

Parks Parcs Canada Canada

# Canada

# Your Guide to the Long Beach Unit

Pacific Rim National Park Reserve



Knowledgeable Parks Canada staff are available to help make your visit to Pacific Rim a rewarding experience. If you have questions or need advice, please stop by one of these locations.

Attractions and Services	May to late June	Late June to early Sept	Early Sept to mid October	Mid October through April
<b>Pacific Rim Visitor Centre</b> Stop here to purchase your park pass and obtain information about the national park and surrounding region.	10:00 am – 4:30 pm	9:00 am – 7:00 pm	10:00 am – 4:30 pm	closed
K <sup>w</sup> isitis Visitor Centre New exhibits in this interpretive facility illuminate the natural and cultural history of the region.	10:00 am – 4:30 pm	10:00 am – 4:30 pm	10:00 am – 4:30 pm	11:00 am – 3:00 pm Fri-Sun
<b>Green Point Campground</b> Situated on a forested terrace above Long Beach: 94 reservable drive-in sites, 20 walk-in and 1 group campsite.	8:00 am – 4:00 pm	8:00 am – 6:00 pm June 29th – Sept. 2nd	8:00 am – 4:00 pm	closed
Park Administration Stop here to purchase your park pass or obtain information about the national park.	8:00 am – 4:00 pm Mon-Fri	8:00 am – 4:00 pm Mon-Fri	8:00 am – 4:00 pm Mon-Fri	8:00 am – 4:00 pm Mon-Fri
<b>Green Point Theatre Programs</b> Bring your family and listen to stories about Pacific Rim inside this heated indoor cedar theatre.		8:00 pm		
<b>Guided Events</b> Learn from a knowledgeable guide about the natural and cultural history of the national park.		times vary		

## Did you know?

- Pacific Rim is called a national park reserve because of pending First Nation treaty settlements.
- The Long Beach Unit is entirely within the traditional territories of the Yuu-thlu-ilthaht and Tla-o-gui-aht First Nations.
- It is illegal to collect and remove natural or cultural objects.
- The Long Beach Unit is the most extensive sand dune/beach area on Vancouver Island.
- Rocky outcroppings provide excellent opportunities for exploring tidepools at low tide.
- Sea Lion Rocks, off Combers Beach, is a great bird nesting site and sea lion haulout that can be observed with binoculars or a telescope.
- Dogs are welcome in the Long Beach Unit. Please keep them leashed and under control at all times.
  - On-leash dogs are less likely to: ■ flush shorebirds from critical feeding areas
  - become prey for wolves and cougars

### Choose the Park Pass that's best for you!

Park Pass fees stay in Pacific Rim National Park Reserve to help support the services and facilities you enjoy.

irk Pass options	Where to purchase Park Passes			
nual Pass	<ul> <li>Pacific Rim Visitor Centre</li> <li>K<sup>w</sup>isitis Visitor Centre</li> <li>Green Point Campground</li> <li>Park Administration</li> <li>www.pc.gc.ca</li> </ul>			
ily Pass (valid to 4 pm the lowing day)	<ul> <li>Park Pass machines*</li> <li>The facilities listed above</li> </ul>			
r other Park Pass options, pleas	e visit a park facility.			

\*Park Pass machines are available at most parking lots except Grice Bay, Willowbrae Trail, Shorepine Bog Trail, Florencia Bay and Kennedy Lake.

A Park Pass must be displayed in your vehicle when stopping in the Long Beach Unit of the park.



	Trail Information	Distance	Exhibits	Beach Access	Difficulty
1 *	Willowbrae Trail         Location: Willowbrae Road intersects Highway 4, 2 km south of the Ucluelet-Tofino junction. Trail access is not signed from the highway. Turn west onto Willowbrae Road to the trailhead parking lot.         Of Interest: This historic trail formed part of a two-day travel route between Ucluelet and Tofino prior to the establishment of a road in 1942.	1.4 km one way		yes	Long flights of stairs
2 *	Halfmoon Bay TrailLocation: The Halfmoon Bay Trail branches from the Willowbrae Trail 1.3 km from the Willowbrae parking lot.Of Interest: The trail winds through old growth cedar/hemlock forest before giving way to the spruce fringe and sandy beach of Halfmoon Bay.	500 m one way		yes	Steep sections and long flights o stairs
3	South Beach Trail Location: South Beach Trail branches from the Nuu-chah-nulth Trail. Of Interest: South Beach offers spectacular, but potentially dangerous, wave watching. Very large waves and strong currents form at this pebble beach; water activities not recommended.	800 m one way		yes	Some stairs
4	Nuu-chah-nulth Trail           Location: Trailheads are located at Florencia Bay and behind the K <sup>w</sup> isitis Visitor Centre (formerly known as the Wickaninnish Interpretive Centre).           Of Interest: A glimpse into the Nuu-chah-nulth culture. Learn what Hishuk ish ts'awalk means and how this belief influences the lives of the Nuu-chah-nulth-aht.	2.5 km one way	yes	yes	Some stairs
5	Shorepine Bog Trail Location: Along Wick Road. Of Interest: This is old growth coastal temperate rainforest with a twist. Search for the plant that kills small and unwary insects and learn what kind of an environment might lead a plant to such deeds.	800 m loop	no	no	Ŀ
6 *	Rainforest Trail Trails A and B         Location: Trail A is located on the opposite side of Highway 4 from the parking lot.         Trail B starts from the parking lot.       Of Interest: Gigantic western redcedar and western hemlock reach up to the sunlight, their boughs thickly carpeted with hanging gardens of moss.         Loop A signs emphasize forest cycles.       Loop B signs emphasize forest structure and inhabitants.	Each Ioop 1 km	yes	по	Many short flights o stairs
7	Combers Beach Trail Location: Along Highway 4. Of Interest: Combers Beach Trail leads from the parking lot down to Combers Beach. Beach access is dependent on tides, currents and erosion.	500 m one way		sea- sonal	Steep slope
8 *	Schooner Cove Trail Location: Along Highway 4. Of Interest: The trail descends through young and old stands of cedar/hemlock forest, gradually giving way to the Sitka spruce fringe. Coming to the beach, you will catch glimpses of the village of Esowista, belonging to the Tla-o-qui-aht, who have lived along this shore for centuries. Note: Schooner Cove may be cut off during high tides.	1 km one way		yes	Long flights o stairs

# Make your visit a safe one

## National parks are wild places.

Wear appropriate footwear for slippery

Avoid the rainforest during high winds.

boardwalks and muddy uneven ground.

**Safety In the Forest** 

Some simple precautions will ensure a safe and enjoyable visit.

#### Bears, Cougars and Wolves

- Frequent the intertidal zone as well as the rainforest.If you encounter a bear, cougar or wolf:
- Pick up small children and pets and stay in a group.
- Back away slowly to give it an escape route.
- If the animal approaches do all you can to appear threatening,
- shout, wave your arms and throw sticks.
- Never feed or approach wildlife.

#### Safety In and Around the Water

- Shorelines are dynamic places. Large waves can unexpectedly sweep over beaches and rocky outcrops.
- Generally, there are two high and two low tides each day. During high tides, creeks and shoreline routes may become impassable. Beach logs will float and roll; they have crushed people.
- Wading in the waves is safer than swimming and using inflatables.
  Water temperatures are low (7-14°C). Wear a wetsuit in the water.

## **RIP CURRENTS** Break the Grip of the Rip!



Rip currents are powerful currents of water that can sweep even the strongest swimmer out to sea.

# To Identify Rip Currents, Look For: A narrow stream of water moving away from shore, often perpendicular to the shoreline. Waves breaking on both sides of the rip, but not inside the rip.

If you get caught in a rip, do not swim against it. Stay calm and swim parallel to the shore, then swim back to shore. If you cannot escape, float or tread water and signal for help.