



Kootenay
National Park

XPLORERS

PARKS CANADA

Your name: _____



— Kootenay —

Aussi disponible en français



Parks
Canada

Parcs
Canada

Canada

WELCOME!

to KOOTENAY NATIONAL PARK

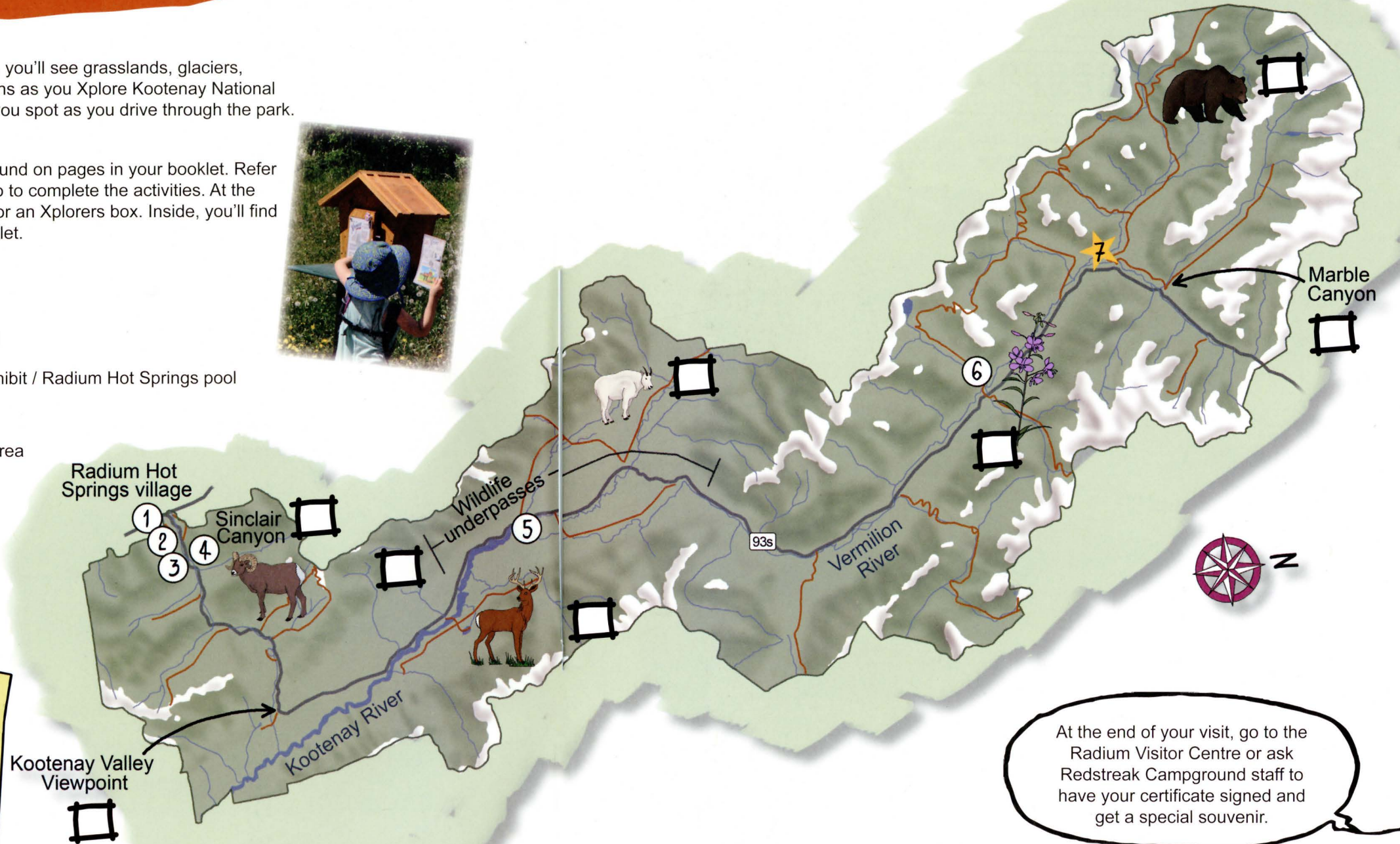
Along the Kootenay Parkway, you'll see grasslands, glaciers, mountains and narrow canyons as you Xplore Kootenay National Park. Check ☒ the things you spot as you drive through the park.

The numbers below will be found on pages in your booklet. Refer to the map to see where to go to complete the activities. At the ones marked with ★, look for an Xplorers box. Inside, you'll find a rub plate to mark your booklet.



- ① Kootenay Visitor Centre
- ② Redstreak Campground
- ③ Highway Underpass Exhibit / Radium Hot Springs pool
- ④ Gazebo
- ⑤ Dolly Varden Day Use Area
- ⑥ Floe Lake Trail
- ★ 7 Paint Pots

Kootenay has such low and high elevations that it is home to both cactus and glaciers.



At the end of your visit, go to the Radium Visitor Centre or ask Redstreak Campground staff to have your certificate signed and get a special souvenir.

CHECK IT OUT

Go to
1
on the map

KOOTENAY QUEST

Stop at the Kootenay National Park Visitor Centre in the village of Radium and discover cool things about the park.

Listen to the Ktunaxa creation story.
Write a word in the Ktunaxa language.
It is written in red on the exhibit.

What does it mean?

Find the 'wildlife tree' and listen to
the sounds. Which is your favourite?

How many times
can you fit your
hand across the
tree cookie?



GO MEET



TRAVELLING PARK REPORTER

Look for someone in a park uniform and ask them a few questions. You'll find park staff at the campground, the visitor centre, or even at one of the stops along the highway!



Employee's name:

What is your job?

What is your favourite part of the job?

What is your favourite animal in Kootenay National Park?

Why?

Your own question:

Answer:

FIND IT



Go to
2
on the map

GEOCACHE ADVENTURE

Kootenay is creating a new 'home on the range' for bighorn sheep! Use your phone or borrow a GPS unit from the campground kiosk. The route starts at the Redstreak Restoration Trailhead (first right past the campground entry kiosk).

Ready, set, go!

Track down the cache boxes hidden just off the trail (search carefully when you get close).

Look at the materials in each box.

Answer the question (psst: look around the site for clues).

Stamp your booklet.

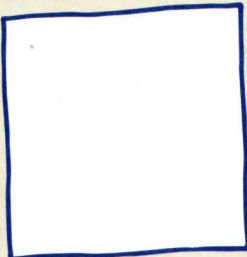


1. The Past

N 50°37.383'

W 116°03.485'

When did this tree burn?

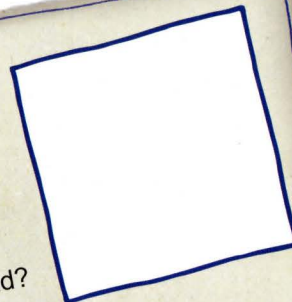


2. Trees

N 50°37.350'

W 116°03.484'

How would this fire spread?

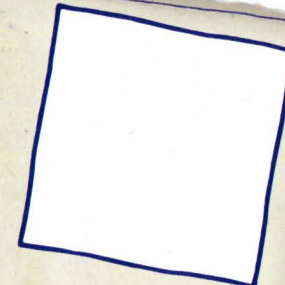


3. Restored

N 50°37.324'

W 116°03.516'

What was the first step in the restoration?

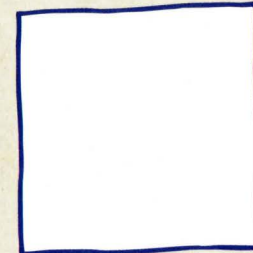


4. Sheep

N 50°37.253'

W 116°03.595'

Who is the main predator of bighorn sheep?

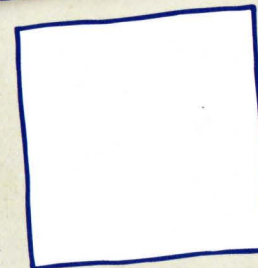


5. Home

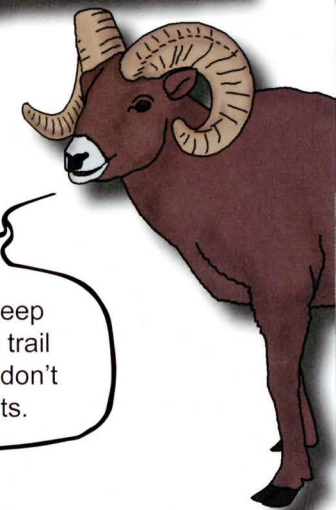
N 50°37.182'

W 116°03.497'

Which animal is the best 'fit' for this home?



Hey ewe! Please keep your hooves on the trail between stops. We don't want too many ruts.



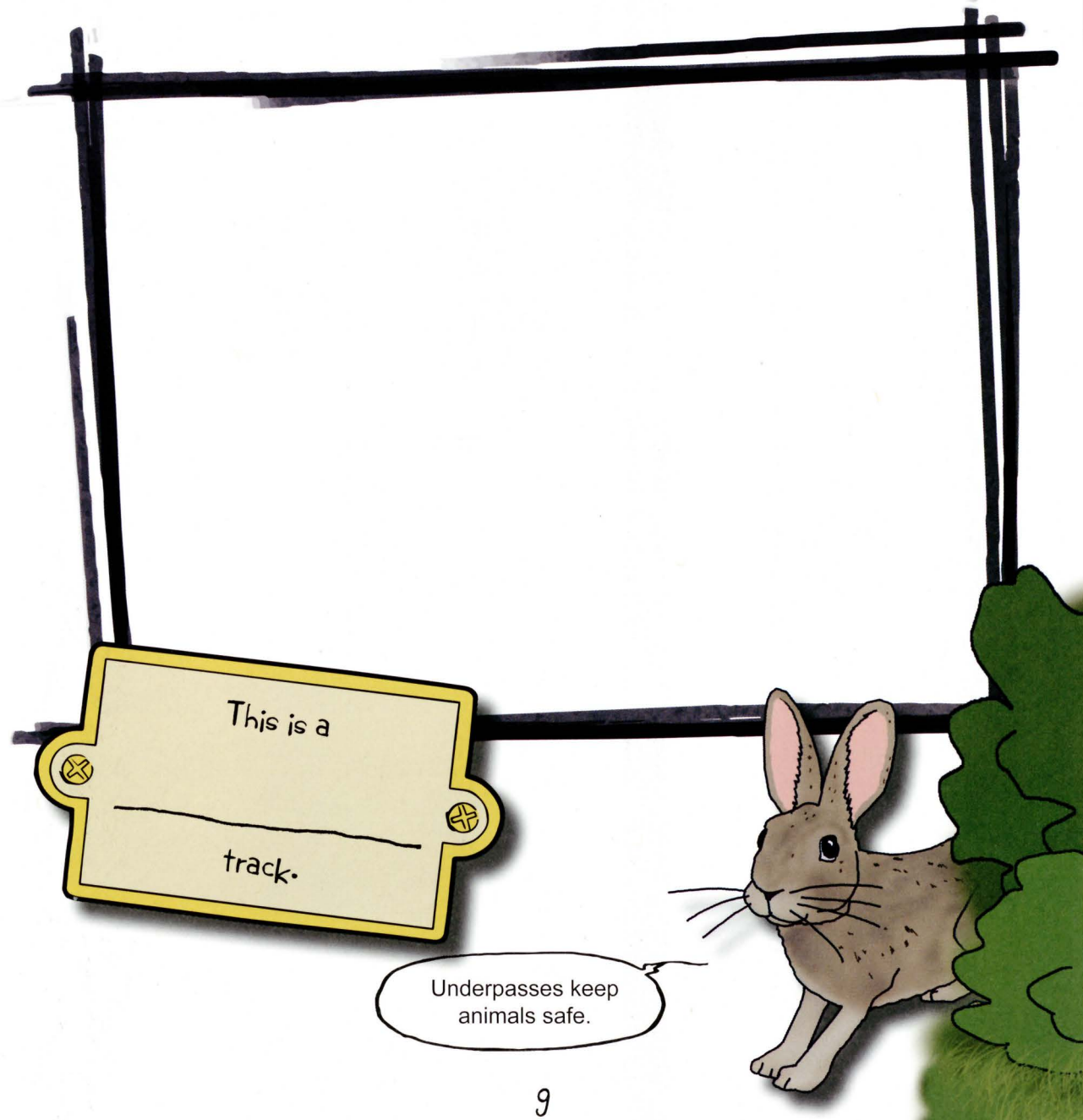
CHECK IT OUT

Go to
3
on the map

ON THE RIGHT TRACK

Imagine you are an animal using the wildlife underpasses in Kootenay National Park. Walk through the underpass tunnel between the parking lot and the Radium Hot Springs Pools. Find the wall with the animal tracks on grey wood.

Make rubbings of your two favourite tracks. Pencil or crayon work best.

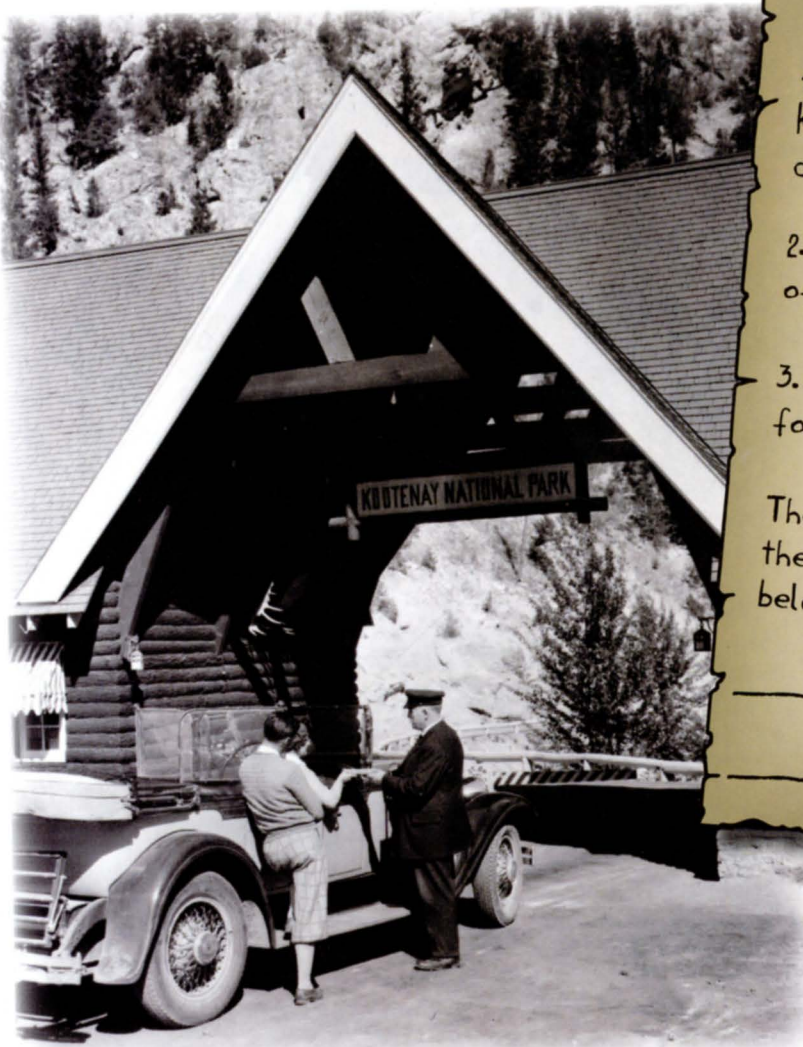


TRY IT OUT !!

Go to
3
on the map

TIME MACHINE

Try out the Time Machine Tour of the hot springs area.



1. Download the free Explora Kootenay App. The park visitor centre in Radium has WIFI.

2. Chose a route, then go to List of Stop Overs.

3. Choose Radium Hot Springs and follow the instructions.

There is a photo with words on the arch. Fill them in on the photo below.

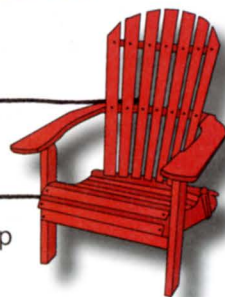
HINT: In the App, look at the 4th Time Machine photo.

CHECK IT OUT



Go to
4
on the map

FIND THE RED CHAIRS



Climb the trail to the gazebo across the road from the hot springs. Continue up the hill to find the Red Chairs. Relax in a Red Chair and take a look around.

This habitat has been restored for bighorn sheep, rubber boa snakes and other animals. Can you find signs of wildlife using their new habitat?



Sheep hair on the tree trunks



An animal home



Tracks



Poop

TAKE A DRIVE



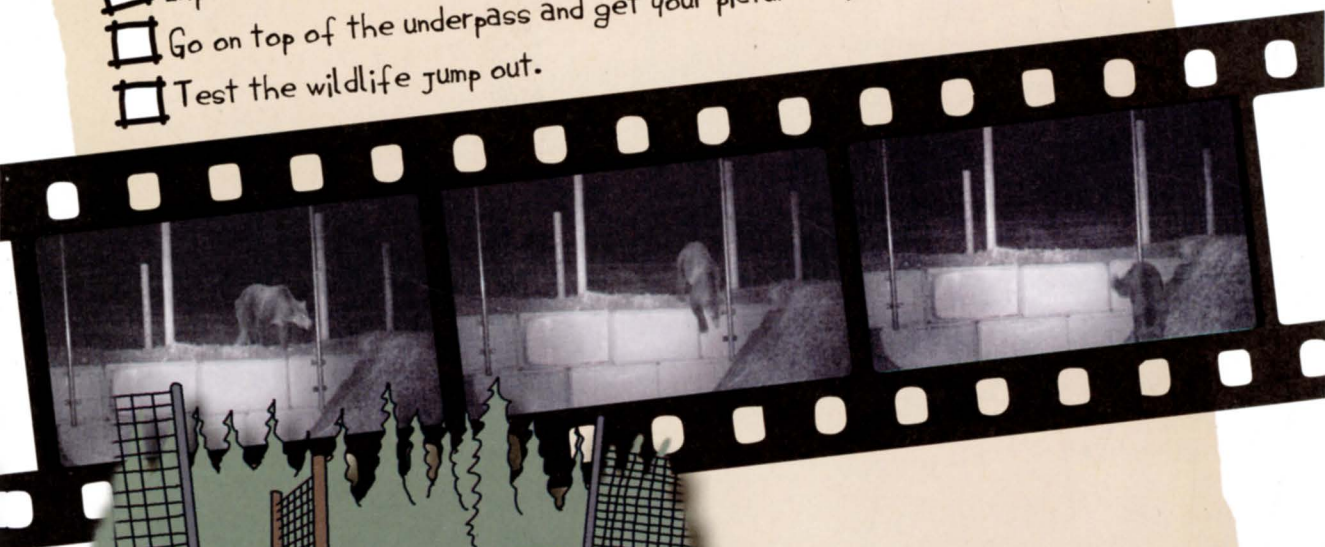
Go to
5
on the map

WILDLIFE PROTECTION

Want to know how the park protects wildlife? Check out the Dolly Varden Day Use Area - about 30 minutes into the park.

Check ☒ the ones you try.

- ☐ Explore the underpass exhibit as your favourite animal.
- ☐ Go on top of the underpass and get your picture taken in one of the cars.
- ☐ Test the wildlife jump out.



My favourite was:

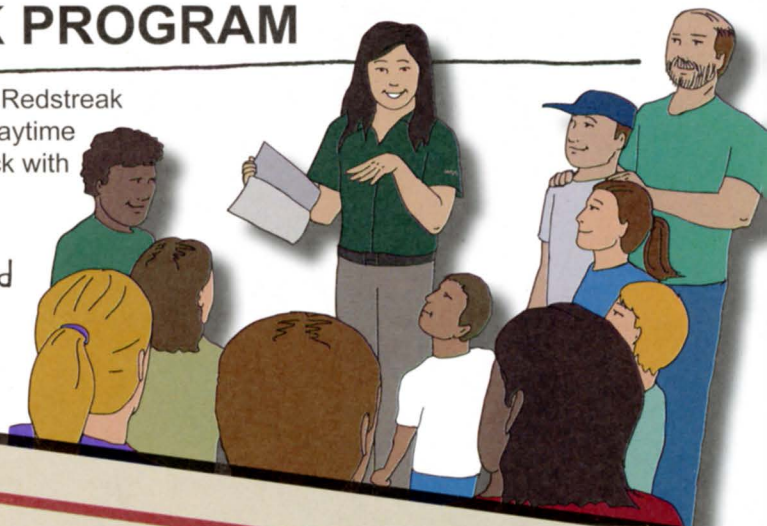
JOIN IN



ATTEND A PARK PROGRAM

Take in an evening theatre show at Redstreak Campground, a guided walk, or a daytime activity with a park interpreter (check with park staff for the schedule).

Write or draw what you liked about the program.



Ask the park
interpreter for a
sticker to go
here!

GET MOVING



TAKE A HIKE

Check the visitor centre for information about trails, then choose one and go for a hike.

Family-friendly
trail suggestions:

- ☐ Redstreak Loop
- ☐ Juniper Trail
- ☐ Olive Lake
- ☐ Marble Canyon

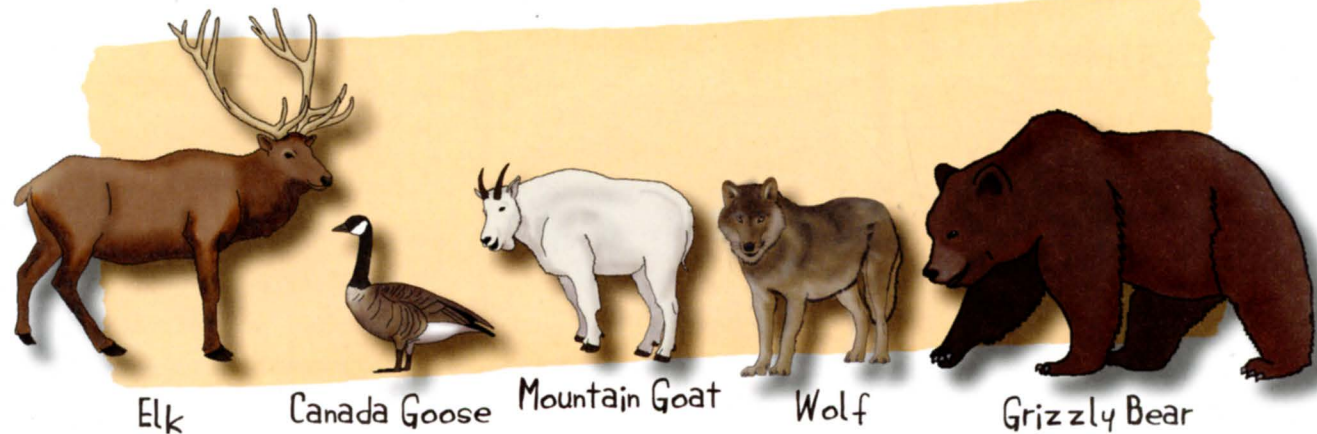
Take a photo, draw a picture or describe your favourite part of the hike.



TAKE A LOOK

TRAVELLING TRACKS

Park animals travel too! They like to use the valley bottoms to make their way through Kootenay National Park. Can you match each animal to its track?



Look for these and other animal tracks as you hike on park trails.

FIND IT



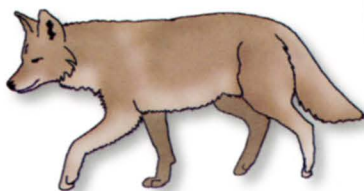
Go to
6
on the map

EYE-SPY AFTER THE FIRE

On July 31, 2003, a bolt of lightning started a large wildfire in Kootenay National Park. Take a walk along the Floe Lake Trail (300m to the first bridge) to see how the forest is renewing itself. How many things can you find in this nature hunt?



☐ A tall tree that died in the fire



☐ An animal



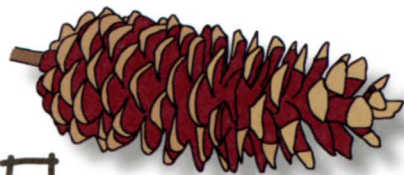
☐ A purple or pink flower



☐ Food for an animal



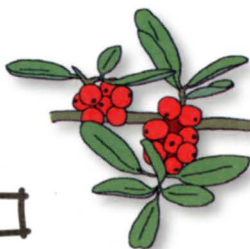
☐ Young pine trees



☐ A pine cone (open or closed)



☐ A bird



☐ A berry bush



☐ Something smelly

GO PLAY



IN THE MUD!

The Paint Pots are very important to Indigenous people. They collect the orange clay called ochre and use it for paint. Stop at the Paint Pots, along the Kootenay Parkway and take a 10 minute walk to see for yourself.

In the Xplorers box, you will find a rub plate. Use the space below to do a rubbing, or paint your own picture with the ochre. Use a brush, your finger or make a hand print. Try painting your face too!



LISTEN



NATURAL NOISES IN THE PARK

Choose a place in the park away from the highway and discover the sounds around you. Challenge your family and friends to do the same – sit a little ways apart and silently listen for one to five minutes. Compare what you heard with everyone else.



List or draw the natural
sounds you hear.

List or draw the human-made
sounds you hear.



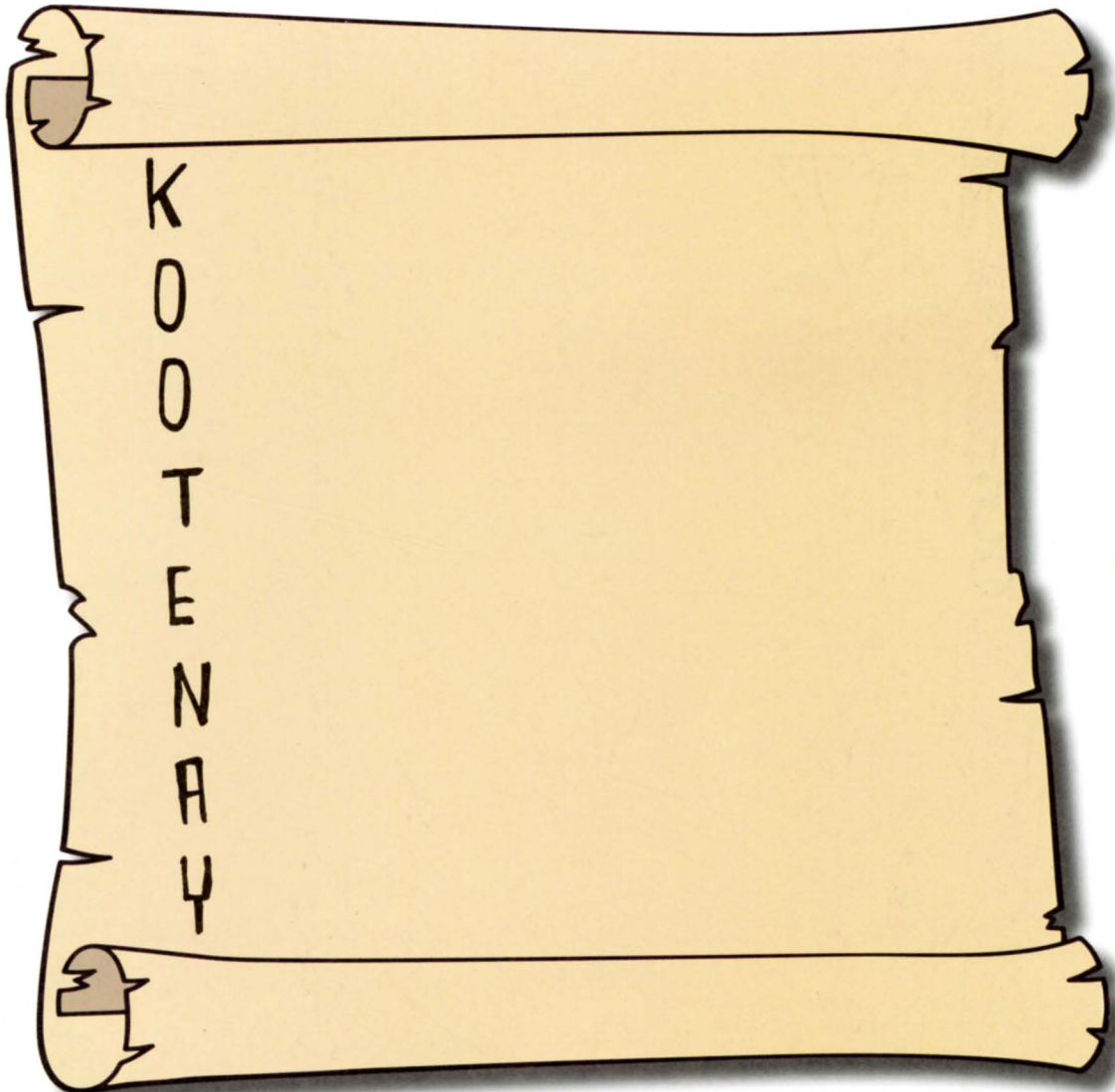
Underline the softest
sound. Circle the
loudest sound.

TAKE IT EASY

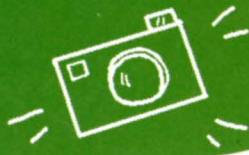


POET IN TRAINING

For each letter, write a word inspired by Kootenay National Park.



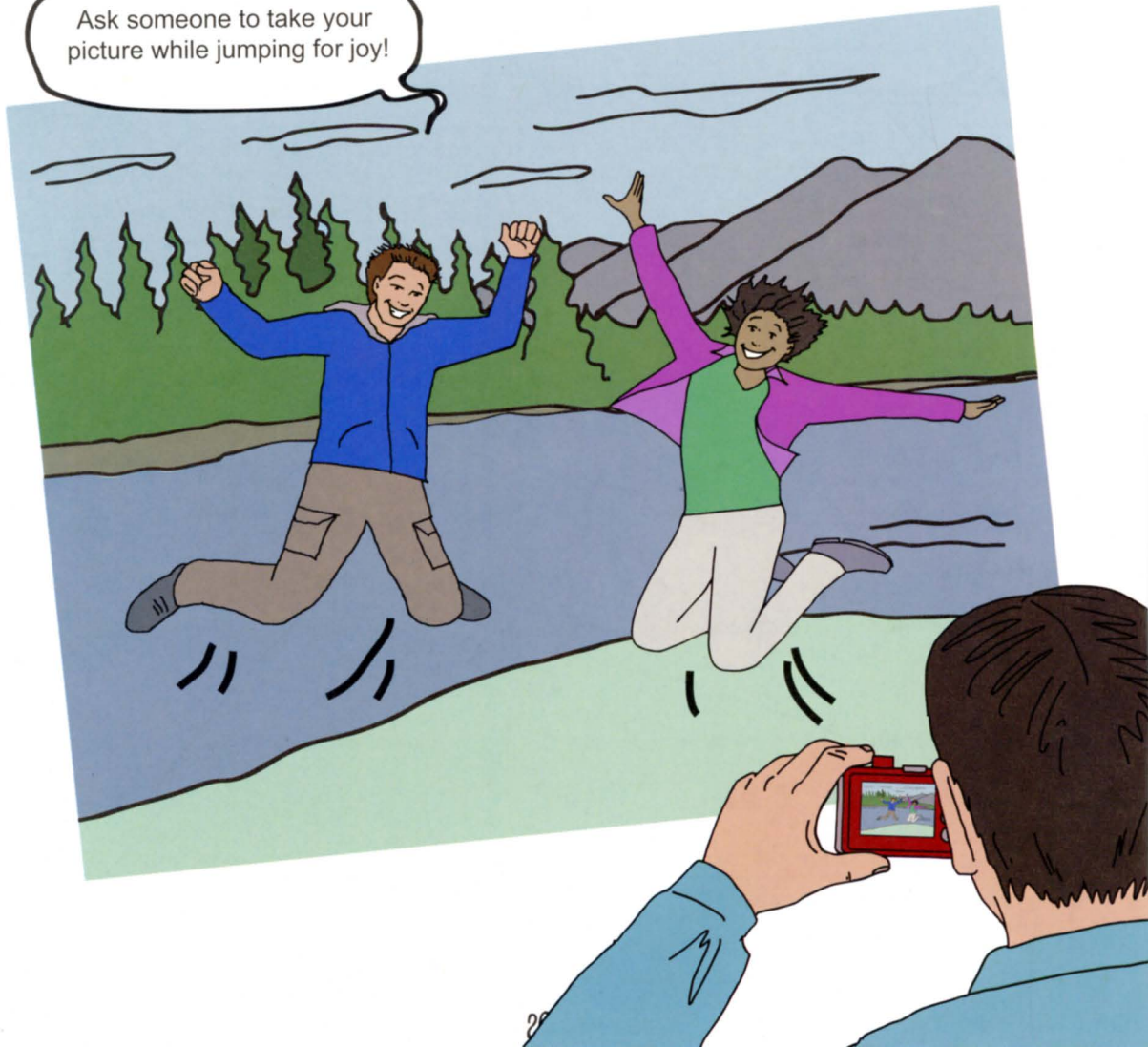
REMEMBER



SAY CHEESE!

Find your favorite spot and take a funny picture.

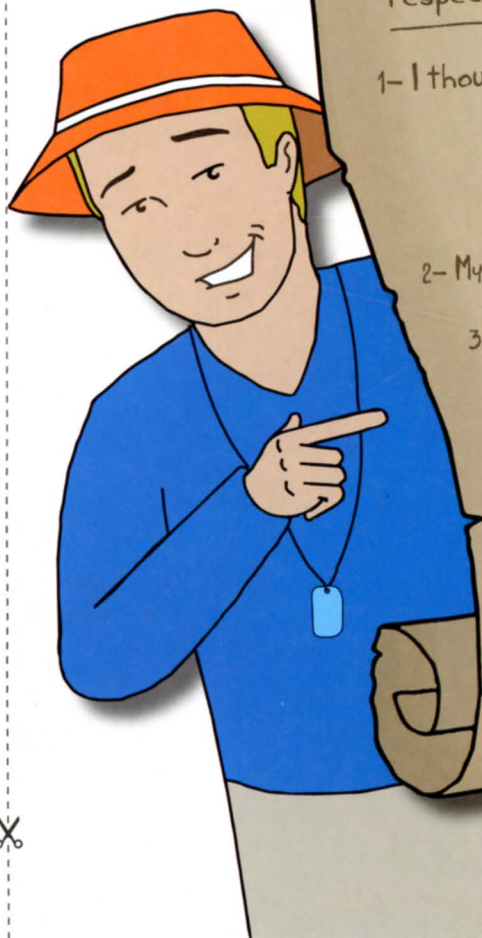
Ask someone to take your picture while jumping for joy!



CAN YOU HELP US OUT???

Way to go Xplorer! Now be an Xplorer Xtraordinaire by giving this page with your comments to a Parks Canada employee...

...and don't forget to ask for your special souvenir!



I am an **XPLORER XTRAORDINAIRE** and I will respect nature and stay curious about history.

1- I thought this booklet was: ((Circle your answer.))



SUPER FUN



FUN



BORING

2- My three favourite activities were on pages _____ and _____

3- My age: _____

4- My Xplorers day was: _____

Stuff adults need to know... Participation is voluntary. All information provided will remain anonymous and confidential. Results will be used in aggregate form only. If you have any questions about the collection and use of the information in this survey, please email us at information@pc.gc.ca or call 1-888-773-8888.

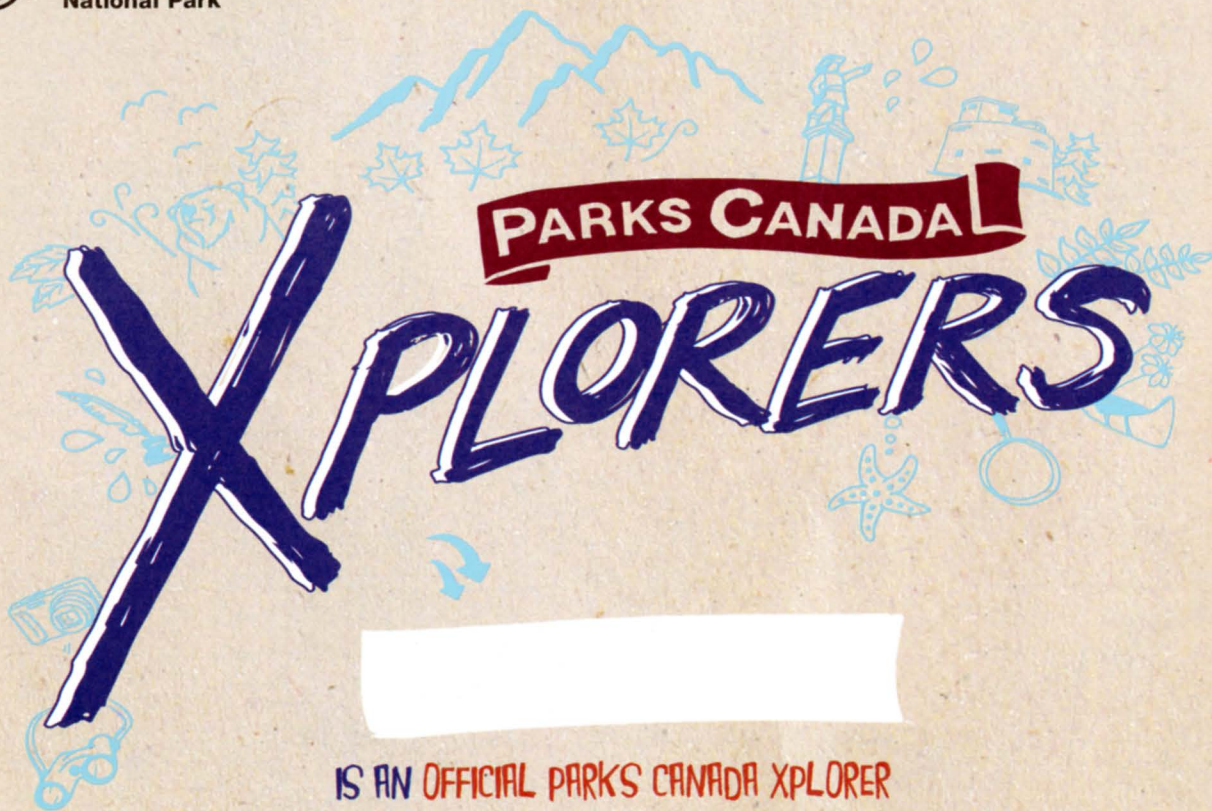
MY FAVOURITE THINGS

What I liked the most during my visit:
(Write or draw it here)

During my visit, my favourite
place was:



Kootenay
National Park



IS AN OFFICIAL PARKS CANADA XPLOER

date

staff



Parks
Canada

Parcs
Canada

Canada

LIKE TO X PLORE??

You can have fun in lots of
Parks Canada places! Go to
parkscanada.gc.ca/xplorers
to see where they are.



LAKE LOUISE IN
BANFF NATIONAL PARK



YOHO
NATIONAL
PARK



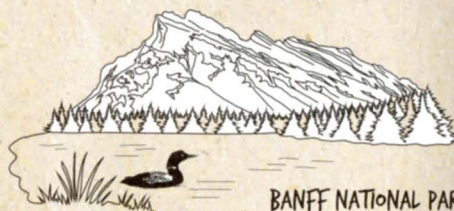
ICEFIELDS PARKWAY



GLACIER
NATIONAL
PARK



MOUNT REVELSTOKE
NATIONAL PARK



BANFF NATIONAL PARK

Let's Go!

Play. Learn. Grow. With

CLUB
PARKA



Visit www.parkscanada.gc.ca/Parka for Parka's app, videos, activities and more!