

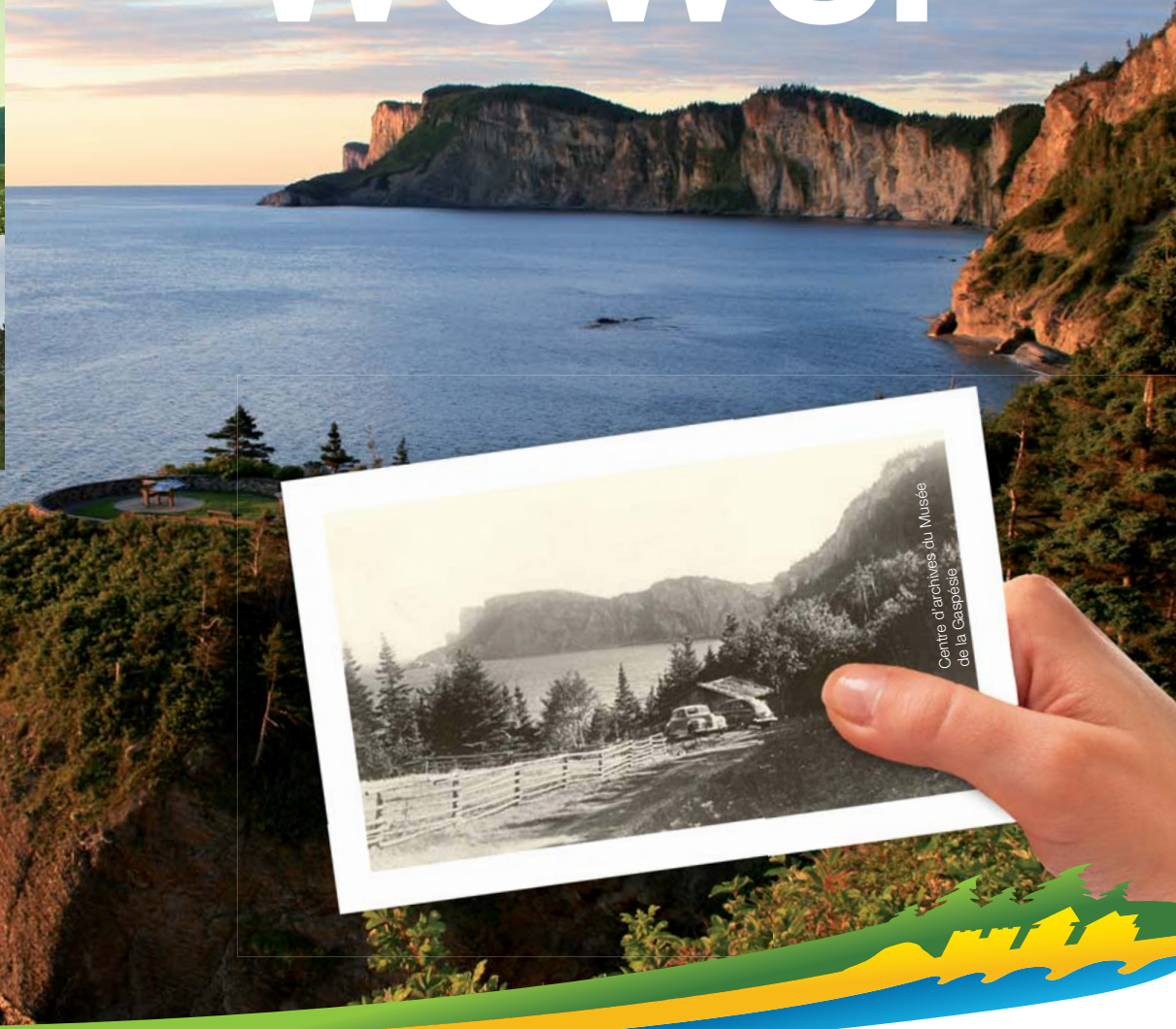


**Forillon National Park**  
 parkscanada.gc.ca

**Parc national Forillon**  
 parcscanada.gc.ca

**2013 VISITOR'S GUIDE**

# STAY AT FORILLON GENERATIONS OF WOWS!



Centre d'archives du Musée de la Gaspésie

© Parcs Canada / Michel Lagault

© Parcs Canada / S. Ouellet

Centre d'archives du Musée de la Gaspésie

© Parcs Canada / S. Ouellet

© Parcs Canada / S. Ouellet



**Parks Canada**

**Parcs Canada**

**Canada**

# WELCOME

On behalf of all Parks Canada staff on the Gaspé Peninsula, I would like to welcome you to Forillon National Park, the Pointe-au-Père Lighthouse Historic Site and the Battle of the Restigouche National Historic Site. This year, Forillon offers you the opportunity to enjoy a "truly unique" camping experience in a Parks Canada oTENTik tent. We hope many of you will choose this option!

We wish you an excellent vacation and a wonderful stay in our area!

Stéphane Marchand  
Superintendant  
Parks Canada, Gaspésie

## CONTEST

Share your memories and photos of your time with us on our Facebook page. Who knows? You might just star in the 2014 edition of our visitor's guide!

 [facebook.com/ForillonNP](https://facebook.com/ForillonNP)

## NEW ACCOMMODATION OPTION

### All-set camping...

an oTENTik experience offered at Forillon!



### oTENTik tents

Part tent, part rustic cottage



### Tent trailers

Folding mobile accommodations with canvas walls



Enjoy camping without having to bring along all the gear.

## STAMP

While you're staying with us, why not have your visitor's guide stamped. Make it an authentic souvenir of your time at Forillon!



Parc national Forillon  
Forillon National Park

## LES GRAVES TRAIL, FROM ANSE-AUX-AMÉRINDIENS TO CAP-GASPÉ

The seaside trail runs from cove to cove to Cap-Gaspé, land's end.

© Parks Canada / S. Ouellet

© Parks Canada / S. Ouellet

Social media • Follow us on:  [facebook.com/ForillonNP](https://facebook.com/ForillonNP)  
 [twitter.com/ForillonNP](https://twitter.com/ForillonNP)

## TO CONTACT US

[parksCanada.gc.ca/forillon](http://parksCanada.gc.ca/forillon)



### Forillon – Administrative office

122 Boulevard de Gaspé  
Gaspé, Québec G4X 1A9  
Phone: 418-368-5505

### Information

[parksCanada.gc.ca](http://parksCanada.gc.ca)  
1-888-773-8888



### Parks Canada campsite reservation service

[reservation.parksCanada.gc.ca](http://reservation.parksCanada.gc.ca)  
Phone: 1-877-737-3783  
TTY: 1-866-787-6221  
Phone: 1-519-826-5391



(if you're calling from outside North America)

### Forillon – Conservation Service

Phone: 418-892-5553

### Weather forecast

Phone: 418-368-5378  
[weather.gc.ca](http://weather.gc.ca)

### Marine weather forecast

Phone: 418-269-3282  
[weather.gc.ca/marine](http://weather.gc.ca/marine)

### Contact info - Any emergency

Urgence/Emergency: 911  
First aid, search and rescue, wildlife protection: 1-888-762-1422

Paper: Cat. no: R61-45/2013E  
ISSN 1701-3011

PDF: Cat. no: R61-45/2013E-PDF  
ISSN 1704-2615

# A BREATHTAKING LAND OF SEA AND MOUNTAINS!

Created in 1970, Forillon National Park lies at the tip of the Gaspé. Its sublime sea, cliff and mountain scenery encompasses 245 km<sup>2</sup>. Forillon protects a representative sample of the Notre-Dame and Mégantic mountains as well as certain elements of the Gulf of St. Lawrence maritime region.

Ten different rock formations, several seabird colonies and majestic visiting whales together forge the park's unique character. The Grande-Grave Heritage Site, located at the heart of this exceptional setting, bears witness to the lifestyles of the fisher folk who lived here in the early 1900s.

Head out to land's end and enjoy the full splendour of a peninsula as spectacular as it is welcoming.

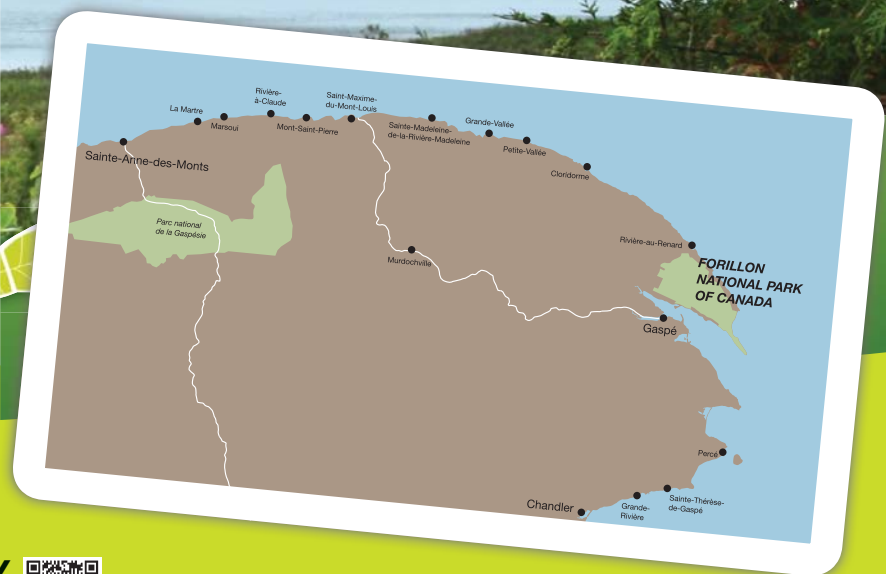
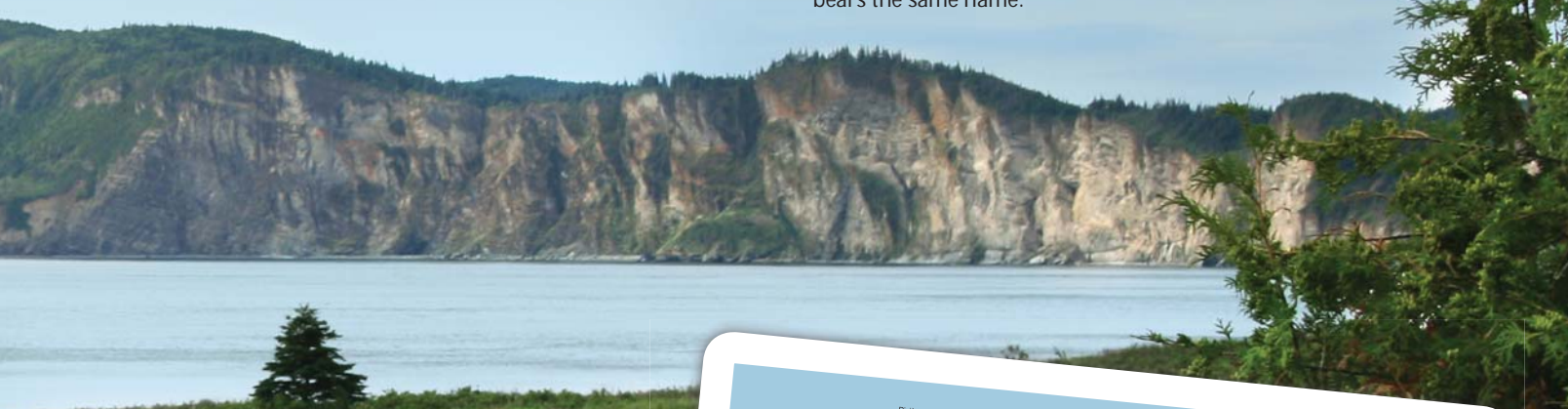
# WHAT DOES THE NAME FORILLON MEAN?

The term "Forillon" was used as early as 1534 by Jacques Cartier in his accounts of his voyages to Canada.

Champlain also mentions it in a text dating from 1626: [...] *one league from the cape of Gaspé is a small rock they call the farillon, a stone's throw from the mainland* [...].

The word *forillon* thus appears to designate a small, rocky islet standing erect. But the exact location of this *forillon* remains uncertain. It may have been the remains of a rocky outcrop, visible only at low tide, at the tip of the Gaspé promontory that mapmakers called "La Vieille", or the other rock – no longer standing – one league from Cap-Gaspé, described by Champlain.

In any case, the name *forillon* is now associated with the peninsula harbouring the magnificent national park that proudly bears the same name.



In an effort to reduce our ecological footprint and help protect our forests, we've decided to include fewer pages in our 2013 Visitor's Guide!

## SOME RECOMMENDATIONS TO HELP YOU ENJOY ACTIVITIES IN FORILLON NATIONAL PARK SAFELY



- Check the weather forecast.
- Tell someone where you're going and when you expect to be back.
- Make sure you have the right equipment.
- Take along enough water and snacks.
- Be careful near the cliffs.
- Be aware of the applicable advice, notices, rules and restrictions.
- Report any particular situations involving the safety of visitors to park authorities.
- In the event of an emergency, call 1-888-762-1422.

## SEASON AND VISITING HOURS



Penouille and L'Anse-au-Griffon visitor centres – June 21 to September 2

Interpretation Centre – June 1 to October 14

North and South area toll booths – June 1 to October 14

Hyman & Sons' General Store – June 1 to October 14, from 10 am to 5 pm

Anse-Blanchette – June 15 to September 15, from 10 am to 5 pm

Dolbel-Roberts House – June 22 to September 2, from 10 am to 5 pm

### Accommodations:

- Petit-Gaspé campground: May 17 to October 13
- Des-Rosiers campground: June 21 to September 2
- Cap-Bon-Ami campground: June 21 to September 2
- oTENTik tents – June 15 to October 13
- Tent trailers – June 21 to September 2
- Wilderness camping: May 17 to October 13
- Lean-to style dormitory shelters: May 17 to October 13

Before June 24 and after September 2, consult our website for more details on our operating hours.

## PARKS CANADA CAMPSITE RESERVATION CENTRE



reservation.parkscanada.gc.ca

Phone: 1-877-737-3783

ATS: 1-866-787-6221

Phone: 1-519-826-5391

(calls from outside North America)

## PARKS CANADA RESERVATION SERVICE FEES

- **Reservations**  
\$11 via Internet or \$13.50 by phone
- **Reservation changes**  
\$11 via Internet or \$13.50 by phone
- **Reservation cancellations**  
\$11 via Internet or \$13.50 by telephone

## MOORING FEE

- Per foot per 24-hour period – \$0.90

## FEES FOR OTHER ACTIVITIES

Additional fees are charged for activities offered by park concession holders: cruises, kayaking, tennis, pool use, scuba-diving, bicycle and fishing rod rentals. For more information, don't hesitate to speak with park staff or contact our concession holders using the information on the back of this guide.

## CAMPING-RELATED FEES

- Sites without electricity\*\* \$25.50 / night
- Sites with electricity\*\* \$29.40 / night
- oTENTik tents (basic service)\*\* – \$70 / night
- oTENTik tents (all-set service)\*\* – \$100 / night
- Tent trailers\*\* – \$100 / night
- Lean-to dormitory shelters – \$15 /person / night
- Wilderness camping – \$9.80
- Firewood – \$6.80 / armload

\*\* These fees are charged in addition to daily park entrance fees.

## 2013 RATES AND ENTRANCE FEES\*



	DAY PASS		SEASON'S PASS		DISCOVERY PASS
	June 25 to September 2	June 1 to June 24 and September 3 to October 14	Valid from April 1 to October 14	Promotional sale from May 27 to June 21	Valid at 27 national parks and 77 national historic sites
<b>Adults</b>	\$7.80	\$5.65	\$39.20	\$31.40	\$67.70
<b>Youths</b> (6 to 16 years of age)	\$3.90	\$2.90	\$19.60	\$15.70	\$33.30
<b>Children</b> (under 6 years of age)	Free	Free	Free	Free	Free
<b>Seniors</b> (65 and over)	\$6.80	\$4.90	\$34.30	\$27.40	\$57.90
<b>Families or groups*</b>	\$19.60	\$13.70	\$98.10	\$78.50	\$136.40
<b>Business groups</b>	\$6.80/person	\$4.30/person	* Families and groups: No more than 7 people who arrive at a national park in a single vehicle.		
<b>School groups</b>	\$2.90/person	\$1.90/person			

\* Fees under review

# ACCOMMODATIONS AT FORILLON... LOTS OF CHOICES!



## oTENTik CAMPING (South Area)

- Open from June 15 to October 13, 2013
- 7 oTENTik tents (all-set service)
- Wooded area
- Near Recreation Centre
- Evening entertainment
- Near hiking trails



## CAP-BON-AMI CAMPGROUND (North Area)



- Open from June 21 to September 2, 2013
- 36 sites without electricity
- Non-wooded area
- For tents only
- Nearby: lookout, pebble beach and trail
- Evening entertainment

## PETIT-GASPÉ CAMPGROUND (South Area)



- Open from May 17 to October 13, 2013
- 129 sites without electricity
- 33 sites with electricity
- 3 oTENTik tents (basic service)
- Wooded area
- Near Recreation Centre
- Evening entertainment
- Near hiking trails



One of the top 25 campgrounds in Canada according to *Explore Magazine*



## WILDERNESS CAMPING

- 3 sites located along *Les Lacs* and *Les Crêtes* trails
- Registration mandatory at a toll booth or visitor centre

## LEAN-TO SHELTERS

- 2 three-walled dormitory shelters so hikers can camp without having to bring along a tent
- Located along *Les Lacs* and *Les Crêtes* trails
- Sleeping room for four persons per shelter
- Registration mandatory at a toll booth or visitor centre or by calling 418-368-5505

## DES-ROSIERS CAMPGROUND (North Area)



- Open from June 21 to September 2, 2013
- 105 sites without electricity
- 39 sites with electricity
- 5 tent trailers (all-set service)
- Semi-wooded area
- Near Interpretation Centre
- Pebble beach
- Evening entertainment

© Parcs Canada / S. Ouellet



© Parcs Canada / Michel Legault

## PROTECTING THE NATURAL AND CULTURAL HERITAGE

Broadly speaking, all components of the natural and cultural environments are protected in national parks. So you are not allowed to pick or gather any natural resources in the park, the exception being that you may fish for mackerel. Ask park staff about the rules in force.

## SILENCE, PLEASE

To avoid disturbing your campground neighbours, please abide by the curfew (quiet hours) from 11 pm to 7 am. Please take note that making excessive noise is prohibited at all times in the park.



## A FEW RULES...You may not:

- Hunt, trap, harass, attract or feed the animals;
- Fish in fresh water (ponds, lakes, rivers, creeks, etc.);
- Remove, mutilate or destroy any natural elements (wildlife, plants, fossils, driftwood, deadwood, etc.);
- Make wood fires anywhere except in fireplaces provided for this purpose;
- Camp outside designated campsites;
- Make excessive noise at any time;
- Allow pets wander freely (without a leash); or
- Operate personal watercraft in park waters.

## DRINKING WATER

Potable water is provided at park facilities for visitors. This water has been treated and is regularly analysed. Whenever tests reveal the water to be unfit for drinking, a notice indicating "Non-drinkable water" is immediately posted near each faucet and drinking fountain. In such cases, we recommend the water be boiled for at least three minutes before you drink it.

## DISTANCES (KM)

				Percé			
				Gaspé	63		
		Penouille	20	83			
		Grande-Grave	18	38	101		
\$ Secteur Sud / South Area		5	13	33	96		
\$ Secteur Nord / North Area		10	15	23	43	106	
? L'Anse-au-Griffon		18	28	33	41	61	124



## INSTALLATIONS / FACILITIES

- Centre d'interprétation  
Interpretation Centre
- Amphithéâtre  
Amphitheatre
- Belvédère  
Lookout
- Site patrimonial  
Heritage site
- Canon  
Artillery gun
- Panneau d'interprétation  
Interpretation panel
- Centre d'accueil  
Visitor centre
- Tour d'observation  
Observation tower
- Poste de perception  
Toll booth
- Phare  
Lighthouse
- Abri  
Shelter
- Abri-dortoir  
Lean-to
- Tente-roulotte  
Tent trailers
- Tente oTENTik  
oTENTik tent

## ACTIVITÉS / ACTIVITIES

- Terrain de jeux  
Playground area
- Baignade  
Swimming
- Croisière  
Cruise
- Randonnée équestre  
Horseback riding
- Pêche  
Fishing
- Pique-nique  
Picnicking
- Kayak de mer  
Sea kayaking
- Plongée sous-marine  
Scuba diving
- Randonnée pédestre  
Hiking
- Longue randonnée  
Backpacking
- Vélo de montagne  
Mountain biking
- Bicyclette  
Cycling
- Centre récréatif  
Recreation Centre

## SERVICES

- Accessibilité aux personnes à mobilité réduite  
Accessible to the physically impaired
  - Camping sauvage  
Wilderness campsite
  - Église St-Peter  
St. Peter's Church
  - Camping  
Campground
  - Route principale  
Main road
  - Sentier pédestre  
Hiking trail
  - Sentier pour le vélo  
Cycling trail
  - Limite de la zone marine  
Marine area boundary
  - Parc  
Park
  - Distance (km) entre 2 points  
Distance (km) between 2 points
- Zone interdite ou à accès limité (selon les périodes de l'année) pour la plongée sous-marine, la circulation à pied et l'accostage. Renseignez-vous auprès du personnel du parc.  
Prohibited or restricted access zones - at certain times of the year, activities such as scuba diving, hiking or mooring are not allowed in these areas. Ask a Park employee for information.

## THE MONT SAINT-ALBAN TOWER

Perched above the mountains, the tower offers a unique view of the Appalachians where they tumble into the waters of the Gulf of St. Lawrence.



© Parks Canada / S. Ouellet

## PLAN AHEAD WHEN SETTING OUT ON THE WATER

Early in the morning when there's no wind, the sea is sometimes mirror flat, but this rarely lasts all day. And weather conditions can vary considerably from one area of the park to the next. Anyone on the water must always keep in mind that the wind can change direction or speed suddenly. Before setting out on the water, check the latest weather forecast and the tide table, or ask park staff for information.



Disabled people can easily access the facilities at Canada's national parks and historic sites.




Remember that seatbelts must be worn when riding in vehicles and that the Highway Safety Code applies at all times.

# INTERPRETATION PROGRAM

Are you more of a "nature" or a "culture" person? Or maybe a bit of both? By participating in the various interpretation activities, you will see the nature and history of Forillon in a different way. Let our guide-interpreters show you the way... after all you're on vacation!



## INTERPRETATION PROGRAM AND ACTIVITY SCHEDULE

June 22 to August 25							
DAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AM	10:30 am Family Sundays at Grande-Grave Bring your lunch and come join in the fun with us. Grande-Grave beach	10 am <i>Randonnée à la tour du mont Saint-Alban</i> Cap-Bon-Ami picnic area	10:30 am <i>Les 12 travaux d'antan</i> Anse-Blanchette	10:30 am <i>Le monde sous-marin de Grande-Grave</i> Grande-Grave beach	10:30 am <i>Entendu à l'église</i> Recreation Centre parking lot	10:30 am <i>Garde à vous!</i> Fort Peninsula	
PM		2 pm <i>« Demi-ligne » recherché</i> Anse-Blanchette	1:30 pm <i>À la découverte de Cap-Gaspé</i> Anse-aux-Amérindiens picnic area	2 pm <i>Gouache, papier, ciseaux!</i> Hyman & Sons General Store	1:30 pm <i>Randonnée à la tour du mont Saint-Alban</i> Cap-Bon-Ami picnic area	1:30 pm <i>Les secrets de la roche</i> Interpretation Centre	1:30 pm <i>Ça grouille à Penouille</i> Penouille Visitor Centre
		4 pm <i>Mission Aquanaute</i> Interpretation Centre	4 pm <i>Créatures des fonds marins</i> Interpretation Centre	4 pm <i>Creatures of the deep</i> Interpretation Centre	4 pm <i>Mission Aquanaute</i> Interpretation Centre	4 pm <i>Créatures des fonds marins</i> Interpretation Centre	
Evening	Evening entertainment!	Evening entertainment!	Evening entertainment!	Evening entertainment!	Evening entertainment!	Evening entertainment!	Evening entertainment!
Evening entertainment! From June 22 to August 25, Forillon promises visitors the liveliest of evenings. Talks, presentations and other special activities are being planned. Check the park bulletin boards or ask park staff for more detailed information.							 <b>CULTURAL ACTIVITIES</b>
August 26 to September 14							
DAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AM			<i>La vie du bord de mer*</i> Petit-Gaspé beach parking lot		<i>La vie du bord de mer*</i> Petit-Gaspé beach parking lot		
PM	4 pm <i>Créatures des fonds marins</i> Interpretation Centre	1:30 pm <i>À la découverte de Cap-Gaspé</i> Anse-aux-Amérindiens picnic area		4 pm <i>Créatures des fonds marins</i> Interpretation Centre		4 pm <i>Créatures des fonds marins</i> Interpretation Centre	1:30 pm <i>Randonnée à la tour du mont Saint-Alban</i> Cap-Bon-Ami picnic area
Evening	<i>Le castor et son domaine/The beaver's turf*</i> (bilingual) Le Castor parking lot	<i>Le castor et son domaine*</i> Le Castor parking lot	<i>Le castor et son domaine*</i> Le Castor parking lot	<i>Le castor et son domaine*</i> Le Castor parking lot	<i>Le castor et son domaine/The beaver's turf*</i> (bilingual) Le Castor parking lot	<i>Le castor et son domaine*</i> Le Castor parking lot	<i>Le castor et son domaine*</i> Le Castor parking lot
<b>September 15 to October 12</b>							
<i>Le castor et son domaine/The beaver's turf</i> · Le Castor parking lot Every evening of the week at dusk. Check with park staff for the precise schedule. Bilingual presentation on Sundays and Thursdays.							
* Check with park staff for the exact time							

The activities take place, come rain or shine. Bring along water, binoculars, sunscreen and a hat.

### CURIOUS IN NATURE...

Park guide-interpreters are on the spot to help you make the most of Forillon's marvels. Whether you see them at the *Curious in nature* stand at Cap-Bon-Ami, the Interpretation Centre or near a *Naturalist on duty* sign, feel free to ask them any questions you may have and they'll be delighted to answer you.

### GRANDE-GRAVE HERITAGE SITE

Hyman & Sons General Store, Anse-Blanchette and Dolbel-Roberts House tell the fascinating history of the people who settled on the Forillon peninsula; their stories come to life via the guide-interpreters, activities, authentic buildings and exhibits.

Come discover the history of the fish trading companies, the lifestyle of the families who drew their living from land and sea, and the diversity of cultures, religions and traditions.



# HIKING TRAILS

TRAIL	DEPARTURE POINT	LENGTH	TYPE	DURATION	LEVEL	SPECIAL FEATURES
<i>Prélude à Forillon</i>	Near Interpretation Centre (North Area)	0.6 km	Loop	30 min.	Beginner	· Universal access trail (boardwalk)
<i>La Chute</i>	Highway 132, about 4 km from North Area	1 km	Loop	30 min.	Beginner	· 17-metre-high waterfall · Boardwalks and stairs · Drop of about 50 m
<i>Une Tournée dans les Parages</i>	Grande-Grave	3 km	Loop	2 hours	Beginner	· Tours the Grande-Grave historic sector
<i>Les Graves</i>	Anse-aux-Amérindiens to Cap-Gaspé (road*)	3.2 km	One way	1 hour	Beginner	· Runs along coves and pebble beaches and leads to Cap-Gaspé · Opportunity for marine mammal observation
	Anse-aux-Amérindiens to Cap-Gaspé (trail)	4 km	One way	1 hr. 15 min.	Beginner	
	Grande-Grave to Cap-Gaspé	7.6 km	One way	2 hr. 15 min.	Intermediate	
<i>La Vallée**</i>	L'Anse-au-Griffon	4.6 km	One way	1 hr. 15 min.	Intermediate	· Runs along L'Anse-au-Griffon river
<i>Le Portage**</i>	Departure from near operational centre OR from L'Anse-au-Griffon	10 km	One way	3 hours	Intermediate	· Connects the north and south sides of the peninsula
<i>Mont Saint-Alban</i>	Cap-Bon-Ami	7.8 km	Loop	3 hr. 30 min.	Intermediate	· Impressive sea and cliff scenery · Observation tower at an elevation of 283 m · Plan for an hour's hike to get to the tower (one way only)
	Petit-Gaspé beach	7.2 km	Loop	3 hours	Intermediate	
<i>Les Lacs</i>	Near operational centre or Highway 197, (Rivière-au-Renard)	16.8 km	One way	6 hours	Experienced	· Leads to the park's highlands and wilderness lakes · Wilderness camping site
	Including access leg	17.6 km	One way	6 hr. 15 min.	Experienced	
<i>Les Crêtes</i>	Near operational centre or Petit-Gaspé beach	16.3 km	One way	6 hr. 30 min.	Experienced	· Wooded, mountainous area · Wilderness camping sites
	Including access leg	18.2 km	One way	7 hours	Experienced	

\* Trail also used for cycling

\*\* Trail also used for cycling and horseback riding



## SOME RECOMMENDATIONS TO HELP YOU OBSERVE WILDLIFE IN FORILLON NATIONAL PARK SAFELY



- Stay a safe distance away from wildlife (at least 100 m).
- Adapt the way you drive by slowing down. When observing animals, park your vehicle and stay inside.
- Don't feed wild animals.
- Hike in groups and make noise while on the trail.
- Be on the watch for signs of bears in the area (tracks, excrement, etc.).
- Leave the animals you encounter the space and quiet they need.
- Be aware of the applicable advice, notices, rules and restrictions.
- Report any particular situations involving the wildlife to park authorities.

# RECREATIONAL ACTIVITY

## CYCLISTS

Take your bike to discover Forillon by travelling its secondary roads or one of the following trails:

- The gravel road to Cap-Gaspé (*Les Graves* trail from Anse-aux-Amérindiens);
- *Le Portage* and *La Vallée* trails;
- The road leading to the tip of Penouille; and
- The trail connecting the Interpretation Centre and Des-Rosiers campground.

People are advised to use mountain or hybrid bikes on the trails. Cycling is not allowed on any other hiking trails.

Bikes can be rented at the Recreation Centre.

## FISH FOR MACKEREL AT THE GRANDE-GRAVE WHARF!

Safety rules for anglers:

- Avoid casting your line near vessels entering or leaving the harbour.
- Whenever a vessel approaches the harbour, make sure your line isn't in the waterway.
- Because the wharves are very busy, be extra careful when you cast your line.
- **Each angler may catch no more than 10 mackerel per day, including any fish returned to the water.** No person may have more than 10 mackerel in his or her possession at any time. Each angler may use only one fishing line bearing either a single or a triple hook.
- No fishing permit is required. **Enjoy the fishing!**

## EVERYONE INTO THE WATER!

The water at several of the park's beaches is very inviting. But you'll have to be particularly careful in some places like Cap-Bon-Ami where strong waves sometimes create an undertow that can drag swimmers out to sea. Please take note that there are no lifeguards at the park's beaches.

## WHERE'S FIDO?

Dogs are welcome in the park but you must never let them out of your control. Please keep your dog leashed!

## TAKE IT EASY! SLOW DOWN, PLEASE!

Even though you're on vacation, highway traffic rules still apply. For your safety and that of others, slow down and drive carefully, especially at campgrounds where you'll be sharing the road with children!



So you'd like to discover some of Forillon's natural and historical treasures?

Come pick up your Xplorer's booklet wherever visitor or interpretation services are offered; it's free. Complete the activities, in whole or in part, and become a certified Parks Canada "Xplorer". **A gift awaits you.**



This program gives **Year 2 secondary school** (or grade 8) students **free access** to all national parks, national historic sites and national marine conservation areas managed by Parks Canada **for one year**. In addition, all Year 2 secondary school (or grade 8) students – and combined classes – can visit these parks and sites free when the trip is organised by their school.



Parks Canada  
Shop

[parks.canadashop.ca](http://parks.canadashop.ca)



380 million years *later...*



*...we're still talking about it*  
at the Musée d'histoire naturelle de Miguasha

231 Route Miguasha Ouest  
Nouvelle (Québec) G0C 2E0  
418-794-2475 • 1-800-665-6527  
[ParcsQuebec.com](http://ParcsQuebec.com)





## POINTE-AU-PÈRE LIGHTHOUSE NATIONAL HISTORIC SITE OF CANADA

Pointe-au-Père, a navigation assistance centre on the St. Lawrence River

### Explore...

- A lighthouse with a unique architecture
- Historic buildings associated with the lighthouse station
- A trail with interpretation panels

### Nearby:

- The Pointe-au-Père historic maritime site invites you to visit the Empress of Ireland pavilion and the submarine, Onondaga [shmp.qc.ca](http://shmp.qc.ca).

### Location:

1034 Rue du Phare, Pointe-au-Père, Québec, from Highway 20, take exit 621, or by way of Highway 132, 5 km east of Rimouski

Phone: 1-888-773-8888 | [information@pc.gc.ca](mailto:information@pc.gc.ca)  
[www.pc.gc.ca/eng/lhn-nhs/qc/pointaupere/index.aspx](http://www.pc.gc.ca/eng/lhn-nhs/qc/pointaupere/index.aspx)



## BATTLE OF THE RESTIGOUCHE NATIONAL HISTORIC SITE OF CANADA

1760. In the spring following the Battle of the Plains of Abraham, the French supported by their Acadian and Mi'gmaq allies took on the British in a naval confrontation on the Restigouche River. The battle was fought at the height of the Seven Years' War, during which the two countries duelled for ultimate supremacy in New France. Today, more than 250 years later, the Battle of the Restigouche National Historic Site commemorates this historic event.

### Explore...

the remains of the French frigate Le Machault, recovered during underwater archaeological digs (1969-1972).

### Discover...

life aboard an 18th-century frigate.

### Location:

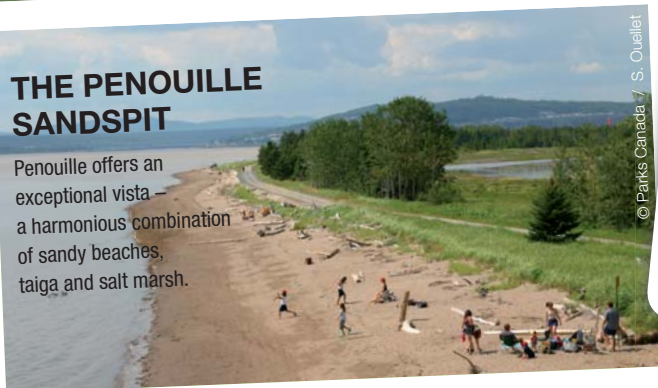
40 Boulevard Perron Ouest (Hwy 132) in Pointe-à-la-Croix, Quebec

Phone: 1-888-773-8888 | [information@pc.gc.ca](mailto:information@pc.gc.ca)  
[www.pc.gc.ca/eng/lhn-nhs/qc/ristigouche/index.aspx](http://www.pc.gc.ca/eng/lhn-nhs/qc/ristigouche/index.aspx)



## THE PENOUILLE SANDSPIT

Penouille offers an exceptional vista – a harmonious combination of sandy beaches, taiga and salt marsh.



© Parks Canada / S. Ouellet

## CAP-BON-AMI

The ideal front-row seat from which to admire stunning seascapes and soaring cliffs where seabirds, whales and seals vie for your attention!



© Parks Canada / S. Ouellet

## ACTIVITIES ORGANISED BY OUR CONCESSION HOLDERS

### WHALE-WATCHING CRUISE AN UNFORGETTABLE OUTING ABOARD THE NARVAL III TO DISCOVER THE GIANTS OF THE SEA!

Grande-Grave harbour (South Area) – June 3 to October 1, 2013



#### Up to four outings per day, including at least one with bilingual commentary

- ± 2.5-hour cruise
- Marine mammal observation (up to seven different whale species)
- A map showing the week's sightings posted on the website

#### Information and reservations:

Phone: 418-892-5500 or 1-866-617-5500 · Fax: 418-269-5580

[www.baleines-forillon.com](http://www.baleines-forillon.com)

[info@baleines-forillon.com](mailto:info@baleines-forillon.com)



Photo: Marc Loiseleur / laizo.com



### PLONGÉE FORILLON INC. Vivez l'aventure !



### SCUBA DIVING AND SNORKELING

Grande-Grave harbour (South Area)

#### Activities for everyone

- Outings with a dive boat, snorkelling
- Seal observation
- Departure from Grande-Grave harbour (South Area)

#### Regular season:

- June 15 to September 15
- Off season: Outings upon request

#### Information and reservations

Phone: 418-892-5888

[www.plongeeeforillon.com](http://www.plongeeeforillon.com)

[plongeeeforillon@hotmail.com](mailto:plongeeeforillon@hotmail.com)



Réseau d'observation des mammifères marins (ROMM) partner and observer  
(FOCK) certified guides  
(AEQ) certified company



### SEA KAYAKING

Grande-Grave harbour (South Area)

**Important:** Register at the Recreation Centre at least one hour prior to departure.  
For morning departures, register the day before between 9 am and 6 pm.

**Regular season:** June 15 to August 25

**Off season:** Outings available upon request

#### Information and reservations

Recreation Centre, 9 am to 6 pm

418-892-5056 · [www.capaventure.net](http://www.capaventure.net)

[kayak@capaventure.net](mailto:kayak@capaventure.net)

#### Guided outings

##### Regular program

- 8 am Seal encounters
- 5:30 pm Seals at sunset (time varies)

##### Available upon request

7 am Cap-Gaspé

##### Exclusive passport

- Sea kayaking and whale-watching cruise (Narval III)



## Centre Récréatif

South Area

Phone: 418-892-5058

### JUNE 8 TO SEPTEMBER 2

#### Heated pool, wading pool

June 17 to 21

(school groups that book in advance)

June 22 to August 18

(10 am to 12:30 pm and 1 pm to 5 pm)

Except from July 13 to August 9

(10 am to 12:30 pm and 1 pm to 6 pm)

- Pool closed from 12:30 pm to 1 pm
- Admission fees are charged in addition to park entrance fees

#### Tennis

June 8 to September 2

- Racquet rentals
- Hourly court rental fee

#### Bike rentals

June 15 to August 25 (from 9 am to 6 pm)

- Louis Garneau bikes
- Bike rentals (for 2 hours, 4 hours or an entire day)
- Helmets provided

#### Restaurant, terrace, dairy bar

June 8 to June 14 (9 am to 4 pm)

June 15 to September 2 (9 am to 6 pm)

Except from July 13 to August 9 (9 am to 7 pm)

#### Last-stop shop for recreational activity supplies

June 15 to August 25 (9 am to 6 pm)

#### Fishing rod rentals

June 15 to August 25 (9 am to 6 pm)

#### Shuffleboard, playground

June 8 to September 2

#### Coin-operated laundry machines

June 8 to September 2 (any time)

- Laundry product distributor in laundry room

