial** of **Parks Canada**, the world's first national park service.

Throughout the country and throughout 2010 and 2011, Canada's treasured natural and historic places will host special programs and events to celebrate these significant anniversaries.

To learn more, visit [parkscanada.gc.ca/celebrations](http://parkscanada.gc.ca/celebrations)

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[parkscanada.gc.ca](http://parkscanada.gc.ca)

Banff National Park of Canada, Banff, Lincolns

Real.  
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Bar U Ranch National Historic Site

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[parksCanada.gc.ca](http://parksCanada.gc.ca)

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