





Trails



Hike



With 80 km of trails to explore, your day will be filled with unique and memorable experiences. Watch the busy beaver as it constructs its dam; listen to songbirds sing you a tune; or breathe in the fresh air as you watch the sunset over Astotin Lake.

Most trails have parking, view points, washrooms and garbage facilities.



Cycle



Looking for a quick way to cover some ground? Bring your bike and challenge yourself to one of the longer trails in the park. Adventure + exercise + amazing scenery = one awesome day!

The parkway lends itself naturally to touring - 20 km of well-surfaced road with ample wildlife viewing opportunities.

**Safety Tips**

- The quiet speed of cyclists is a recipe for sudden encounters. Make noise, stay alert and slow down.
- Find an elk or bison on the parkway? Wait for a vehicle and keep it between you and the animal as you bike past to safety.



Pack Elk Island on Your Back

These family day-packs come with binoculars, an animal identification guide, a pond dipping kit, trail maps and information about other attractions in the area.

Pick up a pack at the Astotin Theatre and spend a fun-filled day with your family! (Offered June-August)



Park map

- 1 Hayburger Trail** (3-4h)  
12.2 km, flat terrain

Spruce bog, aspen forest and meadows. Be mindful of hazards in areas off-trail (see trailhead sign for details). Good for viewing bison and moose.
- 2 Simmons Trail** (1-2h)  
5 km, moderate terrain

Aspen forest, meadows and beaver ponds. A nested loop of the Shirley Lake Trail. Good for viewing bison, moose and elk.
- 3 Shirley Lake Trail** (3-4h)  
12.5 km, moderate terrain

Aspen forest and meadows. Good for viewing bison, moose and elk.
- 4 Moss Lake Trail** (3.5-4.5h)  
13 km, moderate terrain

Picnic tables and firepits. Mixed wood forest. Great for viewing beaver, waterfowl, elk and bison.
- 5 Amisk Wuche Trail** (1-1.5h)  
2.5 km, moderate to steep terrain

Boardwalks through marsh and forest. Rich in aquatic and bird life.
- 6 Lakeview Trail** (1-2h)  
3.5 km, gentle terrain

Poplar and spruce forest, great views of Astotin Lake, islands, beaver and waterfowl.
- 7 Beaver Pond Trail** (1-2h)  
3.5 km, gentle terrain

Aspen forest and sedge meadows. Good for viewing bison, moose, beaver and waterfowl.
- 8 Living Waters Boardwalk** (.5-1h)  
300 m boardwalk, gentle terrain

Floating boardwalk and exhibits. Great view of Astotin Lake, islands, beaver, waterfowl, and aquatic life.
- 9 Tawayik Lake Trail** (4-5h)  
16.5 km, moderate terrain

Picnic tables, warming shelter and firepits at trailhead. Aspen forest and meadows; great for viewing elk, bison and waterfowl. A portion of trail is shared with Shirley Lake Trail.
- 10 Shoreline Trail** (2-3h)  
6 km return, gentle terrain (pavement)

Parking lot across from golf course. Mixed-wood forest, good view of islands, beaver and waterfowl. Beaver Bay picnic area; picnic tables and firepits.
- 11 Wood Bison Trail** (4-5h)  
16 km, moderate terrain

Aspen forest, great for viewing wood bison, moose, elk and birds.



**Legend**

**Easy**

**Moderate**

**Difficult**

Information

Parking

Washrooms

Telephone

Accessible

Outhouse

Golfing

Hiking

Cross-country Skiing

Snowshoeing

Playground

Cycling

Firewood

Trailer Dump

Interpretation

Astotin Theatre

Visitor Centre

Recreational Vehicles

Trailers

Camping

Walk-in Camping

Group Camping

Back-country Camping

Overflow Camping

Gift Shop

Exhibit

Lookout

Picnic Area

Picnic Shelter

Warming Shelter

Beach

Canoe Rental

Canoeing

Kayaking

Portage

Food Locker

Restaurant

Water

Hike

Park

Road

Restricted vehicle access



Trail safety

- Stop at the Visitor Centre for trail information.
- Bring a map and watch for trail markers.
- Ensure you are self-reliant; trails are not patrolled.
- Watch for slippery or broken boardwalk.
- Respect area and trail closures.
- Use caution, wildlife encounters are possible.

For up-to-date trail conditions visit the website: [www.pc.gc.ca/elkisland](http://www.pc.gc.ca/elkisland)

Leave it for others to enjoy

- Take nothing but photos and leave nothing but footprints.

Pet owners

- Join other dog owners in protecting pets and wildlife by keeping your dog on leash.
- Dog waste bags are provided throughout the park.

