

Canadian Rockies HOT SPRINGS



Banff • Miette • Radium

Également offert en français



CANADIAN ROCKIES HOT SPRINGS

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Box 900, Banff, Alberta, Canada T1L 1K2



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Parks
Canada

Parcs
Canada

Canada



Bask in our warmth

There is nothing quite like it... unparalleled views, unruffled luxury. The breathtaking Canadian Rockies, viewed from soothing, mineral-rich waters that bubble up from deep, deep beneath the scenery. Heal the soul, relax and allow the tension to melt away. Like thousands of visitors who recommend us to their friends, you will be asking yourself how soon you can come back.

Soak in some history

Sacred to Native people, treasured by European settlers, the hot springs of the Canadian Rockies have rejuvenated and inspired generation after generation of travellers. The birth of an entire family of world-famous national parks is told in the collective stories of these hot springs. Each of the three facilities has a distinctive and unique history, told in illuminating interpretive displays at each location.



Banff Upper Hot Springs Banff National Park of Canada

All the amenities of a modern facility are featured in this splendid, historic spa and bath house – against a backdrop of spectacular alpine scenery. You will luxuriate in the comfort of soothing hot water where travellers have come to “take the waters” for more than a century. Banff’s premier attraction features:

- day spa
- café
- gift store
- outdoor terrace
- interpretive events
- historic swimsuits (1920's) for rent

Outfitters Gift Store

Find the perfect souvenir here! T-shirts, fleece tops, books, cards and gifts.

Upper Hot Springs Poolside Restaurant

Savour a tasty light meal, snack or a cappuccino indoors or out! Group bookings welcome: (403) 760-6686

Miette Hot Springs Jasper National Park of Canada

You won't soon forget the drive up the wild Fiddle valley to the hottest mineral springs in the Rockies. Flowing from the mountain at 54°C, the water is cooled to a comfortable temperature of 40°C as it enters the pools. Peaceful surroundings with these services:

- two hot pools, one cold plunge pool
- outdoor and indoor cafés
- gift shop
- wildlife viewing
- superb hiking
- interpretive events
- accommodation and camping nearby

Ashlar Ridge Café

Home baked goodies, barbequed burgers and other treats for sale. Gift shop.



Radium Hot Springs Kootenay National Park of Canada

Gaze up at the rock cliffs of Sinclair canyon from the spacious mineral hot pool and see if you can spot one of the bighorn sheep that make this canyon home. The kids will enjoy swimming and diving in the cooler swimming pool (27°C). There is lots more to keep the whole family busy:

- day spa
- gift shop
- cappuccino bar
- café with indoor/outdoor seating
- nature trails
- interpretive exhibits and programs
- picnic areas and space to lounge

Radium Hot Springs Poolside Café

Snacks and souvenirs coming right up! Ice cream, mini-doughnuts, sandwiches, t-shirts and gifts.

Our staff proudly maintain these facilities to the highest environmental standards, ensuring the protection of our natural surroundings. Canada's natural and cultural heritage – for all Canadians... for all time.

Pleiades Massage & Spa

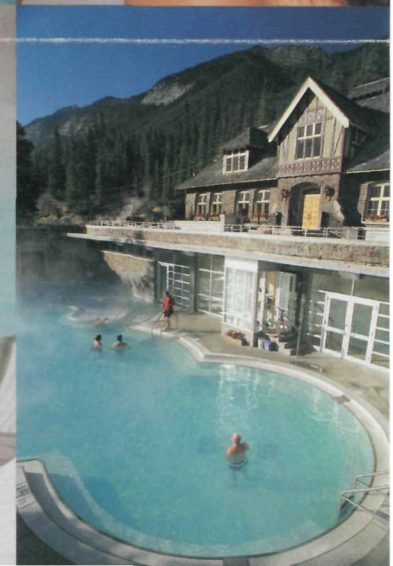
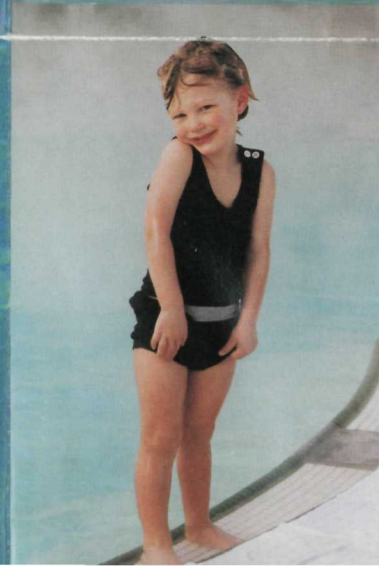
A gift to the senses. Day spas are operated at Banff Upper Hot Springs and Radium Hot Springs. At Banff, a fresh atmosphere, private treatment rooms with natural light and mountain views –the ideal environment to enhance your well-being. Radium Hot Springs is pleased to present a whole new spa experience with expanded services and facilities.

Certified therapists offer Aromatherapy, Facials, Massage, Shiatsu, Reflexology and Reiki treatments.

Appointments recommended:

Banff (403) 760-2500

Radium (250) 347-2100



Banff Upper Hot Springs *Open year-round*
(403) 762-1515

Summer (May 10/02 - Oct 20/02): Daily 9am-11pm
Value season (Oct 21/02 - May 8/03): Sun-Thurs 10am-10pm
Fri-Sat 10am-11pm

Single admission	Summer	Value
Adult	\$7.50	\$5.50
Child & Senior	\$6.50	\$4.50

Family and group rates available. All rates include GST.

Miette Hot Springs *Open May 3 to October 13*
(780) 866-3939

Summer (Jun 13/02 - Sept 3/02): Daily 8:30am-10:30pm
Value season (May 3/02 - Jun 12/02 & Sept 4/02 - Oct 13/02):
Daily 10:30am-9pm

Single admission	Summer	Value
Adult	\$6.00	\$5.00
Child & Senior	\$5.00	\$4.00

Day passes, family and group rates available. All rates include GST.

Radium Hot Springs *Open year-round*
(250) 347-9485

Summer (May 10/02 - Oct 20/02): Daily 9am-11pm
Value season (Oct 21/02 - May 8/03): Sun-Thurs 12pm-9pm
Fri-Sat 12pm-10pm

Single admission	Summer	Value
Adult	\$6.25	\$5.25
Child & Senior	\$5.25	\$4.75

Day passes, family and group rates available.
Park user fee included in admission price. All rates include GST.

To you, from deep within

Hot springs are formed naturally, when a fracture in the earth's crust allows surface water to seep kilometers deep, towards the molten core of the planet. The water becomes heated to very high temperatures, and is forced back to the surface, under pressure, loaded with sulphate, calcium, bicarbonate, magnesium, sodium and other natural minerals. Canadian Rockies Hot Springs offers you a choice of three different hot spring experiences, in three different mountain parks. Try one – you will want to experience them all.

All facilities wheelchair accessible. Towels, lockers and swim suits for rent at all locations. Inquire about season's passes, books of tickets and wholesale rates. Interac, Visa, Mastercard accepted. Prices subject to change.