



Pacific Rim  
National Park Reserve



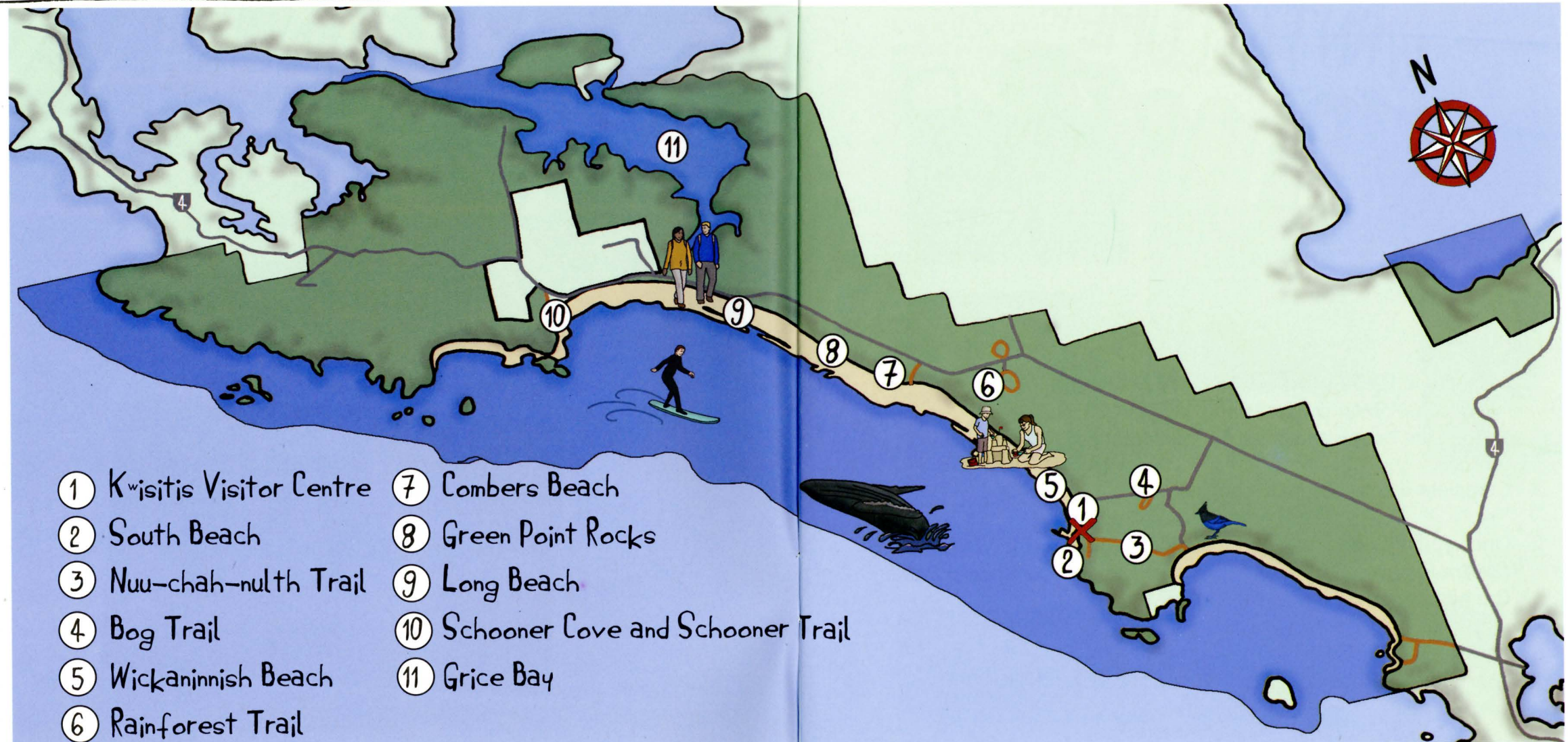
Parks  
Canada

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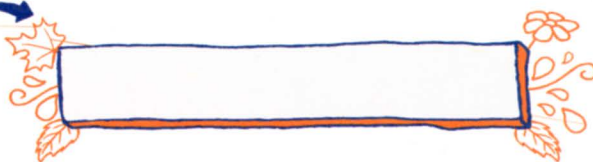


## PACIFIC RIM





THIS **BOOKLET**   
BELONGS TO 



WANT TO BECOME AN  
**XPLORER** ??

Welcome to **PACIFIC RIM NATIONAL PARK RESERVE**,  
the wild west coast of Vancouver Island. Wriggle your toes in the sand,  
splash in the ocean and smell the rainforest as you Xplore.

- 1 - Complete **5** activities in this booklet.
- 2 - Once you are done, bring your booklet to the **K\*isitis Visitor Centre** to have your certificate signed and get your special Parks Canada souvenir.

The activities will be easier and more fun to do with a grown-up.  
Show them your book to get started on your first challenge!

# TAKE A WALK

## BIRD-O-RAMA

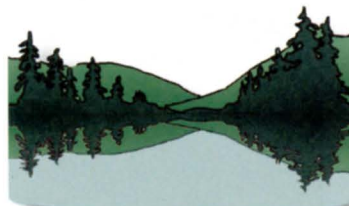
Lots of birds hang out in this park and each of them have their favourite spots. Look around as you explore and draw a line between the bird and the place you see them. Circle your favourite place listed below.



Beach



Rainforest



Bay



# IMAGINE

## BEAR FOOD BINGO

XPLORE your surroundings like a hungry black bear looking for healthy yummy food to eat. When you spot the food, mark the square with an X. Find 3 in a row across, down or diagonally for a BINGO. Remember to leave the berries for the bears!



Salal



Evergreen huckleberry



Skunk cabbage



Grass



Horsetail



Salmon



Beach hopper



Crab

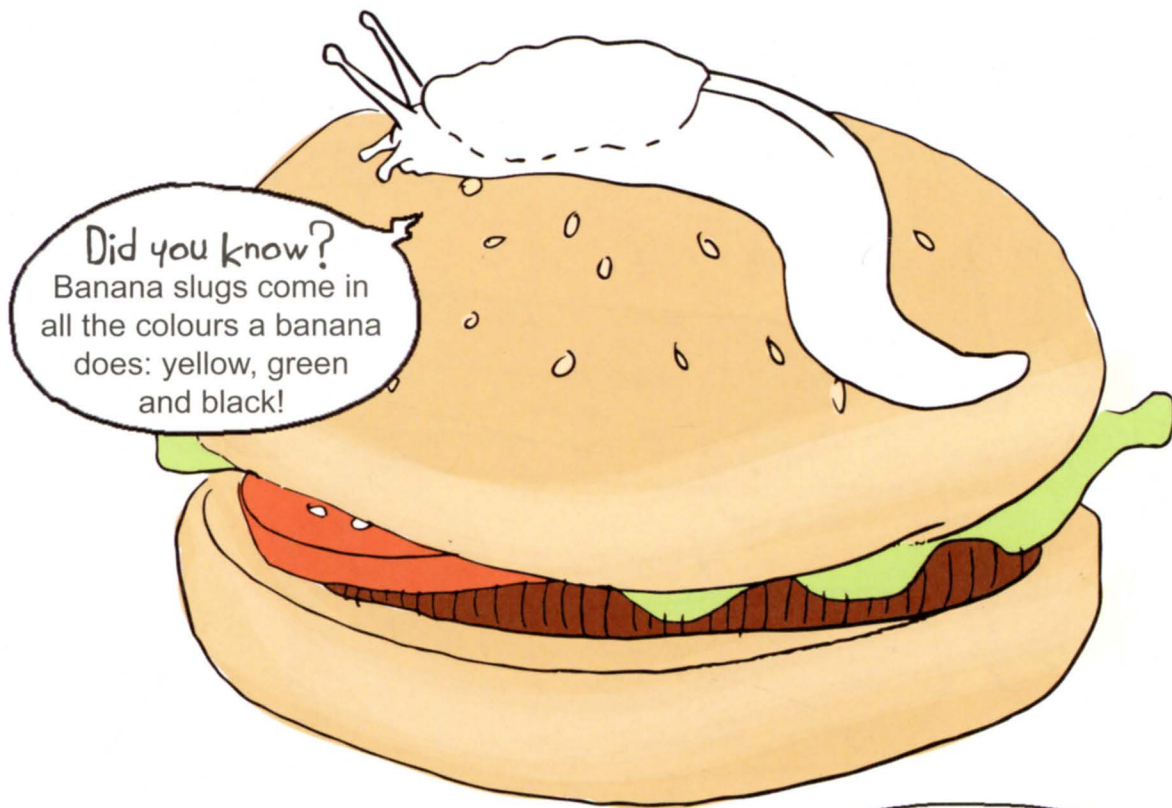


Red huckleberry

# GO INVESTIGATE

## CALLING ALL SLUGOLOGISTS!

Banana slugs are the second biggest slugs in the world. They can grow up to 25 cm and weigh as much as a hamburger ( $\frac{1}{4}$  pound or 115 grams).



The slug I found was \_\_\_\_\_ cm

**Hint:** You can find banana slugs in cool, moist areas away from salt water.



# TAKE IT EASY



## CHILLAXING ON THE CHAIRS

Your challenge is to find a pair of red chairs in the park. Have a seat and enjoy the moment. Write what you see, hear or smell.

A yellow rectangular box with rounded corners and a black border, containing two horizontal lines for writing.A yellow rectangular box with rounded corners and a black border, containing two horizontal lines for writing.A yellow rectangular box with rounded corners and a black border, containing two horizontal lines for writing.



Hint: Check out the  
RAINFOREST and  
GREEN POINT.

# USE YOUR SENSES



## LAKE OR OCEAN?



Using your sense of taste  and sight , can you tell if Grice Bay (11) is part of a lake or part of the Pacific Ocean?

Lake ☐

Pacific Ocean ☐



What were your clues?  
Unscramble the letters below to  
reveal the answer: NCOAE



# GO PLAY

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## CASTLES IN THE SAND

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Build the most amazing sandcastle ever. Check your map for the sandy beach closest to you: Wickaninnish (5), Combers Beach (7) or Long Beach (9).



Draw or glue a photo here of the  
best sandcastle ever!

What was the best thing about building your castle in the sand?

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# TAKE A LOOK

## SEA SHORE SCAVENGER HUNT

Investigate the rocky tidepools at low tide, you might be able to find some of these things and more. Write one word to describe how they feel, smell, look, sound or move. Look at your map for the location closest to you: Lismer Beach (2), Green Point Rocks (8) or Schooner Cove (10).



Anemone



Seastar



Mussel




Barnacle

**Pssst:** Ask park staff when low tide is and always watch the waves when exploring along the coast!



# TRY IT OUT !!!

## SUNDEW SURVIVAL (summer only)

Your mission on the Bog Trail ④ is to look  for the tiny sundew plants that eat insects. To find them, get down low on the boardwalk and search amongst the moss.

What does it feel like when you gently touch it with your pinkie finger? The sticky liquid traps the insect on the leaf like glue, so the plant can slowly absorb the insect whose body provides food that the plant cannot get from the bog.



# FIGURE IT OUT???

## NEEDLEMANIA

Today you are a tree detective. Go to the Nuu-chah-nulth Trail (3) and find the trees with needles you see below. Examine the tree needles and notice how they are different from one tree to the other. Check off ☒ the trees you find.



Sitka spruce ☐



Western hemlock ☐



Shore pine ☐



Western redcedar ☐

Psst: With 3300 mm of rain a year this really is Canada's rainforest.



# TAKE A LOOK

## TOTEM CHALLENGE?

Locate the totem pole on the Nuu-chah-nulth Trail ③.  
It marks the site of an ancient village. Find the black  
bear, salmon, killer whale and mythical thunderbird.



# CHECK IT OUT



## A TREE OF IMPORTANCE

The Nuu-chah-nulth use all parts of the western redcedar tree: branches, bark and wood.

What uses of the cedar tree can you find in the K<sup>w</sup>isitit Visitor Centre ① ?

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Western redcedar

**Psst:** *humiis* is the Nuu-chah-nulth word for western redcedar.



# CREATE YOUR OWN



## POET IN TRAINING

With your family, create a poem by following the instructions above each line.

1 word for your subject (noun)

\_\_\_\_\_

2 words to describe your subject (adjectives)

\_\_\_\_\_

3 '-ing' words (verbs)

\_\_\_\_\_

A 4 to 5 word phrase about your subject

\_\_\_\_\_

1 different word for your subject (noun)

\_\_\_\_\_

# CAN YOU HELP US OUT ???

COMPLETE THE FOLLOWING COMMENT CARD QUESTIONS  
PLEASE RETURN THIS PAGE TO THE VISITOR CENTRE. THANKS FOR YOUR HELP!



1. While completing your Xplorers booklet, was it (Circle your answer).

Crazy Fun

Fun

Kinda Fun

Not so much fun

Booorinnng



2. Check ☒ the activities you did and circle the 3 you liked the best.

☐

Bird-o-rama

☐

Bear Food BINGO

☐

Calling all Slugologists!

☐

Chillaxing on the Chairs

☐

Lake or Ocean?

☐

Castles in the Sand

☐

Sea Shore Scavenger Hunt

☐

Sundew Survival

☐

Needleman

☐

Totem Challenge?

☐

A Tree of Importance

3. How old are you? (Circle your answer.)

Under 6

Between 6 and 8

Between 9 and 11

12 and older

DON'T FORGET  
TO CHECK  
THE OTHER SIDE!







Pacific Rim  
National Park Reserve



IS AN OFFICIAL PARKS CANADA XPLORES

\_\_\_\_\_ date

\_\_\_\_\_ staff



Parks  
Canada

Parcs  
Canada

Canada



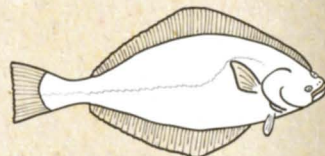
# LIKE TO XPLORE??

You can have fun in lots of Parks Canada places! Go to [parksCanada.gc.ca/xplorers](http://parksCanada.gc.ca/xplorers) to see where they are.

GULF ISLANDS NATIONAL PARK RESERVE



FORT ST JAMES NATIONAL HISTORIC SITE

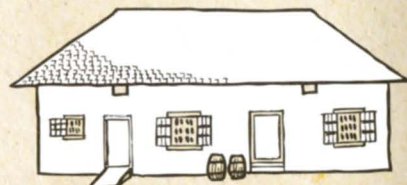


GULF OF GEORGIA CANNERY NATIONAL HISTORIC SITE

GWAIL HAANAS NATIONAL PARK RESERVE,  
NATIONAL MARINE CONSERVATION AREA  
RESERVE, AND HAIDA HERITAGE SITE



FORT RODD HILL AND  
FISGARD LIGHTHOUSE  
NATIONAL HISTORIC SITE



FORT LANGLEY NATIONAL HISTORIC SITE

## Let's Go!

Play. Learn. Grow. With

Visit [www.parksCanada.gc.ca/Parka](http://www.parksCanada.gc.ca/Parka) for Parka's app, videos, activities and more!